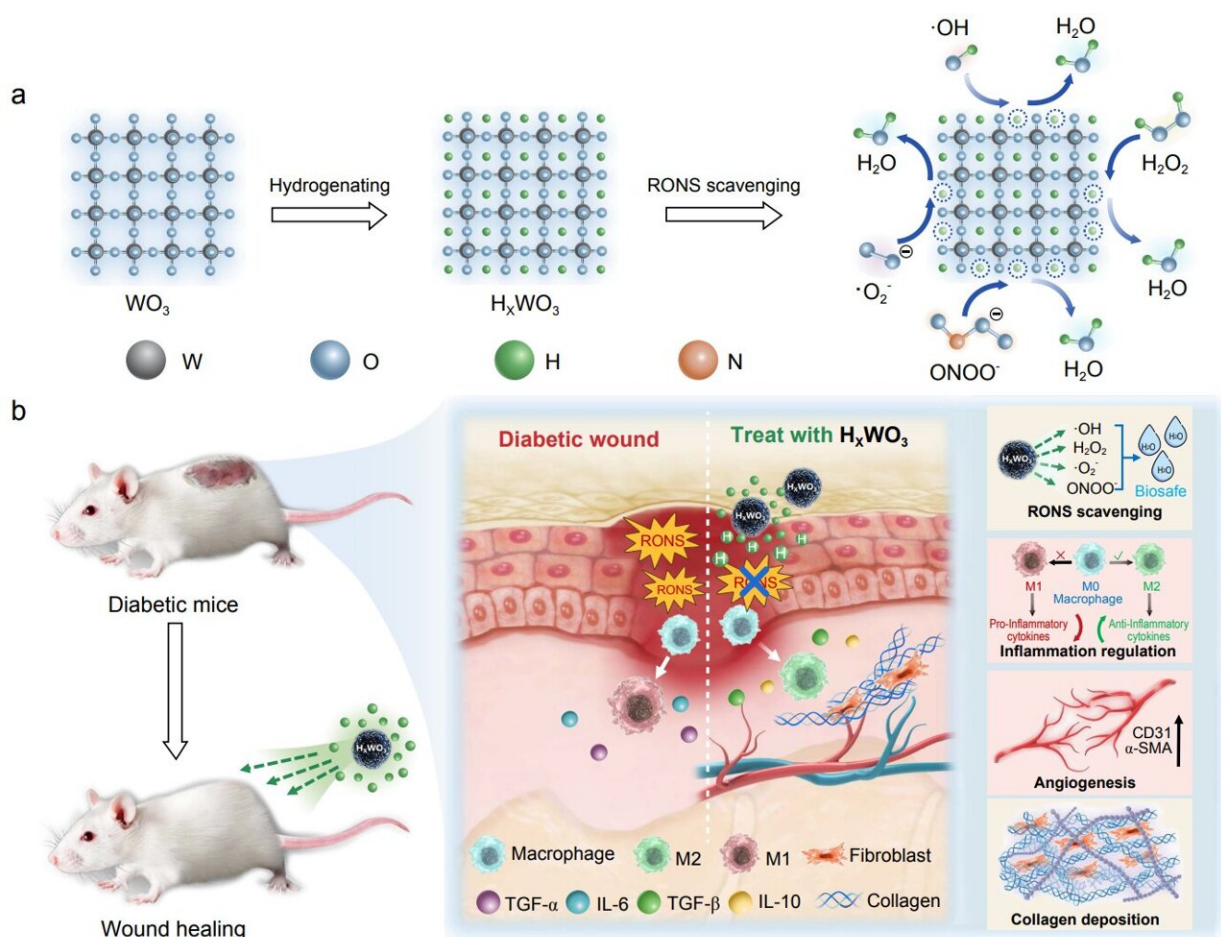


Investigating solid-state atomic hydrogen as a potential hydrogen therapy strategy

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(a) Atomic hydrogen-deposited H_xWO_3 effectively eliminates four representative RONS ($\cdot\text{OH}$, H_2O_2 , $\text{O}_2^{\cdot-}$ and ONOO^-). (b) Mechanism of atomic hydrogen in accelerating diabetic wound healing, including RONS elimination, anti-inflammation, angiogenesis and collagen deposition. Credit: Science China Press

The overexpression of reactive oxygen and nitrogen species (RONS) is closely associated with the onset and progression of diverse chronic diseases, such as cancer, Alzheimer's disease, and chronic diabetic ulcers. Hydrogen therapy, as an emerging and promising general-purpose therapeutic approach, normally utilizes molecular H₂ to selectively eliminate RONS and maintain intracellular redox homeostasis, thereby treating related chronic diseases.

The more bioreducible [atomic hydrogen](#) is expected to provide a broad-spectrum RONS scavenging capability superior to that of conventional H₂. However, the development of an advanced [hydrogen](#) therapeutic platform combining sufficient atomic hydrogen loading, controllable release, and biodegradability remains a giant technological challenge.

To address this issue, a team led by Prof. Jun Jiang and Prof. Yucai Wang from the University of Science and Technology of China (USTC) has recently successfully introduced highly reducible atomic hydrogen into the WO₃ lattice using an electron-proton co-doping strategy, demonstrating for the first time that atomic hydrogen eliminates a broad spectrum of RONS that conventional H₂ cannot.

Furthermore, the tungsten bronze phase H_{0.53}WO₃ (HWO) was found to be a highly desirable carrier for atomic hydrogen, with remarkable features including high-capacity hydrogen storage, controllable hydrogen release, and pH-responsive biodegradability. In a diabetic wound model, the atomic hydrogen remodeled the diabetic wound microenvironment and alleviated inflammation, which in turn promoted collagen deposition and angiogenesis, effectively accelerating chronic wound healing.

"From the perspective of thermodynamics and [chemical kinetics](#), atomic hydrogen is far more reactive than molecular H₂, whereas its storage and

utilization are extremely tricky. Thanks to the electron-proton co-doping strategy, we have realized the deposition of atomic hydrogen in [metal oxides](#) under [mild conditions](#)," Prof. Jun Jiang said.

"In a wider sense, the basic category of hydrogen therapeutic materials is no longer limited to the commonly active metals/non-metals or their hydrides. Hydrogen species in more physical forms are available as efficient RONS scavengers to play a positive role in hydrogen-centered therapeutic strategies."

The study is [published](#) in the journal *National Science Review*.

More information: Man Luo et al, Solid-state atomic hydrogen as a broad-spectrum RONS scavenger for accelerated diabetic wound healing, *National Science Review* (2023). [DOI: 10.1093/nsr/nwad269](https://doi.org/10.1093/nsr/nwad269)

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