How to weigh a dinosaur
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The largest and the smallest: dinosaurs reached an amazing range in size through the Mesozoic Era. Credit: Vitor Silva

How do you weigh a long-extinct dinosaur? There are a couple of ways, as it turns out, neither of which involve actual weighing—but according to a new study, different approaches still yield strikingly similar results.

New research published today in the prestigious journal *Biological Reviews* involved a review of dinosaur body mass estimation techniques carried out over more than a century.

The findings should lend some confidence that scientists are building an accurate picture of these prehistoric *animals*, says study leader Dr. Nicolás Campione—particularly the knowledge of the more massive dinosaurs that have no correlates in the modern world.

"Body size, in particular body mass, determines almost at all aspects of an animal's life, including their diet, reproduction, and locomotion," said Dr. Campione, a member of the University of New England's Palaeoscience Research Center.

"If we know that we have a good estimate of a dinosaur's body mass, then we have a firm foundation from which to study and understand their life retrospectively."

Estimating the mass of a dinosaur like the emblematic Tyrannosaurus rex is no small feat—it is a creature that took its last breath some 66 million years ago, and for the most part, only its bones remain today. It is a challenge that has taxed the ingenuity of palaeobiologists for more than a century. Scientific estimates of the mass of the biggest land predator of all time have differed substantially, ranging from about three tons to over 18 tons.

Comparing approaches, dinosaur reconstructions projected onto the limb circumference to body mass scaling relationship of living mammals and reptiles. Credit: Dr Nicolás Campione

The research team led by Dr. Campione compiled and reviewed an extensive database of dinosaur body mass estimates reaching back to 1905, to assess whether different approaches for calculating dinosaur mass were clarifying or complicating the science.

Although a range of methods for estimating body mass have been tried over the years, they all come down to two fundamental approaches. Scientists either measure and scale bones in living animals, such as the circumference of the arm (humerus) and leg (femur) bones, and compared them to dinosaurs; or they calculate the volume of three-
dimensional reconstructions that approximate what the animal may have looked like in real life. Debate over which method is better has raged in the literature.

The researchers found that once scaling and reconstruction methods are compared en masse, most estimates agree. Apparent differences are the exception, not the rule.

"In fact, the two approaches are more complementary than antagonistic," Dr. Campione said.

The bone scaling method, which relies on relationships obtained directly from living animals of known body mass, provides a measure of accuracy, but often of low precision, whereas reconstructions that consider the whole skeleton provide precision, but of unknown accuracy. This is because reconstructions depend on our own subjective ideas about what extinct animals looked like, which have changed appreciably over time.

Campione and Evans suggest that an adult T. rex would have weighed approximately seven tons—an estimate that is consistent across reconstruction and limb bone scaling approaches alike. But the research emphasizes the inaccuracy of such single values and the importance of incorporating uncertainty in mass estimates, not least because dinosaurs, like humans, did not come in one neat package. Such uncertainties suggest an average minimum weight of five tons and a maximum average weight of 10 tons for the 'king' of dinosaurs.

"It is only through the combined use of these methods and through understanding their limits and uncertainties that we can begin to reveal the lives of these, and other, long-extinct animals," Dr. Campione said.


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