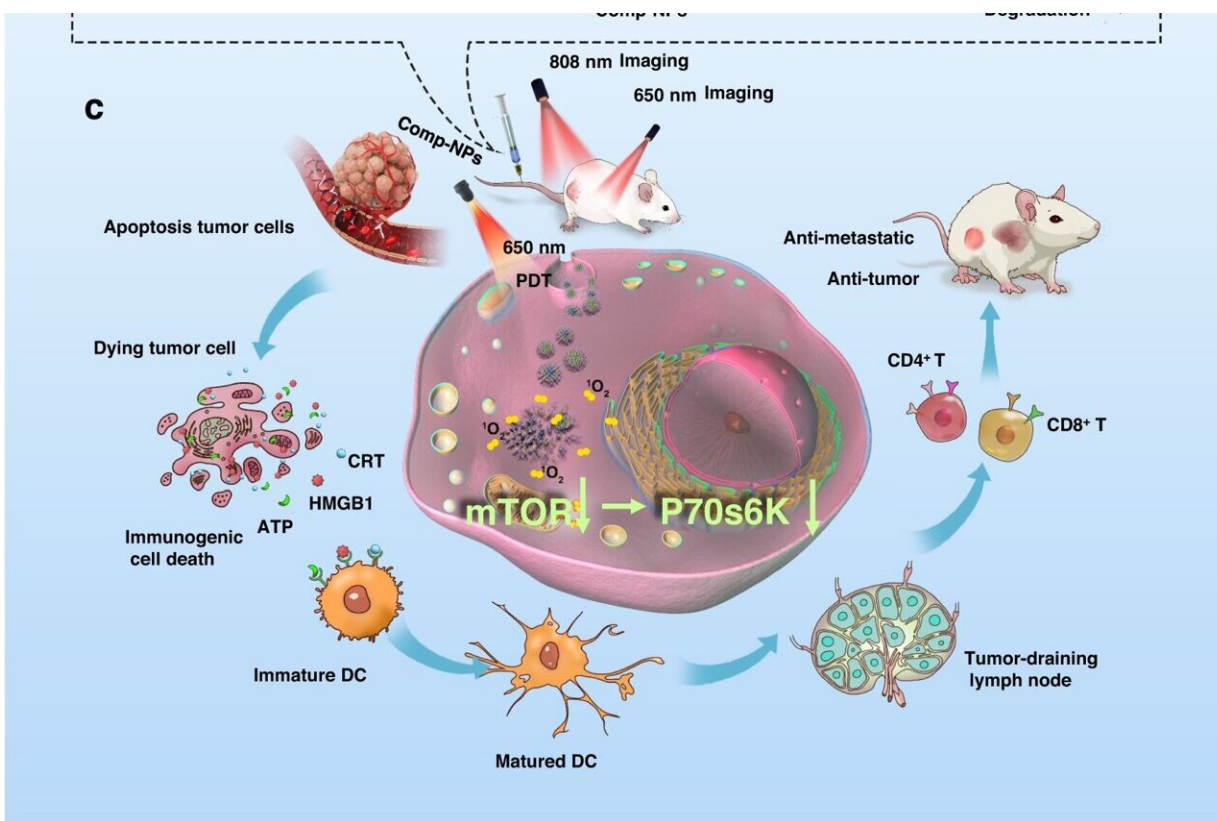


New nanocomplex unleashes the immune system on metastases

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Structures and mechanism of action of Comp-NPs for the diagnosis by imaging and treatment of tumors by multimodal photodynamic therapy and immunotherapy. a) Chemical structures of a polymer incorporating a chromophore for imaging upon irradiation at 808 nm (P1) or a photosensitizer for PDT upon irradiation at 650 nm (P2). b) Self-assembly of the polymers into the nanoparticles NP1 and NP2. The theranostic nanoparticle formulation Comp-NPs is generated by mixing NP1 and NP2. c) Biological mechanism of action of Comp-NPs by combined photodynamic therapy and immunotherapy. Credit:

