

'Screaming Woman' mummy may have died in agony 3,500 years ago

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Prof Sahar Saleem with the Screaming Woman mummy. Credit: Sahar Saleem

In 1935, the Metropolitan Museum of New York led an archaeological expedition to Egypt. In Deir Elbahari near Luxor, the site of ancient Thebes, they excavated the tomb of Senmut, the architect and overseer



of royal works—and reputedly, lover—of the famed queen Hatschepsut (1479–1458 BCE). Beneath Senmut's tomb, they found a separate burial chamber for his mother, Hat-Nufer, and other unidentified relatives.

Here, they made an uncanny discovery: a wooden coffin holding the mummy of an elderly woman, wearing a black wig and two scarab rings in silver and gold. But what struck the archaeologists was the mummy's expression: with the mouth wide open, as if locked in a scream. They dubbed her the "Screaming Woman."

Now, approximately 2,500 years after her burial, researchers from Egypt have used the most advanced scientific techniques to examine the Screaming Woman and learn about her life and death. The results are published in *Frontiers in Medicine*.

Costly material

"Here we show that she was embalmed with costly, imported embalming material. This, and the mummy's well-preserved appearance, contradicts the traditional belief that a failure to remove her inner organs implied poor mummification," said Dr. Sahar Saleem, a professor of radiology at Kasr Al Ainy Hospital of Cairo University.

Until 1998, the Screaming Woman had been kept at Kasr Al Ainy School of Medicine in Cairo, where in the 1920s and 1930s researchers studied many royal mummies, including Tutankhamun. Subsequently, she was moved to the Cairo Egyptian Museum at the request of the Ministry of Antiquities. Ever since 1935, the mummy's coffin and rings have been displayed at the Metropolitan Museum of New York.





The Screaming Woman in the CT scan. Credit: Sahar Saleem

In the new study, Saleem used CT scans to "virtually dissect" the mummy and estimate her age, identify pathologies, and state of preservation.

Saleem and her co-author Dr. Samia El-Merghani also used advanced techniques like scanning <u>electron microscopy</u> (SEM), Fourier transform <u>infrared spectroscopy</u> (FTIR), and X-ray diffraction analysis (XRD) to identify the materials.

The authors found that the mummy was still in good condition even



2,500 years after its burial. The investigation enacted 89 years after the discovery of the mummified woman shows her unwrapped, lying supine with her legs extended and her hands folded above the groin. She lacked several teeth—likely lost before death, as there was evidence of bone resorption, which occurs when a tooth comes out and the socket is left to heal. Other teeth were broken or showed signs of attrition.

"Teeth lost during life may have been extracted. Dentistry had originated in ancient Egypt, with Hesy Re the first recorded physician and dentist in the world," said Saleem.







The Screaming Woman's rings, now in the Metropolitan Museum. Credit: Sahar Saleem

Suffered from arthritis

From 2D and 3D CT images, Saleem estimated that the Screaming Woman had been 1.54 meters tall in life. From the morphology of the joint between the two pelvic bones, which smoothens with age, the CT images estimated that she was approximately 48 years old at the time of her death. She had suffered from mild arthritis of the spine, as evident from the presence of osteophytes or bone spurs on the vertebrae.

Saleem found no embalming incision, which was consistent with the discovery that the brain, diaphragm, heart, lungs, liver, spleen, kidneys, and intestine were still present. This was a surprise, as the classic method of mummification in the New Kingdom (1550–1069 BCE) included the removal of all such organs except the heart.

FTIR analysis of her skin showed that the Screaming Woman had been embalmed with juniper and frankincense, costly materials that had to be imported into Egypt from the Eastern Mediterranean and East Africa or Southern Arabia, respectively.

Likewise, her natural hair had been dyed with henna and juniper. The long wig, made from fibers from the date palm, had further been treated with quartz, magnetite, and albite crystals, probably to stiffen the locks and give them the black color favored by ancient Egyptians because it represented youth.





