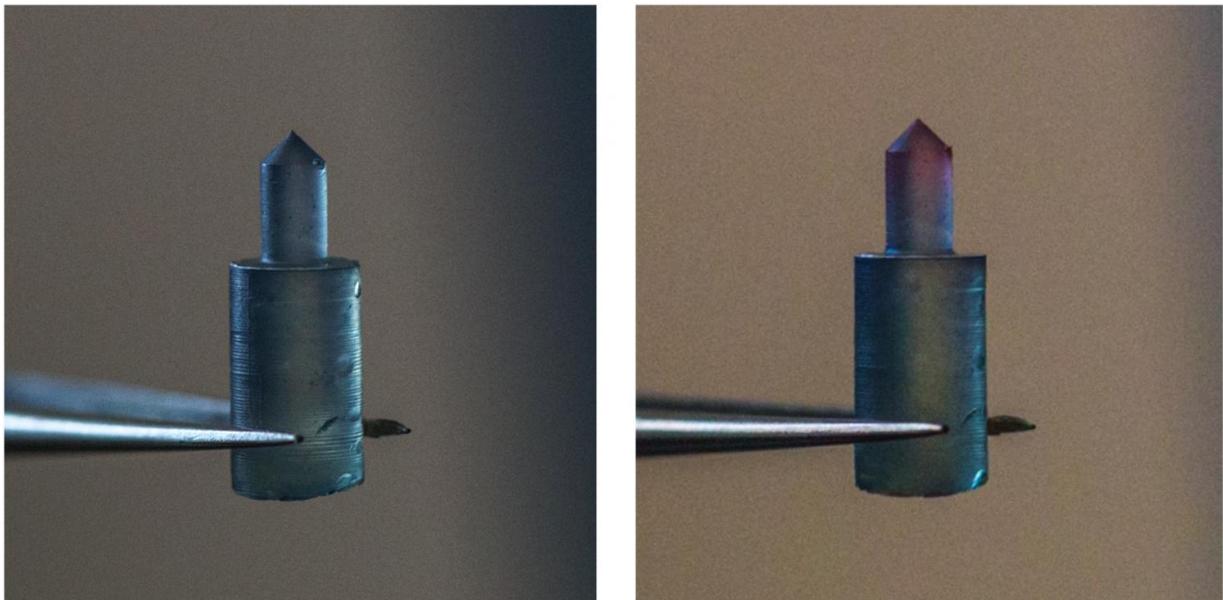


# Engineers create programmable silk-based materials with embedded, pre-designed functions

December 26 2016

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A silk fibroin pin changes color from blue to red when the force applied reaches the material's yield point. Credit: Silklab, Department of Biomedical Engineering, School of Engineering, Tufts University

Tufts University engineers have created a new format of solids made from silk protein that can be preprogrammed with biological, chemical, or optical functions, such as mechanical components that change color with strain, deliver drugs, or respond to light, according to a paper

published online this week in *Proceedings of the National Academy of Sciences (PNAS)*.

Using a water-based fabrication method based on protein self-assembly, the researchers generated three-dimensional bulk [materials](#) out of silk fibroin, the protein that gives silk its durability. Then they manipulated the bulk materials with water-soluble molecules to create multiple solid forms, from the nano- to the micro-scale, that have embedded, pre-designed functions.

For example, the researchers created a surgical pin that changes color as it nears its mechanical limits and is about to fail, functional screws that can be heated on demand in response to infrared light, and a biocompatible component that enables the sustained release of bioactive agents, such as enzymes.

Although more research is needed, additional applications could include new [mechanical components](#) for orthopedics that can be embedded with growth factors or enzymes, a surgical screw that changes color as it reaches its torque limits, hardware such as nuts and bolts that sense and report on the environmental conditions of their surroundings, or household goods that can be remolded or reshaped.

