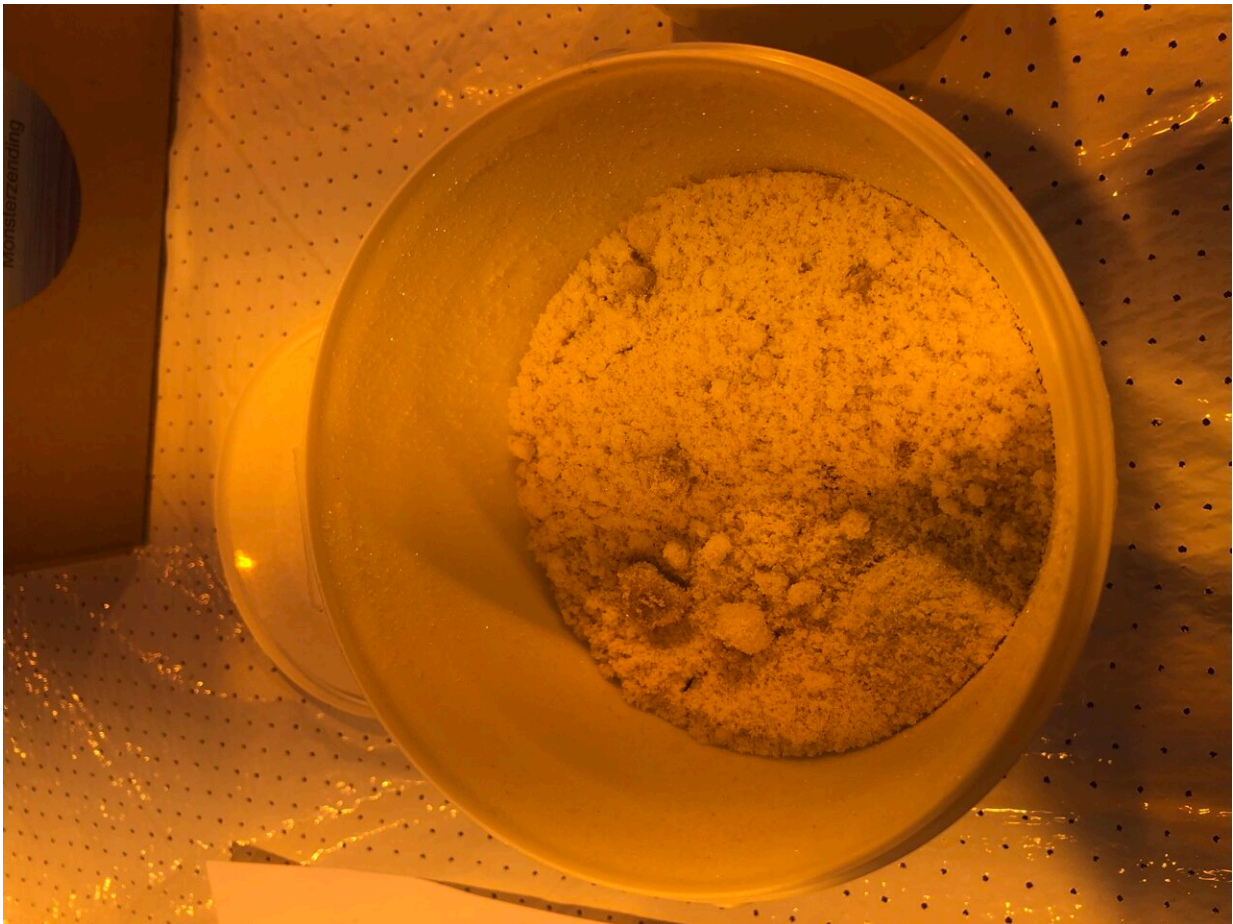


Human urine boosts green bean growth on moon and Mars regolith simulants

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Sample of struvite. Credit: Wieger Wamelink

There is the dream of living and working on the moon or planet Mars.

But what are the inhabitants going to eat out there, and how are they going to grow their food? A circular and sustainable agricultural ecosystem for food production will be essential.

A research team at Wageningen University & Research and the B.A.S.E. project investigates how to grow [crops](#) in a sustainable circular way, using local resources. Their [latest study](#), published in *Open Agriculture*, shows that applying [human urine](#) in the form of struvite (a mineral) boosts green bean growth on Mars and [moon regolith](#) simulants.

Struvite as fertilizer

"The human urine we used in the study was collected from portable toilets at festivals in Amsterdam. You can imagine that there all kinds of substances in urine that we would not like to use in crop fertilizer," says Wieger Wamelink, principal investigator of the study. "So we used struvite instead, a mineral that is extracted from human urine and consists of magnesium ammonium and phosphate and that is almost 100% pure, so it doesn't bring along any contaminations, like medicine remains or drugs. It releases the nutrients slowly during the whole growth period.

"We, as research team, used regolith (the upper layer of 'soil') simulants instead of real Mars and moon regoliths for our experiments."

Mars regolith is not available on Earth, and although there is some moon regolith on Earth, it is not present in the quantities needed for a crop growth experiment. However, both the real regoliths and their simulants lack significant quantities of ammonium, nitrate and phosphate, which are essential for a proper plant growth.

"We have proven that struvite can be an excellent fertilizer. In this way, we can easily process and apply human urine as fertilizer in the regoliths.

It boosts plant growth and can increase bean harvest with several factors on the regolith simulants," says Wamelink.

The researchers did not eat the green beans, because at the moment of harvest, struvite was not officially allowed for use as a fertilizer for crops. In addition, regoliths (and their simulants) contain levels of poisonous metals that could end up in the beans. More research on the contamination of the crops with heavy metals from the regolith is needed.

The golden circle of crop growth on Mars or the moon

Because there are only ice and regolith with no organic matter available on Mars and the moon, the soils have to be amended and improved to make crop growth possible. What is needed is a closed sustainable agricultural ecosystem. One of the key factors in this system will be the recycling of human waste.

"By applying struvite extracted from human urine, we can fill in one of the steps in the golden circle of crop growth on Mars and the moon, but also here on Earth," according to Wamelink. Human urine could be (again) applied as fertilizer instead of being wasted.

As a next step, the recently started B.A.S.E. project aims to set up a moon/Mars dome containing all necessities to grow crops at Mars or the moon, indoors. This dome is a research facility to test innovations and make them work together as a circular system. Its blueprint could be applied on Mars or on the moon, but also on planet Earth. For example, in deserts or on the South Pole.

The Food for Mars and Moon project

The Food For Mars and Moon project investigates how to grow crops on both [celestial bodies](#), applying the resources available at hand; regolith and ice. In the past the research team was able to grow a whole series of crops, including potato, carrot, pea, tomato, garden cress and radish on regolith simulants. The project is now in the phase of making crop production fully circular, which includes the application of pollinators, bacteria, fungi and earthworms.

More information: Wieger Wamelink et al, Effect of struvite on the growth of green beans on Mars and Moon regolith simulants, *Open Agriculture* (2024). [DOI: 10.1515/opag-2022-0261](https://doi.org/10.1515/opag-2022-0261)

Provided by Wageningen University

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