

How climate change is messing up the ocean's biological clock, with unknown long-term consequences

February 29 2024, by Frédéric Cyr



A satellite image of a phytoplankton bloom off the coast of St. John's, N.L.
Credit: NASA, MODIS Rapid Response

Every year in the [mid-latitudes](#) of the planet, a peculiar phenomenon known as the [phytoplankton spring bloom](#) occurs. Visible from space, spectacular large and ephemeral filament-like shades of green and blue are [shaped by the ocean currents](#).

The [phytoplankton blooms](#) are comprised of a myriad of microscopic algae cells growing and accumulating at the ocean's surface as a result of the onset of longer days and fewer storms—often associated with the move into [spring](#).

The timing of the phytoplankton spring bloom is, however, [likely to be altered](#) in response to [climate change](#). Changes which will affect—for good or ill—the many species that are [ecologically adapted](#) to benefit from the enhanced feeding opportunity that blooms represent at crucial stages of their development.

Fine-tuned ecological adaptation

Phytoplankton blooms are, in some aspects, [metronomes of the annual oceanic cycles](#) around which many species' biological clocks are synced to.

One example is the zooplankton [Calanus finmarchicus](#), a class of microorganism only capable of swimming up and down through the [water column](#). *Calanus finmarchicus* usually spend the winter in [diapause](#)—the marine version of hibernation—surviving on their accumulated energy reserves in the deep ocean. At the moment they deem appropriate in the spring, they raise from the abyss to graze on the bloom and reproduce.

Fish and shellfish, too, are adapted to this natural metronome.

For some species, such as shrimp, females strategically lay their eggs in the water in advance of these blooms so their young will have ample food supplies from the moment they hatch

As incredible as it seems, some species can "calculate" the egg incubation period so that eggs hatch on average [within a week](#) of the

expected spring bloom.

