

# Report: Children lose basic skills under virus restrictions

10 November 2020, by Sylvia Hui



Credit: CC0 Public Domain

Some young children have forgotten how to eat with a knife and fork and others have regressed back into diapers as the coronavirus pandemic and related school closures take a toll on young peoples' learning, the U.K. education watchdog said Tuesday.

The Office for Standards in Education, Children's Services and Skills., known as Ofsted, published five reports based on findings from more than 900 visits to education and social care providers across England since September. Some of the [children](#) most affected by the disruption of the [pandemic](#) were those in their earliest years of education with working parents, who "experienced the double whammy of less time with parents and less time with other children," chief inspector Amanda Spielman said.

She said teachers reported some toilet-trained students needing to use diapers again and "others who had forgotten some basic skills they had mastered, such as eating with a knife and fork—not

to mention the loss of early progress in words and numbers."

Among [older children](#), some had fallen behind in math, struggled with literacy and concentration or lost physical fitness, the report said. Others showed signs of mental distress, which showed up in increased eating disorders and [self-harm](#).

While most children have lost ground in their learning to various degrees since March, some have coped well because they spent quality time with parents and caregivers, Spielman said.

Schools and childcare settings were closed to most children in March as the coronavirus pandemic first hit Britain hard. Since September, all children in England have attended in-person classes. Schools and universities were allowed to stay open under a new lockdown in England that started last week.

Officials in Wales, which has often imposed stricter COVID-19 restrictions compared to England, announced Tuesday that crucial exams for [secondary school students](#) will be canceled for 2021 amid ongoing [school](#) disruptions caused by the pandemic.

Welsh Education Minister Kirsty Williams said that the pandemic has made it "impossible to guarantee a level playing field for exams to take place," and the decision "removes pressure from learners."

© 2020 The Associated Press. All rights reserved. This material may not be published, broadcast, rewritten or redistributed without permission.

APA citation: Report: Children lose basic skills under virus restrictions (2020, November 10) retrieved 28 October 2021 from <https://phys.org/news/2020-11-children-basic-skills-virus-restrictions.html>

*This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.*