Nits on ancient mummies shed light on South American ancestry

29 December 2021

Human DNA can be extracted from the ‘cement’ head lice used to glue their eggs to hairs thousands of years ago, scientists have found, which could provide an important new window into the past.

In a new study, scientists for the first time recovered DNA from cement on hairs taken from mummified remains that date back 1,500-2,000 years. This is possible because skin cells from the scalp become encased in the cement produced by female lice as they attach eggs, known as nits, to the hair.

Analysis of this newly-recovered ancient DNA—which was of better quality than that recovered through other methods—has revealed clues about pre-Columbian human migration patterns within South America. This method could allow many more unique samples to be studied from human remains where bone and tooth samples are unavailable.

The research was led by the University of Reading, working in collaboration with the National University of San Juan, Argentina; Bangor University, Wales; the Oxford University Museum of Natural History; and the University of Copenhagen, Denmark. It is published in the journal Molecular Biology and Evolution.

Dr. Alejandra Perotti, Associate Professor in Invertebrate Biology at the University of Reading, who led the research, said: "Like the fictional story of mosquitos encased in amber in the film Jurassic Park, carrying the DNA of the dinosaur host, we have shown that our genetic information can be preserved by the sticky substance produced by headlice on our hair. In addition to genetics, lice biology can provide valuable clues about how people lived and died thousands of years ago.

"Demand for DNA samples from ancient human remains has grown in recent years as we seek to understand migration and diversity in ancient human populations. Headlice have accompanied humans throughout their entire existence, so this new method could open the door to a goldmine of information about our ancestors, while preserving unique specimens."
Nit of human louse showing the cement covering the egg shell and hair shaft, including a human cell (nucleus, arrow). Fluorescence microphotograph in the UV light, specimen prepared with a fluorescence dye that binds to DNA (DAPI). Nuclei of cells and bacteria, Riesia - primary symbiotic bacterium of lice, show signal (arrows). Credit: University of Reading

Until now, ancient DNA has preferably been extracted from dense bone from the skull or from inside teeth, as these provide the best quality samples. However, skull and teeth remains are not always available, as it can be unethical or against cultural beliefs to take samples from indigenous early remains, and due to the severe damage destructive sampling causes to the specimens which compromise future scientific analysis.

Recovering DNA from the cement delivered by lice is therefore a solution to the problem, especially as nits are commonly found on the hair and clothes of well preserved and mummified humans.

The research team extracted DNA from nit cement of specimens collected from a number of mummified remains from Argentina. The mummies were of people who 1,500-2,000 years ago reached the Andes mountains of the San Juan province, Central West Argentina. The team also studied ancient nits on human hair used in a textile from Chile and nits from a shrunken head originating from the ancient Jivaroan people of Amazonian Ecuador.

The samples used for DNA studies of nit cement were found to contain the same concentration of DNA as a tooth, double that of bone remains, and four times that recovered from blood inside far more recent lice specimens.

Dr. Mikkel Winther Pedersen from the GLOBE institute at the University of Copenhagen, and first author, said: "The high amount of DNA yield from these nit cements really came as a surprise to us and it was striking to me that such small amounts could still give us all this information about who these people were, and how the lice related to other lice species but also giving us hints to possible viral diseases.

"There is a hunt out for alternative sources of ancient human DNA and nit cement might be one of those alternatives. I believe that future studies are needed before we really unravel this potential."

As well as the DNA analysis, scientists are also
able to draw conclusions about a person and the conditions in which they lived from the position of the nits on their hair and from the length of the cement tubes. Their health and even cause of death can be indicated by the interpretation of the biology of the nits.

Analysis of the recovered DNA from nit-cement revealed and confirmed:

- The sex of each of the human hosts
- A genetic link between three of the mummies and humans in Amazonia 2,000 years ago. This shows for the first time that the original population of the San Juan province migrated from the land and rainforests of the Amazon in the North of the continent (south of current Venezuela and Colombia).
- All ancient human remains studied belong to the founding mitochondrial lineages in South America.
- The earliest direct evidence of Merkel cell Polymavirus was found in the DNA trapped in nit cement from one of the mummies. The virus, discovered in 2008, is shed by healthy human skin and can on rare occasions get into the body and cause skin cancer. The discovery opens up the possibility that head lice could spread the virus.

More information: OUP accepted manuscript, Molecular Biology And Evolution (2021). DOI: 10.1093/molbev/msab351

Provided by University of Reading

Analysis of the DNA of the nits, confirmed the same migration pattern for the human lice, from the North Amazonian planes towards Central West Argentina (San Juan Andes)

Morphological analysis of the nits informed that:

- The mummies were all likely exposed to extremely cold temperatures when they died, which could have been a factor in their deaths. This was indicated by the very small gap between the nits and scalp on the hairs shaft. Lice rely on the host's head heat to keep their eggs warm and so lay them closer to the scalp in cold environments.
- Shorter cement tubes on the hair correlated with older and/or less preserved specimens, due to the cement degrading over time.