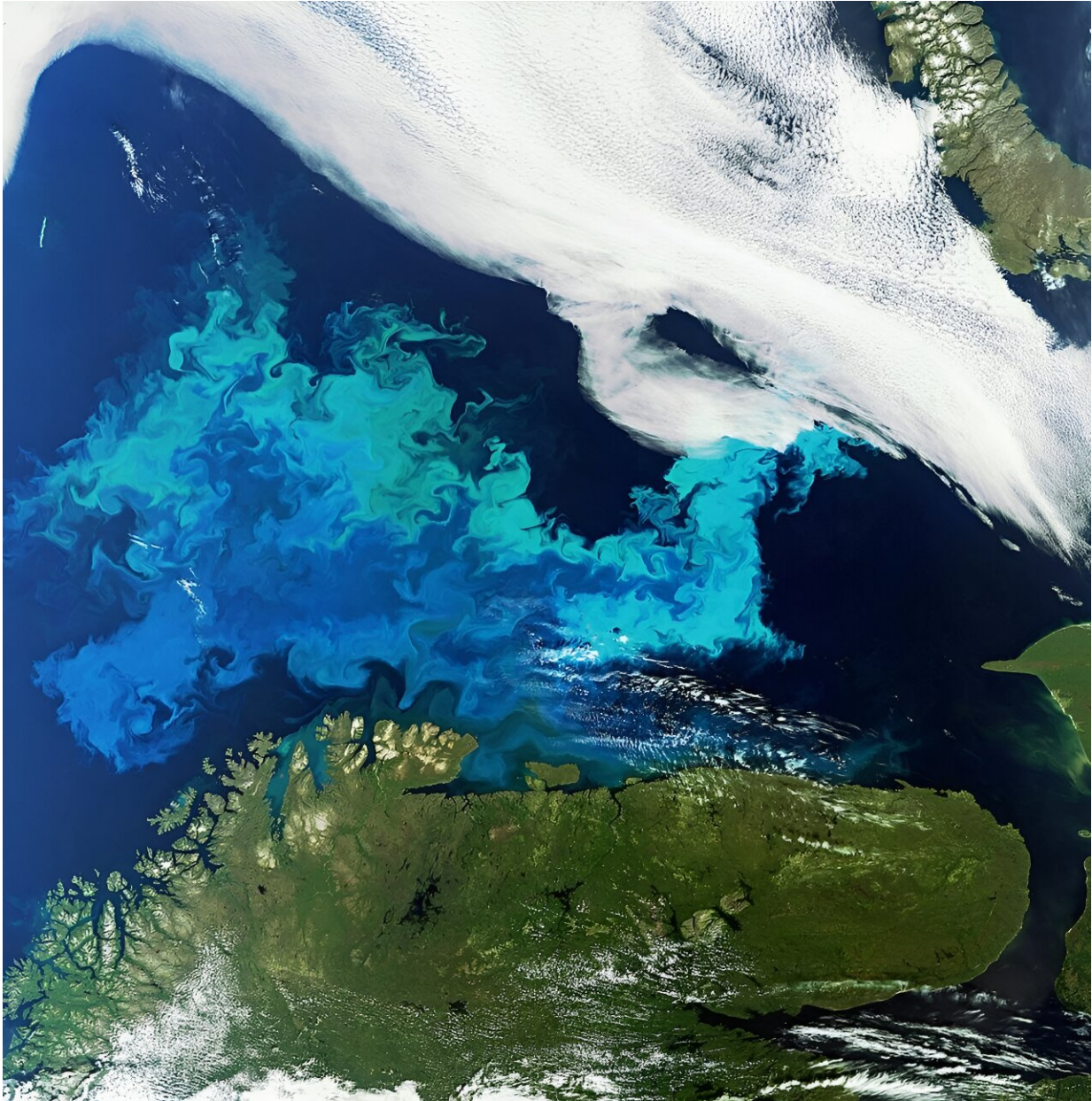
A question of timing

This, unfortunately, is where climate change is entering into the equation. What was normal in the past may well be changing more rapidly than marine species can adapt.

Zooplankton and fish larvae constitutes the bulk of what ocean scientists call secondary production. Secondary production is a [key trophic level](#) that links primary production (the phytoplankton using the sun's light to produce biomass) and higher trophic levels, such as fish and marine mammals.

This grand relationship is known as a [trophic cascade](#), as the zooplankton are eaten by the small fish and the small fish, in turn, are eaten by the bigger fish. A whole ecosystem beating on a clock largely determined by the timing of the phytoplankton spring bloom, hopefully in sync with the biological clocks of other species.

Any change to the timing of the spring bloom, for example as a result of climate change, can potentially have catastrophic consequences for the survival of zooplankton populations alongside the fishes and ecosystems which rely upon this abundant foodstuff.



A massive phytoplankton bloom seen off the Northern coast of Norway. Phytoplankton blooms can reach thousands of square kilometres in size. Credit: ESA, Envisat Pillars

This theory is known as the [match/mismatch hypothesis](#) and postulates that the consumer's energy demand should "match" the peak resource

availability

A new understanding

On the Newfoundland and Labrador shelf in the Northwest Atlantic, the spring bloom [generally starts](#) earlier in the south (mid-March on the Grand Banks of Newfoundland) and later in the north (late April on the southern Labrador shelf).

The south-to-north progression of the bloom was long believed to be related to the [annual retreat of sea ice](#) in the region. But with the duration and spatial extent of the sea ice season being [dramatically reduced](#) in Atlantic Canada over the recent years, the relationship between sea ice and the timing of the bloom weakened.

I—alongside a team of researchers from across Canada—[proposed a new theory](#) to explain the initiation of the spring bloom on the Newfoundland and Labrador shelf.

Our theory points to transition from winter to spring as being key to trigger the bloom. In winter, cold and stormy conditions keep the ocean well mixed. However, the arrival of spring brings calmer winds and warming temperatures—coupled with increased freshwater flows. These conditions cause the ocean to reorganize into layers of different density—a phenomenon called [re-stratification](#).

Re-stratification effectively prevents the phytoplankton cells of the upper layers from becoming easily mixed in the maelstrom of oceanic forces. Their accumulation at the ocean's surface creates the bloom.

This new mechanism successfully predicts the timing of the phytoplankton spring bloom over more than two decades. It also allows us to better understand the impacts that climate change is having upon

our oceans.

Ecological significance

Located at the confluence of sub-arctic and sub-tropical [ocean currents](#), the Newfoundland and Labrador shelf is naturally subjected to [large fluctuations](#) of its climate, with impacts on the timing of the bloom.

Our study has shown that a warmer climate is associated with earlier re-stratification, earlier phytoplankton blooms and a higher abundance of key zooplankton species such as *Calanus finmarchicus* in the region.

This discovery opens the door to a better understanding of bloom dynamics and the oceanic conditions driving the health of the ecosystem.

The good news for a cold region such as the Newfoundland and Labrador shelf is that a warmer climate with milder springs, like the ones we have [seen in recent years](#), will lead to more and more abundant levels of phytoplankton—with clear benefits to ecosystem productivity.

However, for how long these changes will remain positive in a changing climate we cannot say.

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