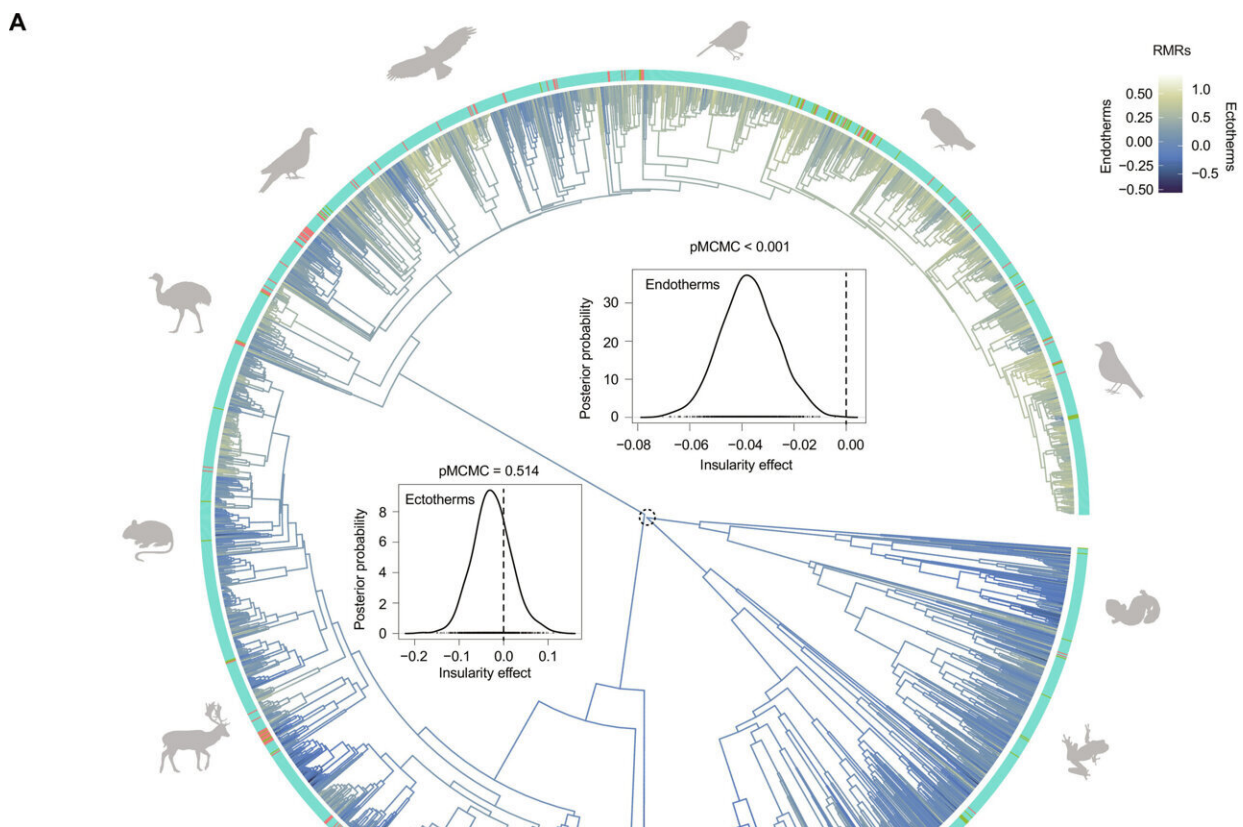


Slower metabolism of warm-blooded animals on islands correlated with higher risk of anthropogenic extinction

July 18 2024, by Bob Yirka



Mapping of RMRs across the vertebrate tree of life and metabolic differences between mainland and island species. (A) Ancestral reconstruction of RMRs and phylogenetic distribution of island and mainland species. (B) Island endotherms, but not ectotherms, have relatively lower metabolic rates than their mainland counterparts. (C) The effect of allometry on metabolism. (D) A sister-taxa analysis confirms the trend of slow metabolic rate in island endotherms. Credit:

A multi-institutional team of zoologists and animal behavioral specialists in China and Germany has found an association between the slower metabolism of island-dwelling, warm-blooded animals and an increased risk of anthropogenic extinction.

In their study, [published](#) in the journal *Science Advances*, the group compared thousands of island animal species with similar-type mainland species to learn more about differences in metabolism rates and compared their risks of anthropogenic extinction.

Prior research has shown that over long time spans, animals evolve differently on [islands](#) than they do on continents. This is due to differences in predation and available resources. The result in some instances has been dwarfism and gigantism and birds that cannot fly.

In this new study, the research team has found that island-bound warm-blooded animals tend to have slower metabolisms than those living in mainland environments. They also found that they tend to reproduce more slowly and live longer—characteristics that help them survive on an island but put them at risk when conditions change, usually due to the arrival of humans.

The research team wanted to know if such characteristics put these creatures at higher risk of anthropogenic extinction. To find out, they looked for and analyzed data on 2,118 species of warm-blooded animals that had reasonably closely related mainland species. They did the same with data from 695 cold-blooded species.

In making comparisons, the research team was able to confirm that

warm-blooded island species (mostly mammals and birds) tend to have slower metabolisms on average than similar mainland species. They found no discernable difference with cold-blooded animals.

The researchers then compared anthropogenic extinction risk between slower [metabolism](#) island species and similar mainland species and found that the island species tend to face a higher likelihood of anthropogenic [extinction](#).

The team suggests the difference is likely due to resilience in mainland species. The slower lifestyle of island [species](#) makes it more difficult to respond to changes, they note, or to recover once changes occur. They suggest it also likely works in tandem with other island features to make life more difficult when changes do occur.

More information: Ying Xiong et al, Convergent evolution toward a slow pace of life predisposes insular endotherms to anthropogenic extinctions, *Science Advances* (2024). [DOI: 10.1126/sciadv.adm8240](https://doi.org/10.1126/sciadv.adm8240)

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