

How killifish embryos use suspended animation to survive over 8 months of drought

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Male killifish. Credit: Rogelio Barajas and Xiaoi Zhao

The African turquoise killifish lives in ephemeral ponds in Zimbabwe and Mozambique. To survive the annual dry season, the fish's embryos

enter a state of extreme suspended animation or "diapause" for approximately 8 months.

Now, researchers have uncovered the mechanisms that enabled the killifish to evolve this extreme survival state. They [report](#) in the journal *Cell* that although killifish evolved diapause less than 18 million years ago, they did so by co-opting [ancient genes](#) that originated more than 473 million years ago. Through [comparative analysis](#), the team showed that similar specialized [gene expression](#) patterns are also employed by other animals—including the house mouse—during diapause.

"The whole program is like day and night—there is life in the normal state and life in the diapause state, and the way this happened was by reshuffling or re-wiring the regulatory region of a whole set of genes," says senior author and molecular biologist Anne Brunet of Stanford University.

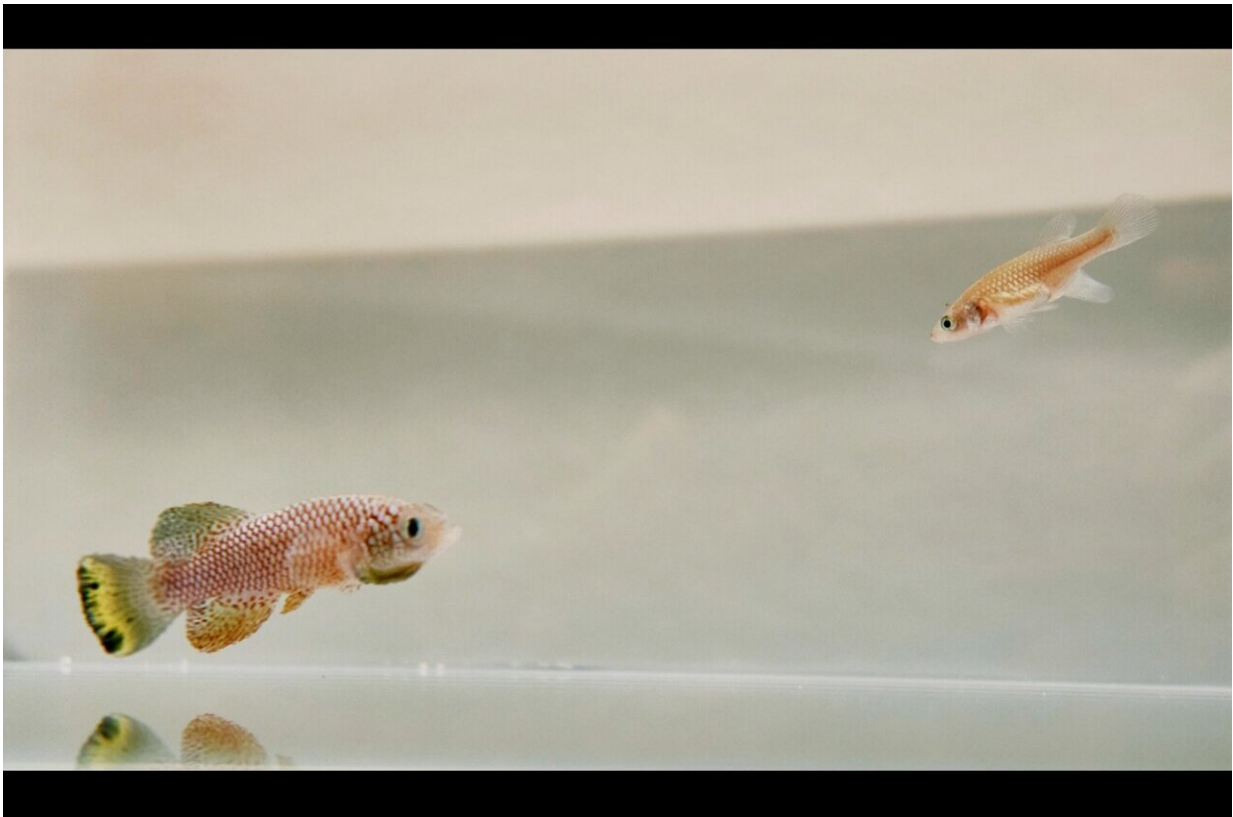
African turquoise killifish mature faster than any other vertebrate species, and adults live for only around 6 months, even in captivity. The fish reproduce rapidly before their watery homes disappear, but their embryos remain behind in the dry mud, ready to hatch when the next year's rains come.

