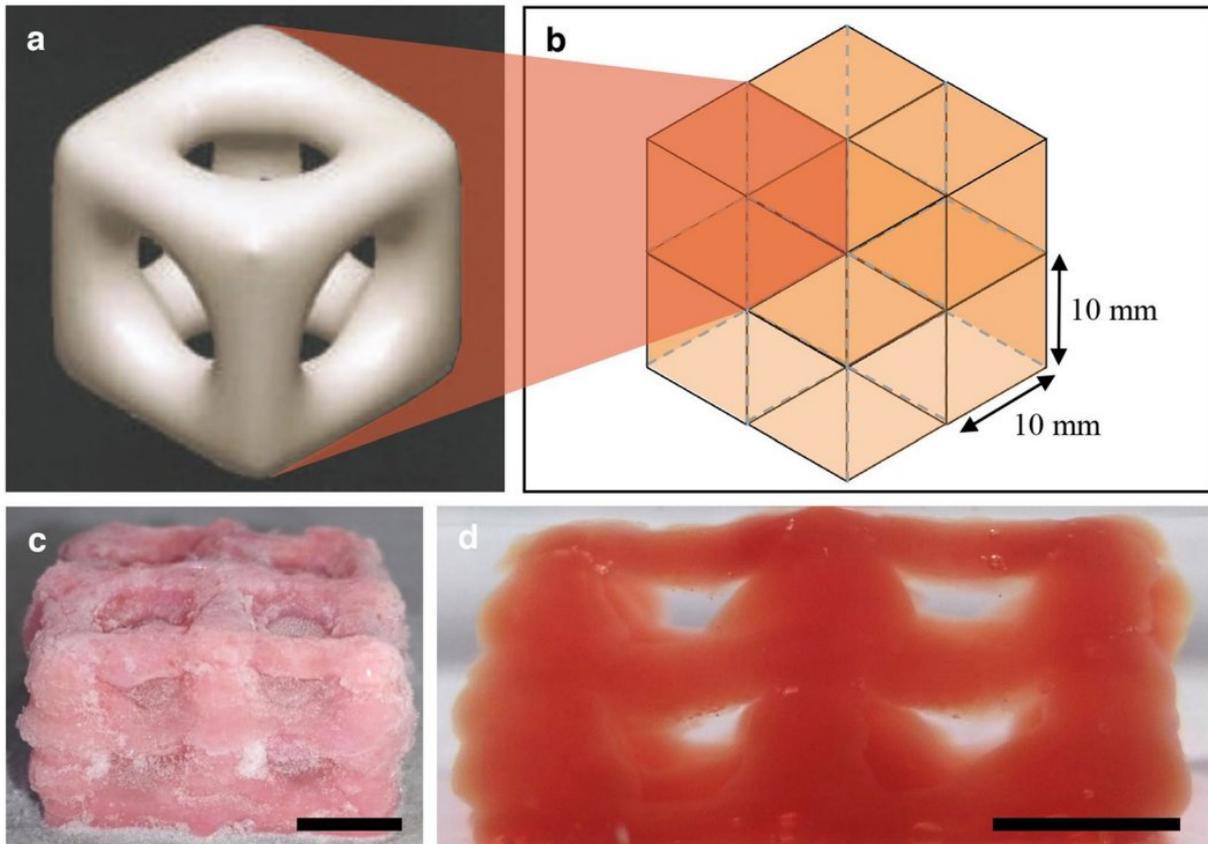


# 3-D printing creates super soft structures that replicate brain and lungs

January 10 2018, by Bridie Kennerley



Structure of a single unit; how eight units fit together; two views of a printed and set eight-unit structure. Credit: Imperial College London

A new 3D printing technique allows researchers to replicate biological structures, which could be used for tissue regeneration and replica

organs.

Imperial College London researchers have developed a new method for creating 3D structures using cryogenics (freezing) and 3D printing techniques.

This builds on previous research, but is the first to create structures that are soft enough to mimic the mechanical properties of organs such as the brain and lungs. Their technique is published in the journal *Scientific Reports*.

Being able to match the [structure](#) and softness of [body](#) tissues means that these structures could be used in medical procedures to form scaffolds that can act as a template for [tissue regeneration](#), where damaged tissues are encouraged to regrow.

Regenerating damaged tissue by 'seeding' porous scaffolds with [cells](#) and encouraging them to grow allows the body to heal without the issues that normally affect tissue-replacing transplant procedures, such as rejection by the body.

The use of scaffolds is becoming more common and varied in its applications, but this new technique is special in that it creates super soft scaffolds that are like the softest tissues in the human body and could help to promote this regeneration. In particular, there might be future potential in seeding neuronal cells; those involved in the brain and spinal cord.

The researchers tested the 3D-printed structures by seeding them with dermal fibroblast cells, which generate connective [tissue](#) in the skin, and found that there was successful attachment and survival. This success, alongside previous research, could lead to further possibilities around the successful growth of stem cells, which is medically exciting due to their

ability to change into different types of cells.

Additionally, the technique could be used to create replica body parts or even whole organs. These could be incredibly useful to scientists, allowing them to carry out experiments not possible on live subjects. They could even be used to help with medical training, replacing the need for animal bodies to practice surgery on.

Zhengchu Tan, one of the researchers from the Department of Mechanical Engineering at Imperial, said: "At the moment we have created structures a few centimetres in size, but ideally we'd like to create a replica of a whole organ using this technique."

The [technique](#) uses solid carbon dioxide (dry ice) to rapidly cool a hydrogel ink as it is extruded from a 3D printer. After being thawed, the gel formed is as soft as body tissues, but doesn't collapse under its own weight, which has been a problem for similar techniques in the past.

Dr Antonio Elia Forte, one of the researchers from the Department of Bioengineering at Imperial, said: "Cryogenics is the novel aspect of this technology - it uses the phase change between liquid and solid to trigger polymerisation and create super soft objects that can hold their shape. This means that the technology has a wide variety of possible uses."

**More information:** Zhengchu Tan et al, Cryogenic 3D Printing of Super Soft Hydrogels, *Scientific Reports* (2017). [DOI: 10.1038/s41598-017-16668-9](https://doi.org/10.1038/s41598-017-16668-9)

Provided by Imperial College London

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