Strategies to keep students and teachers from dropping out of school
4 January 2019, by Jordan Howell

UD alumna Deborah Bieler is a faculty member in UD’s Department of English and is affiliated with the Sociocultural and Community-Based Approaches to Research and Education specialization in the School of Education. Her new book, The Power of Teacher Talk, is available through Teachers College Press. Credit: University of Delaware

America's schools are in a state of crisis. By the end of the day, 7,000 students will have dropped out of high school, or just over 1 million every year. Meanwhile, 40 percent of teachers will leave the profession within five years, resulting in an increasingly dire shortage of qualified instructors.

While state and federal policymakers often focus on testing and accountability, University of Delaware associate professor Deborah Bieler suggests that keeping students and teachers alike from dropping out of school may be as simple as engaging in meaningful conversation.

In her new book The Power of Teacher Talk: Promoting Equity and Retention Through Student Interactions, published Nov. 9 by Teachers College Press, Bieler asserts that brief daily interactions shouldn't be thought of as meaningless small talk. Just a few words of encouragement, a genuine compliment and even a follow-up from a previous conversation shows students they are valued, which in turn allows teachers to experience greater job satisfaction.

"Teachers typically engage in five student interactions per minute—that's one interaction every 12 seconds. Each one shapes and reflects participants' attitudes about staying in school," said Bieler, who is also a former high school English teacher. "The great potential of these interactions to change lives for the better is often why students love school, why people become teachers, and why both students and teachers stay in school."

Meaningful interactions, however brief, are especially important for teachers and students of historically marginalized groups.

"Equity-oriented teachers look for and take opportunities to actively promote and increase equity wherever they can," said Bieler. As a result, "When students and teachers remain in school, there is a greater chance that they can use their more deeply developed skills and knowledge to create a more equitable world for themselves and for others."

Strategies to keeping students engaged

So what can teachers do and say to keep marginalized students from "falling through the cracks"? In her book, Bieler outlines four strategies.

1. Classroom decoration

Classroom décor makes a visual statement of a teacher's stance on equity, social justice and commitment to staying in school, so Bieler suggests including "pivotal items" such as posters or bulletin boards that acknowledge and support social justice, instead of school-focused messages, to show students they are welcomed and valued.

"One teacher displayed an inspirational poster entitled 'Determination/Little Rock Nine,' which
included images of the Little Rock Nine students who integrated Central High School in 1957," said Bieler.

2. Impromptu interactions during class

Every day, teachers and students engage in hundreds of spontaneous interactions that have a profound effect on each group's decision to stay in school. So, Bieler suggests, respond with patience rather than discipline.

"Teachers are uniquely positioned to mark youth as worthy, and they do this important work through their daily interactions with students," said Bieler.

3. Conversations before and after class

Engage in unstructured small talk before and after class, unrelated to school topics. This positive energy can build a more humane connection and make students feel more valued.

"The moments before and after class provide places for teachers and students to assert their agency and to create or perform their identities in ways that are not possible during class time," said Bieler.

4. Staying to talk

When a student is in danger of "falling through the cracks," as Bieler puts it, invite the student to stay and talk after class.

"Compared with all of the other interactions discussed in this book, these intentional staying-to-talk interactions with students were among the most powerful ways that I saw equity-oriented teachers try to connect with students about whose success they were concerned," said Bieler. "The meetings communicate that the teacher is paying attention to, or investing in, students and signal to students their value and sense of promise."

Reviewers have described the book as "an indispensable resource for new and practicing teachers alike" and "a must-read for anyone interested in understanding and improving life in schools."