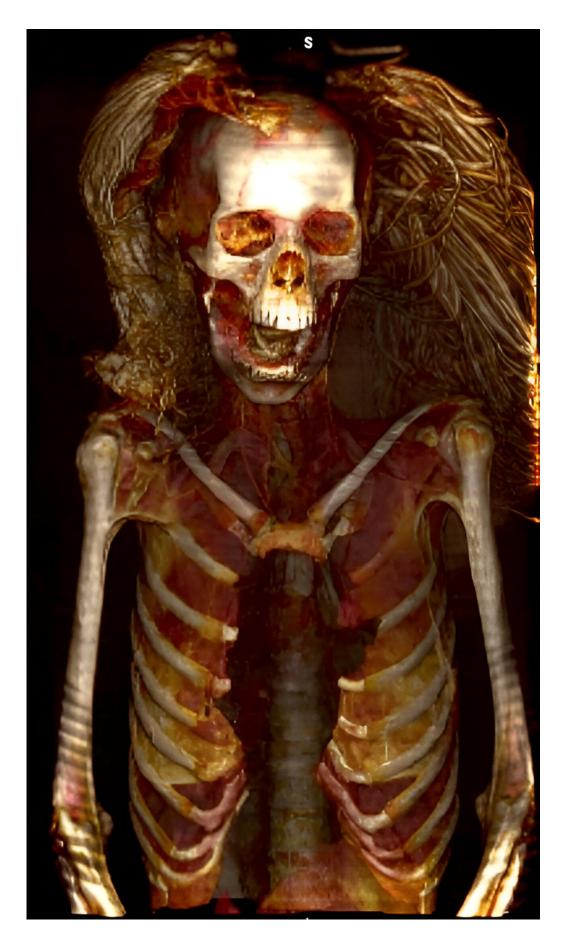
The Screaming Woman mummy. Credit: Sahar Saleem





The mummy wearing her two-part wig. Credit: Sahar Saleem

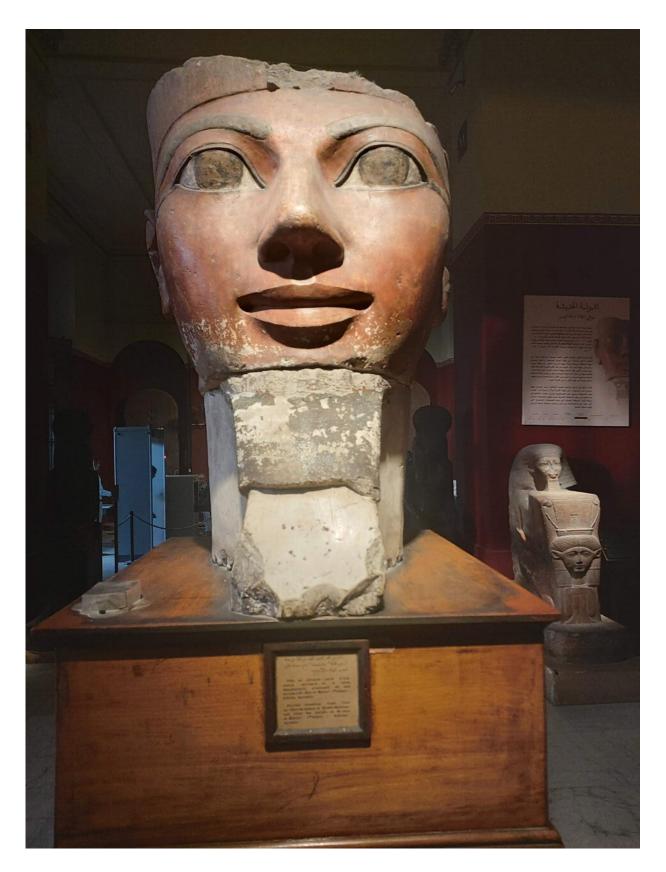






The Screaming Woman mummy, wearing her wig. Credit: Sahar Saleem







Statue of queen Hatschepsut in the Cairo Museum. Credit: Sahar Saleem

"These findings support the ancient trade of embalming materials in ancient Egypt. The expedition led by Queen Hatshepsut brought frankincense from Punt (possibly Somalia in Africa). The tomb of Tutankhamun also contained frankincense and juniper," said Saleem.

There was no obvious cause of death.

Cadaveric spam

But what had caused the mummy's unforgettable expression? The rarity of the embalming material seemed to rule out that the mummification process had been careless and that the embalmers had simply neglected to close her mouth.

"The mummy's screaming facial expression in this study could be read as a cadaveric spasm, implying that the woman died screaming from agony or pain," hypothesized Saleem.

Cadaveric spasm is a rare form of muscular stiffening, typically associated with violent deaths under extreme physical conditions and intense emotion.

"The Screaming Woman is a true 'time capsule' of the way that she died and was mummified," concluded Saleem.

More information: Paleoradiological and Scientific Investigations of the Screaming Woman Mummy from the area beneath Senmut's (1479-1458 BC) Theban Tomb (TT71), *Frontiers in Medicine* (2024). DOI: 10.3389/fmed.2024.1406225, www.frontiersin.org/articles/1...



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