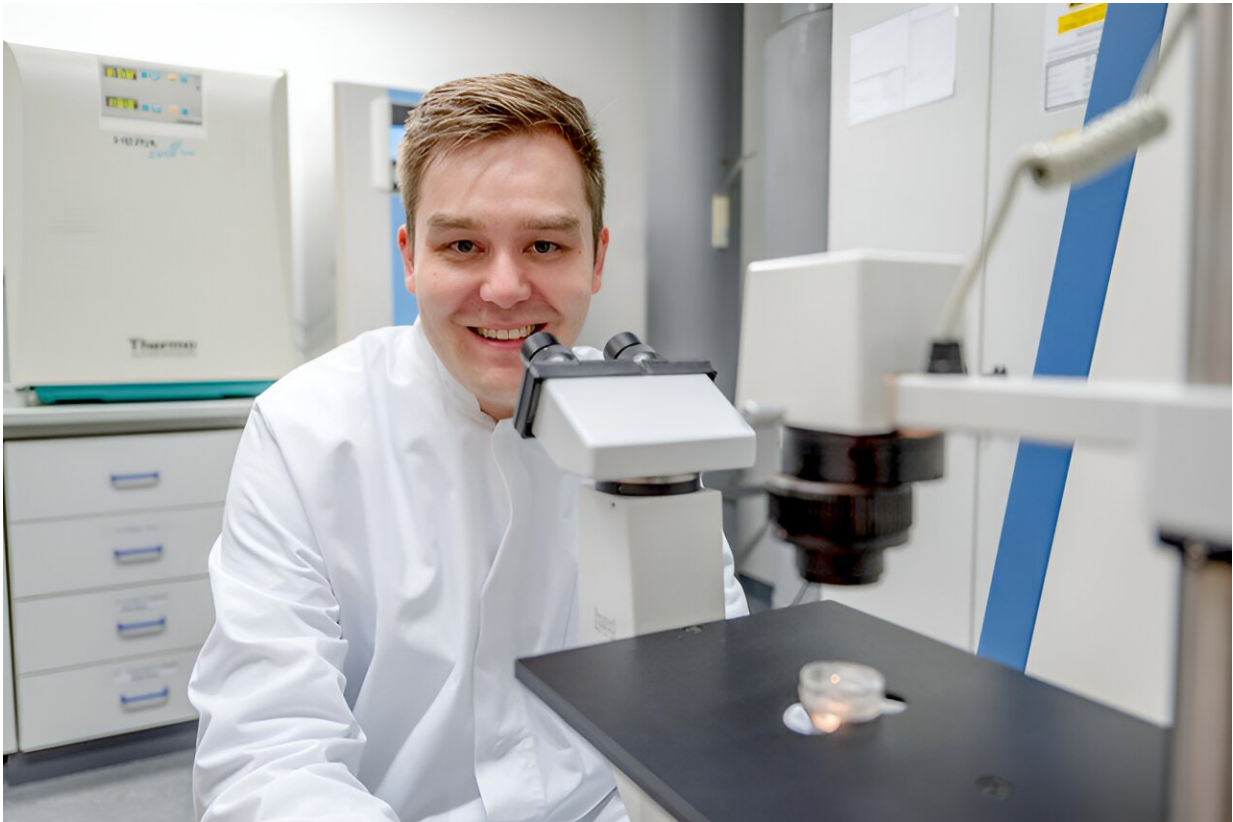
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A new nanocomplex renders a tumor harmless—and, on top of that, it trains the immune system to detect and eliminate metastases.

An international research team headed by Dr. Johannes Karges of the Faculty of Chemistry and Biochemistry at Ruhr University Bochum, Germany, has developed nanoparticles that accumulate in [cancer cells](#) and eliminate them after being photoactivated. In addition, they label them in such a way that immune cells learn to eliminate similar cells throughout the body. This means that even undetected metastases can be treated. The researchers presented their findings in the journal *Nature Communications*.

The malicious nature of cancers means that they spread throughout the body: cells from the primary tumor grow into surrounding tissue and travel through the bloodstream and [lymphatic system](#) to distant organs, where they form secondary metastatic tumors. "While we now have effective methods to combat primary tumors, metastases are still very difficult to treat," explains Johannes Karges. "Ninety percent of people who die from cancer die from metastases and tumor regression, not from the [primary tumor](#)."

Together with an international team, he's developed a drug packaged in nanoparticles that are administered into the bloodstream. "Tumors grow rapidly and uncontrollably, and their tissue is therefore leaky," he describes. "Unlike in healthy tissues, the nanoparticles therefore accumulate in them easily." This also means that the particles preferentially accumulate in tumor cells.



A team around Johannes Karges has developed nanoparticles that accumulate in cancer cells and eliminate them after being photoactivated. Credit: RUB, Marquard

Step one: Treating a known tumor

At the time of administration, the drug is still ineffective. It only takes effect when activated with light. If there are sufficient nanoparticles in a detected tumor, they can be activated by irradiation with light, for example during surgery. After this [energy supply](#), the active species ensures that immunogenic cell death occurs: the [tumor cells](#) containing the photoactivated nanoparticles are eliminated, and the tumor treated by this method disappears.

Step two: Sending immune cells on a search

But that's not all. The [nanoparticles](#) and their light-induced effect cause massive oxidative stress in the endoplasmic reticulum of the cells of the treated tumor. "This alerts the body's own [immune system](#)," explains Karges.

"The [immune cells](#) recognize that something is going completely wrong in cells of this type, and that such cells therefore need to be eliminated." This applies not only to the cells of the photo-treated [tumor](#) itself, but to all cells of the same kind throughout the body. "Accordingly, the immune system starts looking for further metastases and renders them harmless," says Karges.

The research team proved this active principle in experiments on cancer cells and in animal models. They applied it to effectively treat mice that had been implanted with cells from metastasized and incurable human tumors.

"Now, we're looking for industrial partners who will help us undertake more in-depth studies," says Karges. He expects that several more years of development work will be needed before the technology can be widely used in clinical applications.

More information: Huiling Zhou et al, Theranostic imaging and multimodal photodynamic therapy and immunotherapy using the mTOR signaling pathway, *Nature Communications* (2023). [DOI: 10.1038/s41467-023-40826-5](https://doi.org/10.1038/s41467-023-40826-5)

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