Consumers adjust to inflation as labor market expectations worsen

29 July 2022

Consumer sentiment was essentially unchanged from June, when it had reached an all-time low for the survey, according to the University of Michigan Surveys of Consumers.

Most components of the index were little changed, though buying conditions for durables adjusted upwards, primarily due to perceptions of easing supply constraints. Still, buying conditions for durables remained 28% lower than July 2021, according to U-M economist Joanne Hsu, director of the surveys.

Overall, the index rose by 1.5 index points in July, well within the margin of error and remaining almost 37% below a year ago. The 2nd-quarter decline in overall GDP came as little surprise to consumers, who had slowed down their spending.

"Robust consumer spending had been supported by strong labor markets and the expectation of growing incomes, but with persistently high prices eroding those incomes, consumers are adjusting their spending habits to cope," Hsu said. "With emerging concerns that rising unemployment could be on the horizon, this pullback in consumer spending is likely to be amplified if their concerns over the future path of the labor market continue to grow."

Inflation casts shadow on personal finances

Consumers' views on their personal finances, which remain extremely negative at 35% below a year ago, continue to be dominated by concerns over rising prices. Inflation was cited as the main factor for declining living standards over the past year by 49% of all households, which was exceeded only once before in 1951. At the same time, an increasing share of consumers reported coping by reducing their spending.

Furthermore, with gas prices easing over the last month, the share of consumers mentioning gas during their interviews leveled off to 46%, compared with 50% in June and only 15% in January 2022. Consumers now expect gas prices to rise a median of less than one cent both over the next year and as well as the next five years, suggesting that they may believe gas prices have crested.

Outlook for labor markets weakens

Over half of consumers expect their incomes to grow over the next year, with anticipated wage gains remaining at the same 1.1% rate from June. Consumers under age 45 continue to be more upbeat than older consumers, expecting a one-year gain in income of 4.5%. However, only 17% of consumers expect their income growth to exceed inflation.

Consumers expressed even less confidence in labor markets more generally; unemployment expectations worsened by 14% from last month and 44% from a year ago, reaching its lowest reading since 2011. While consumers thus far do not appear worried about their own employment prospects, further weakening of labor markets...
would generate more downside pressure on consumer spending, Hsu said.

**Consumer sentiment index**

The Consumer Sentiment Index rose to 51.5 in the July 2022 survey, up from 50 in June and below last July's 81.2. The Expectations Index rose to 58.1, up from 53.8 in June and below last July's 84.5. The Current Conditions Index fell to 47.3, down from 47.5 in June and below last July's 79.

**About the surveys**

The Surveys of Consumers is a rotating panel survey based on a nationally representative sample that gives each household in the coterminous U.S. an equal probability of being selected. Interviews are conducted throughout the month by telephone. The minimum monthly change required for significance at the 95% level in the Sentiment Index is 4.8 points; for the Current and Expectations Index, the minimum is 6 points.

**More information:** Survey: [www.sca.isr.umich.edu/](http://www.sca.isr.umich.edu/)

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