

Molecule could beat antibiotic-resistant infections

April 8 2021, by Crystal MacKay



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By using their knowledge of how bacteria co-exist and compete with one another in nature, Western University researchers have discovered a compound that can inhibit the growth of *Staphylococcus aureus*, a deadly

bacterium that can cause pneumonia and sepsis and is resistant to many antibiotics.

S. aureus and other [staphylococcus bacteria](#) are commonly found living together on the skin and in the upper respiratory tracts of humans and animals. Various species of staphylococcus bacteria are constantly in competition with *S. aureus* to scavenge whatever nutrients are in those environments. This competition has led to some strains developing properties that allow them to disable *S. aureus*.

"These other bacteria don't usually cause disease, so they have been very under-studied and not too many people have paid much attention to them," said Denny Chin, Ph.D. candidate at Western's Schulich School of Medicine & Dentistry. "There are, however, a few studies that have shown that some of these bacteria make molecules that kill or antagonize *S. aureus* to gain a [competitive advantage](#)."

Chin is supervised by researcher David Heinrichs, whose lab is focused on identifying the strategies *S. aureus* uses to cause infection, and how to use this knowledge to stop it. Considered a top-priority pathogen, *S. aureus* has been able to develop resistance to almost every antibiotic currently available. The emergence of strains such as methicillin-resistant *S. aureus* (MRSA) has made the search for new infection-fighting drugs an important area of research.

A 'eureka' moment

With that in mind, Chin set out to see if he could harness the power of bacterial competition to develop new ways of treating infections caused by *S. aureus*. With thousands of staphylococcus strains in the laboratory, Chin literally started hunting through freezers and screening these strains for properties that might inhibit the deadly bacterium.

"I thought that maybe at least one of them could have some of these properties; and I came across a strain of *Staphylococcus chromogenes* that prevented *S. aureus* growth," said Chin, whose findings were published in the journal *Nature Communications*.

The discovery was a eureka moment, said Heinrichs: "At first, we weren't sure if anything would come out of all of these screens, so for Denny to stumble across something was really exciting. There is nothing better than that as a young scientist."

After a year of experimentation, they isolated a compound called 6-thioguanine (6-TG) produced by *S. chromogenes* and demonstrated that it slowed the growth of *S. aureus* as well as preventing it from making the toxins that cause infection.

"The molecule doesn't directly kill the bacteria, but instead inhibits its virulence, so we are referring to it as an anti-virulence compound rather than an antibiotic," said Heinrichs.

The compound is already used to treat [inflammatory bowel disease](#) and some cancers but had never been investigated in the context of treating bacterial infections.

Heinrichs and Chin hope the fact it's already in use in other contexts will speed up the process of approving it for clinical use in staph infections.

Along with collaborators from the University of Toronto, they were also able to identify the genes that produce 6-TG, and to clone them and move them into other bacteria.

This finding suggests that there must be an [evolutionary advantage](#) for these [bacteria](#) to make 6-TG and that it is an effective way for them to antagonize *S. aureus*.

More information: Denny Chin et al. Coagulase-negative staphylococci release a purine analog that inhibits *Staphylococcus aureus* virulence, *Nature Communications* (2021). [DOI: 10.1038/s41467-021-22175-3](https://doi.org/10.1038/s41467-021-22175-3)

Provided by University of Western Ontario

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