

Video: Why some people just don't like music

2 July 2014, by Nikki Rickard

For many people, enjoying music results in noticeable physical reactions – sweaty palms or a shiver down the spine. Music can cause the release of dopamine in your body, which provides a feeling of immense pleasure and reward.

But this sensation is not shared by all. As Nikki Rickard explains, there are people – referred to as "music anhedonics" – for who there is no [physical response](#) to music. For them, music is simply not enjoyable.

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