

## Bacteria can develop resistance to drugs they haven't encountered before. Scientists figured this out decades ago

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This diagram of the Luria-Delbrück experiment depicts colonies of phageresistant variants of E. coli (red) developing in petri dishes. Credit: Qi Zheng, <u>CC BY-SA</u>

Do bacteria mutate randomly, or do they mutate for a purpose? Researchers have been <u>puzzling over this conundrum for over a century</u>.

In 1943, microbiologist Salvador Luria and physicist turned biologist Max Delbrück <u>invented an experiment</u> to argue that bacteria mutated



aimlessly. Using their test, other scientists showed that bacteria could acquire resistance to antibiotics they hadn't encountered before.

The Luria–Delbrück experiment has had a significant effect on science. The findings helped Luria and Delbruck win the <u>Nobel Prize in</u> <u>physiology or medicine in 1969</u>, and students today learn this experiment in <u>biology classrooms</u>. I have been studying this experiment in my work as a biostatistician for <u>over 20 years</u>.

Decades later, this experiment offers lessons still relevant today, because it implies that bacteria can develop resistance to antibiotics that haven't been developed yet.

## Slot machines and a eureka moment

Imagine a <u>test tube</u> containing bacteria living in nutrient broth. The broth is cloudy due to the high concentration of bacteria within it. Adding a virus that infects bacteria, also known as a phage, into the tube kills most of the bacteria and makes the broth clear.

However, keeping the test tube under conditions favorable for bacterial growth will turn the broth cloudy again over time. This indicates that the bacteria developed resistance against the phages and were able to proliferate.

What role did the phages play in this change?

Some scientists thought the phages incited the bacteria to mutate for survival. Others suggested that bacteria routinely mutate randomly, and the development of phage-resistant variants was simply <u>a lucky outcome</u>. Luria and Delbrück had been working together for months to solve this conundrum, but none of their experiments had been successful.



On the night of Jan. 16, 1943, Luria got a hint about how to crack the mystery while watching a colleague hit the jackpot at a slot machine. The next morning, he hurried to his lab.

Luria's experiment consisted of a few tubes and dishes. Each tube contained nutrient broth that would help the bacteria E. coli multiply, while each dish contained material coated with phages. A few bacteria were placed into each tube and given two opportunities to generate phage-resistant variants. They could either mutate in the tubes in the absence of phages, or they could mutate in the dishes in the presence of phages.



This diagram of the Luria-Delbrück experiment depicts colonies of phageresistant variants of E. coli (red) developing in petri dishes. Credit: Qi Zheng, <u>CC BY-SA</u>



The next day, Luria transferred the bacteria in each tube into a dish filled with phages. The day after that, he counted the number of resistant bacterial colonies in each dish.

If bacteria develop resistance against phages by interacting with them, none of the bacteria in the tubes should have mutations. On the other hand, only a few of the bacteria—say, 1 out of 10 million bacteria—should spawn resistant variants when they are transferred into a dish containing phages. Each phage-resistant variant would grow into a colony, but the remaining bacteria would die from infection.

If bacteria develop resistance independently of interacting with phages, some of the bacteria in the tubes will have mutations. This is because each time a bacterium divides in a tube, it has a small probability of spawning a resistant <u>variant</u>. If the starting generation of bacteria is the first to mutate, at least half of the bacteria will be resistant in later generations. If a bacterium in the second generation is the first to mutate, at lest an eighth of the bacteria will be resistant in later generations.

Like small-prize cash-outs in slot machines, late-generation mutations occur more often but give fewer resistant variants. Like jackpots, earlygeneration mutations occur rarely but give large numbers of variants. Early-generation mutations are rare because early on there are only a small number of bacteria available to mutate.

For example, in a 20-generation experiment, a mutation occurring at the 10th generation of bacteria would give 1,024 phage-resistant variants. A mutation occurring at the 17th generation would give only four <u>phage</u>-resistant variants.

The number of resistant colonies in Luria's experiments showed a similar pattern to that of slot machine cash-outs. Most dishes contained no or



small numbers of mutant colonies, but several contained a large number of mutant colonies that Luria considered jackpots. This meant that the bacteria developed resistant variants before they interacted with the phages in the dishes.

## An experiment's legacy

Luria sent a note to Delbrück after his experiment was completed, asking him to check his work. The two scientists then worked together to write <u>a classic paper</u> describing the experimental protocol and a theoretical framework to measure bacterial mutation rates.

Other scientists conducted similar experiments by replacing phages <u>with</u> <u>penicillin</u> and with <u>tuberculosis drugs</u>. Similarly, they found that <u>bacteria</u> did not need to encounter an antibiotic to acquire resistance to it.

Bacteria have relied on random mutations to cope with harsh, constantly changing environments for millions of years. Their incessant, random <u>mutations</u> will lead them to inevitably develop variants that are resistant to the antibiotics of the future.

Drug resistance is a reality of life we will have to accept and continue to fight against.

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