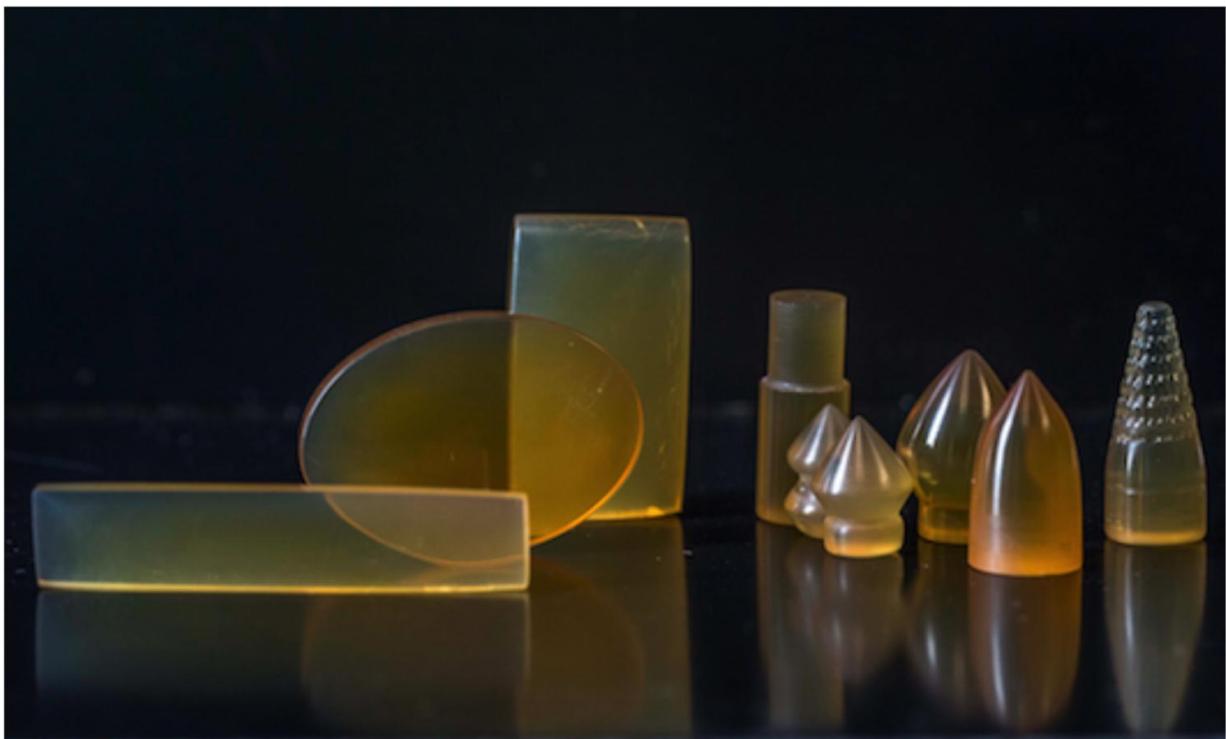


A silk fibroin screw fabricated with golden nanorods can be heated to 160 C when exposed to infrared light emitted by an LED. Credit: Silklab, Department

of Biomedical Engineering, School of Engineering, Tufts University

Silk's unique crystalline structure makes it one of nature's toughest materials. Fibroin, an insoluble protein found in silk, has a remarkable ability to protect other materials while being fully biocompatible and biodegradable.

"The ability to embed functional elements in biopolymers, control their self-assembly, and modify their ultimate form creates significant opportunities for bio-inspired fabrication of high-performing multifunctional materials," said senior and corresponding study author Fiorenzo G. Omenetto, Ph.D. Omenetto is the Frank C. Doble Professor in the Department of Biomedical Engineering at Tufts University's School of Engineering and also has an appointment in the Department of Physics in the School of Arts and Sciences.



Examples of engineered 3-D silk constructs. Credit: Silklab, Department of Biomedical Engineering, School of Engineering, Tufts University

**More information:** Benedetto Marelli, Nereus Patel, Thomas Duggan, Giovanni Perotto, Elijah Shirman, David L. Kaplan, and Fiorenzo G. Omenetto, "Directed self-assembly of silk fibroin into bulk materials: Programming function into mechanical forms from the nano- to macroscale," Proceedings of the National Academy of Sciences, published online Dec. 26.

[www.pnas.org/cgi/doi/10.1073/pnas.1612063114](http://www.pnas.org/cgi/doi/10.1073/pnas.1612063114)

Provided by Tufts University

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