The Baltic Sea as a time machine
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Warming, acidification, eutrophication, and the loss of oxygen are examples of major changes being observed or expected for the future in coastal zones around the world. These processes are occurring in the Baltic Sea at a much faster pace than in other regions. But the Baltic also provides useful lessons for how negative trends can be reversed by protective measures. In Science Advances, an international team of researchers led by the GEOMAR Helmholtz Center for Ocean Research Kiel, one of the lead authors of the article.

At first glance, the Baltic Sea seems to be rather uninteresting for scientists working on global ocean topics. It is comparatively shallow, has a low salinity and only a very narrow connection to the North Atlantic. This impression is, however, deceiving. In the current issue of the international journal Science Advances, 26 authors from 21 scientific institutions in seven countries appeal to the greater scientific community and policy makers to use the Baltic Sea Region as a model for coming changes in the World Ocean.

"This unique sea of brackish water can serve as a kind of time machine that allows us to better estimate future global changes," says Prof. Thorsten Reusch from the GEOMAR Helmholtz Center for Ocean Research Kiel, one of the lead authors of the article.

The scientists argue that changes that are only expected for the future in the global ocean can already be observed in the Baltic today. "This is because the small volume of water and slow water exchange with the open ocean, behaves like an amplifier, allowing many processes and interactions to occur at a faster pace", emphasizes Dr. Jan Dierking from GEOMAR, who initiated the study together with Prof. Reusch.

As examples, the oceans have warmed by an average of 0.5°C over the past 30 years, while in the same period, time-series measurements in the Baltic Sea have recorded warming of around 1.5°C. Likewise, there are large oxygen-free zones in the deep areas of the Baltic Sea, which have increased tenfold over the past century; and the pH—a measure of ocean acidification—of Baltic waters regularly reaches values that are expected in other ocean areas only in the next century.

On the one hand, these extremes are caused by the particular basin topography of the Baltic Sea. On the other hand, intensive use by humans continues to accelerate negative changes. Nine countries border on the Baltic Sea directly and all are highly industrialized, with densely populated coastal regions. Moreover, intensive agriculture in the interior ensures high nutrient runoff, while equally intensive fisheries puts pressure on the pelagic food-web.

But it's not all doom and gloom. The Baltic Sea is one of the best-surveyed seas on Earth. Scientific observation and monitoring of physical and biological processes began around 1900. There is a strong tradition in scientific co-operation among many countries surrounding the Baltic, culminating in the implementation of the joint Baltic Sea
research and development programme BONUS of the European Union, a dedicated macro-regional research agenda and funding scheme that also enabled the present study. These data provide a sound basis for science-based resource management—"on a level accomplished in only a few regions of the world," emphasizes Professor Reusch.

Among the management success stories: the bordering countries have managed to significantly reduce nutrient inputs since the 1980s, to reverse the decline of large predators, and to curb overfishing. This has been achieved through the binding agreements within the framework of the European Union, but also thanks to the ambitious goals of the Baltic Sea Action Plan (BSAP), which included Russia, even before the end of the Cold War. In fisheries, the protection of capture fisheries, marine mammals and bird populations among the perimeter countries have led to measurable improvements of existing stocks.

"Overfishing, warming, acidification, pollution, eutrophication, loss of oxygen, intensive use of coasts—all these are phenomena that we observe around the globe. Because they have been particularly drastic in the Baltic, but also because some key problems were successfully addressed, the region can, for good and for bad, tell us what to expect and how to respond to the challenges of the future," Prof. Reusch concludes, "The Baltic Sea, as a model region, can contribute to achieving the United Nation's Sustainable Development Goal 14—the conservation and sustainable use of the oceans, seas and marine resources."