Embryonic diapause also occurs in other vertebrate species, including fish, reptiles, and some mammals, but killifish diapause is remarkably extreme because it lasts for such an extended period (8 months on average and up to 2 years in the lab) and because killifish embryos enter suspended animation much later in development than other animals.

"It's roughly in the middle of development, and many organs are already formed by that stage— they have a [developing brain](#) and a heart which stops beating in diapause and then starts again," says first author Param Priya Singh of the University of California, San Francisco.

"Killifish are the only [vertebrate species](#) that we know of that can undergo diapause so late in development."

To understand diapause evolution, the team first characterized the gene expression of the African turquoise killifish (*Nothobranchius furzeri*) during different developmental stages. They focused on duplicated copies of genes called "paralogs," because [gene duplication](#) is one of the primary mechanisms by which new genes originate and specialize.



Pair of killifish. Credit: Rogelio Barajas and Xiaoi Zhao

Overall, the researchers identified 6,247 paralog pairs that exhibited specialized gene expression patterns during diapause. Surprisingly, they

estimated that most of the diapause-specialized genes were "very ancient" paralogs, having originated more than 473 million years ago.

"Even though diapause evolved relatively recently, the genes that are specialized in diapause are really ancient," said Brunet. "We found that most of the genes that specialize for diapause in killifish are very ancient paralogs, which means that they were duplicated in the common ancestor of all vertebrates."

Since diapause also occurs in some other species of killifish, the researchers compared gene expression between embryos of the African turquoise killifish, the South American killifish (*Austrofundulus limnaeus*), which also undergoes diapause, and two killifish species that do not undergo diapause, the red-striped killifish (*Aphyosemion striatum*) and lyretail killifish (*Aphyosemion australe*).

They found significant overlap in gene expression patterns between the African turquoise and South American killifish, which evolved diapause independently of each other, but not in the two non-diapausing species. Likewise, the researchers found significant correlation in the gene expression patterns of house mouse (*Mus musculus*) embryos during diapause and showed that diapause-specialized genes in mice also have very ancient origins.

"This suggests that the same mechanisms that enable diapause have been repeatedly co-opted for the evolution of diapause across distantly related species," says Singh.

Next, the researchers explored how these diapause-specialized genes are regulated in the [killifish](#). They identified several key transcription factors that control the altered gene expression patterns seen during diapause, including REST and FOXO3, which are known to be expressed during hibernation (a different form of suspended animation)

in mammals. Notably, several of these regulatory genes are involved in [lipid metabolism](#), which has a distinctive profile during diapause.

"One of the key elements of diapause is this special lipid metabolism," said Brunet. "During diapause, they seem to have much higher levels of triglycerides and very long chain fatty acids, which are forms of storage and also perhaps aid with long-term protection of the organism's membranes."

The researchers plan to continue investigating how different species regulate diapause and to dig deeper into the role of lipid metabolism during diapause and other types of suspended animation.

"It's such a complex state that I think we are just scratching the surface," said Singh. "We want to go deeper into specific aspects of how lipid metabolism is regulated during diapause, and we are also interested in examining the role of specific cell types during [diapause](#)."

More information: Evolution of diapause in the African turquoise killifish by remodeling ancient gene regulatory landscape, *Cell* (2024).

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