Self-cleaning optical fiber can help in monitoring environment and diagnosing cancer
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Utilizing two glasses with a different refractive index and stacked with a specific arrangement has allowed researchers to develop for the first time a multimodal fiber with a parabolic refractive index with transmission up to the mid-infrared and high nonlinearity. The spectrum of short pulses of light injected into the fiber massively broadens to span from the visible to mid-infrared. Significantly, unlike in conventional multimode fibers, the light beam remains smooth as the result of self-cleaning dynamics induced by the parabolic refractive index. Such a light source with ultrabroad spectrum, smooth beam and high power finds applications in e.g. environmental sensing or high-resolution imaging for medical diagnostics. Credit: Tampere University

Researchers at Tampere University have successfully developed a novel optical fiber design allowing the generation of rainbow laser light in the molecular fingerprint electromagnetic region. This new optical fiber with a self-cleaned beam can help in developing applications for, for example, pollutant tagging, cancer diagnostics, environmental monitoring, and food control. The finding was published in the journal Nature Communications.

When a high-powered ultrashort pulse of light interacts with a material such as a glass optical fiber, a range of highly nonlinear interactions take place that cause complex changes in both the temporal and spectral properties of the injected light. When taken to the extreme, such interactions can lead to the generation of a rainbow laser of light commonly referred to as a supercontinuum light source. Since its first demonstration in a special type of optical fiber in 2000, supercontinuum laser light has revolutionized many areas of science, ranging from metrology and imaging at unprecedented resolution to ultrabroadband remote sensing and even the detection of exoplanets.

The current bottleneck with current supercontinuum sources, however, is that they are based on optical fibers that support a single transverse intensity profile or mode, which inherently limits their optical power. What's more, conventional optical fibers are made of silica glass with transmission limited to the visible and near-infrared region of the spectrum. Extension of supercontinuum light to other wavelength regimes such as the mid-infrared requires optical fibers made of so-called soft glasses, but these possess a lower damage threshold than silica, limiting even more the power of the supercontinuum beam.

Non-silica optical fiber with a self-cleaned beam

Recently, a different type of optical fiber with a refractive index that varies continuously across the fiber structure has been shown to yield a dramatic increase in supercontinuum power, while still preserving a smooth beam intensity profile. “The refractive index variation of such graded-index optical fibers leads to periodic focusing and defocusing of the light inside the fiber that enables coupling between spatial and temporal nonlinear
light-matter interactions. This leads to a self-cleaning mechanism that yields supercontinuum light with high power and a clean beam profile. As well as their many applications, they also provide a means of studying fundamental physics effects such as wave turbulence," says Professor Goëry Genty, the leader of the research group at Tampere University.

While these fibers have recently attracted significant attention from the research community, their use has been, up to now, restricted to the visible and near-infrared. In collaboration with the group of Profs. Buczynski and Klimczak at the University of Warsaw (Poland) and the group of Prof. Dudley in the University of Burgundy France-Comté (France), the Tampere team demonstrated for the first time the generation of a two-octave supercontinuum from the visible to mid-infrared in a non-silica graded-index fiber with a self-cleaned beam.

"This problem has now been solved by using a particular design that utilizes two types of lead-bismuth-gallate glass rods with different refractive indices drawn to yield a nanostructured core. The result is a graded-index fiber with an effective parabolic refractive index profile with transmission up to the mid-infrared, and, as cherry on the cake, enhanced nonlinear light-matter interactions," says researcher Zahra Eslami.

**Great potential in diagnostics and monitoring**

The mid-infrared is of crucial interest as it contains the characteristic vibrational transitions of many important molecules.

"The novel solution will lead to more efficient supercontinuum light sources in the mid-infrared with many potential applications e.g., for pollutant tagging, cancer diagnostics, machine vision, environmental monitoring, quality and food control," explains Genty.

The researchers anticipate that this novel type of fiber will very soon become an important and standard material for the generation of broadband sources and frequency combs.
