

# How oil damages fish hearts: Five years of research since the Deepwater Horizon oil spill

23 April 2015



On May 20, 2010, roughly a month after the start of the Deepwater Horizon Oil Spill in the Gulf of Mexico, response vessels work near the source of the spill. Credit: NOAA

Scientists with the Ecotoxicology Program at NOAA's Northwest Fisheries Science Center in Seattle have been working to understand those effects. "Along with our research partners," said Nat Scholz, the scientist who leads the program, "we're investigating the more subtle, lingering, and potentially widespread impacts of oil on the health and survival of fish."

Scientists have known since before the Deepwater Horizon disaster that relatively low concentrations of oil can cause developmental abnormalities in fish. But in the five years since, Scholz and other scientists have shown that oil damages the still-forming hearts of fish embryos and larvae, and they have discovered the causes for that injury at a molecular scale. Now that they understand the effects more precisely, scientists are developing new diagnostic tools to measure the impacts.

NOAA is using this science to conduct its Natural Resource Damage Assessment in the Gulf of Mexico, including estimating losses of bluefin tuna, yellowfin tuna, and other species that spawned in the northern Gulf during the Deepwater Horizon spill. These new tools may also help authorities prepare for the next big spill.

## Injury at the Earliest Stages of Life

Fish are most vulnerable to crude oil during their earliest life stages, when they are tiny, translucent eggs and larvae floating in the water column during the first few days of life. At that stage, they can neither metabolize toxic compounds nor swim away from oil very effectively.

After the Exxon Valdez oil spill in 1989, researchers at NOAA's Auke Bay Laboratory in Alaska showed that larval fish exposed to oil as embryos suffer a spectrum of developmental defects including heart, jaw, eye, and other deformities. What's more, they showed that larvae exposed to trace concentrations of oil develop into fish that look normal but are less likely to survive when released into the ocean.



A bluefin tuna larva. Last year, scientists from NOAA and Stanford University discovered the molecular mechanism by which toxic compounds in oil damage the

hearts of developing fish. Although that study looked at bluefin tuna, the results likely apply to many other fish species as well. Credit: John Lamkin/NOAA

In the years between the Exxon Valdez and the Deepwater Horizon spills, Scholz's team discovered that compounds found in oil called polycyclic aromatic hydrocarbons—PAHs for short—target the developing heart of fish embryos and larvae. Most of the other abnormalities, which together have come to be known as crude oil toxicity syndrome, were shown to be a secondary consequence of a poorly functioning and misshapen heart.

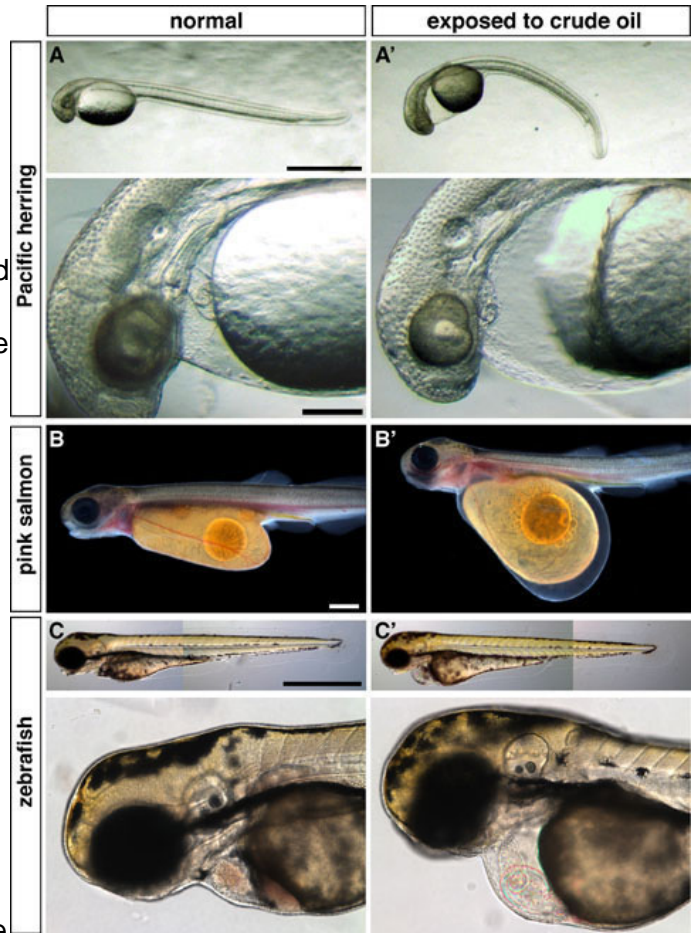
**Developing Hearts and Oil Don't Mix**

Scientists did not know, however, exactly how PAHs damage the hearts of fish. But in the five years since Deepwater Horizon, scientists from NOAA, in collaboration with the Barbara Block lab at Stanford University, made a breakthrough: they isolated individual heart cells from tunas and demonstrated that [crude oil](#) disrupts the normal rhythmic cycle of excitation and contraction in those cells. This explains why oil-exposed fish have an abnormal heartbeat, altered circulation, and structural defects in the heart and other organs.

Because fish are most vulnerable during early development, researchers focused their post-Deepwater Horizon efforts on species that were spawning in oiled waters in the Gulf of Mexico. But the effects are likely to be similar across many species of fish.

**Next Steps**

When a person goes to an emergency room with chest pains, doctors test for elevated levels of blood proteins that diagnose a heart attack. Scientists are working to develop similar tests that can be run on water samples from spawning habitats that contain fish larvae.



Normal fish embryos, left, and fish embryos showing the classic symptoms of crude oil toxicity: a curved spine, small jaw and eyes, and fluid accumulation around the heart. Research by NOAA Fisheries scientists and others has shown that oil exposures at levels lower than the those producing the visible (and lethal) defects shown here can cause permanent changes in the shape of the heart, reducing cardiac capacity and increasing the likelihood of delayed mortality later in life. Credit: Mark Carls and John Incardona/NOAA

"Now that we have a more precise understanding of how PAHs affect heart cells, we hope to identify new biomarkers for cardiac-related injury in fish exposed to PAHs." Scholz said. That would allow scientists to measure the baseline levels of those biomarkers in spawning areas. If an oil spill occurs at a later date, they could test the biomarkers again to assess the impact on fish populations.

PAHs are also present in stormwater runoff from urban coastal areas, and these new techniques are opening new avenues of research into more

everyday sources of PAH pollution.

These techniques would be particularly useful in the Arctic, where retreating ice cover is opening new areas to energy development and maritime shipping. The Arctic ecosystem is still relatively pristine, so the best time to collect baseline data on vulnerable species and habitats is now. In addition, basic biological information on the early development of polar fish species is limited, including whether their extreme cold-water physiology makes them more or less vulnerable to [oil spills](#).

Collecting that data and answering those questions now would help scientists to assess the damages from a spill after the fact. Perhaps more importantly, it would help scientists and oil spill responders to plan effective response and restoration strategies.

With each disaster—Exxon Valdez, Deepwater Horizon, and many lesser-known spills as well—our understanding of how oil affects [fish](#) populations and ecosystems has grown. Unfortunately, another major [oil](#) spill is sure to happen eventually. If we apply the knowledge and techniques developed in the aftermath of past spills to planning for future ones, we will be better prepared for the inevitable.

Provided by NOAA National Marine Fisheries Service

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