

American explorer says he thought he would die during an 11-day ordeal in a Turkish cave

September 14 2023, by Andrew Wilks



American researcher Mark Dickey is carried in a stretcher after being pulled out of Morca cave near Anamur, south Turkey, on early Tuesday, Sept. 12, 2023, more than a week after he became seriously ill 1,000 meters (more than 3,000 feet) below its entrance. Teams from across Europe had rushed to Morca cave in southern Turkey's Taurus Mountains to aid Dickey, a 40-year-old experienced caver who became seriously ill on Sept. 2 with stomach bleeding. Credit: Mert Gokhan Koc/Dia Images via AP

An American researcher who spent 11 days stuck in a Turkish cave after falling ill said Thursday that he thought he would die there before a complex international rescue operation got him out.

Mark Dickey, 40, appeared relaxed as he spoke to reporters at a hospital in Mersin, southern Turkey, where he is recovering from his ordeal.

Asked if he ever gave up hope while trapped 1,000 meters (more than 3,000 feet) underground, Dickey replied, "No. But there's a difference between accurately recognizing your current risk against giving up.

"You don't let things become hopeless, but you recognize the fact that 'I'm going to die.'"

Dickey fell ill on Sept. 2 with stomach bleeding while mapping the Morca [cave](#) in southern Turkey's Taurus Mountains. He vomited blood and had lost large amounts of it and other fluids by the time [rescuers brought him](#) to the surface on Tuesday.

What caused his condition, which rendered him too frail to climb out of the cave on his own, remained unclear.

Dressed in a blue T-shirt and with an IV line plug attached to his hand, the experienced caver from Croton-on-Hudson, New York, thanked the Turkish government for acting "quickly, decisively" to get the medical supplies needed to sustain him down into the cave.



American researcher Mark Dickey, center, talks to journalists after being pulled out of Morca cave near Anamur, south Turkey, on early Tuesday, Sept. 12, 2023, more than a week after he became seriously ill 1,000 meters (more than 3,000 feet) below its entrance. Teams from across Europe had rushed to Morca cave in southern Turkey's Taurus Mountains to aid Dickey, a 40-year-old experienced caver who became seriously ill on Sept. 2 with stomach bleeding. Credit: Mert Gokhan Koc/Dia Images via AP

He also praised the international effort to save him. Teams from Turkey and several European countries mounted a challenging operation that involved pulling him up the cave's steep vertical sections and navigating through mud and cold water in the horizontal ones.

Rescuers had to widen some of the cave's narrow passages, install ropes

to pull him up shafts on a stretcher and set up temporary camps along the way before the operation could begin. Medical personnel treated and monitored Dickey as teams comprised of a doctor and three to four other rescuers took turns staying by his side at all times.

"This honestly was an amazing rescue," Dickey, who also is an experienced underground rescuer, said. "This was an amazing example of international collaboration, of what we can do together as a country, as a world."

Commenting on the "insane" public focus on his rescue, he added, "I really am blessed to be alive. It's been a tough time. While I was trapped underground—I was trapped for 11 days—I learned that I had a nation watching, hoping, praying that I would survive: Turkey."



Rescuers pulled an American researcher Mark Dickey out of Morca cave near Anamur, south Turkey, on early Tuesday, Sept. 12, 2023, more than a week after he became seriously ill 1,000 meters (more than 3,000 feet) below its entrance. Teams from across Europe had rushed to Morca cave in southern Turkey's Taurus Mountains to aid Dickey, a 40-year-old experienced caver who became seriously ill on Sept. 2 with stomach bleeding. Credit: Mert Gokhan Koc/Dia Images via AP

In a later interview with ABC's "Good Morning America" show, Dickey recalled the moment he cleared the cave's entrance. "I was happy to get to the surface and see those stars and smell the fresh air. That was a good moment," he said.

He also paid tribute to fiancée Jessica Van Ord, who accompanied him on the expedition and left to obtain [medical products](#) that could be administered in the cave. "She made the climb out, she made the climb back in with the [medical supplies](#)," Dickey told the broadcaster. "The second she came into that cave camp at a thousand meters with four bags worth of fluid, that was a game changer.

"She saved my life, period," he continued. "She is one hell of a woman, one hell of a caver, one hell of a rescuer, one hell of a paramedic. She's awesome."

Dickey will continue his recovery at Mersin City Hospital. Laughing and joking during his brief media conference on Thursday, he said he would "definitely" continue to explore caves.



American researcher Mark Dickey is carried in a stretcher after being pulled out of Morca cave near Anamur, south Turkey, on early Tuesday, Sept. 12, 2023, more than a week after he became seriously ill 1,000 meters (more than 3,000 feet) below its entrance. Teams from across Europe had rushed to Morca cave in southern Turkey's Taurus Mountains to aid Dickey, a 40-year-old experienced caver who became seriously ill on Sept. 2 with stomach bleeding. Credit: Mert Gokhan Koc/Dia Images via AP



Rescuers pull American researcher Mark Dickey out of Morca cave near Anamur, south Turkey, on early Tuesday, Sept. 12, 2023. Teams from across Europe had rushed to Morca cave in southern Turkey's Taurus Mountains to aid Dickey, a 40-year-old experienced caver who became seriously ill on Sept. 2 with stomach bleeding. Credit: Suleyman Cenk Idaye/IHA via AP

"There's risk in all life and in this case, the [medical emergency](#) that occurred was completely unpredicted and unknown, and it was a one-off," he said, adding that he "would love to" return to Morca cave, Turkey's third deepest, to complete his task.

Around 190 people from Bulgaria, Croatia, Hungary, Italy, Poland and Turkey took part in the rescue, including doctors, paramedics and experienced cavers.

The Italian National Alpine and Speleological Corps said the rescue operation took more than 100 rescuers from around 10 counties a total of 60 hours and that Dickey was in the cave for roughly 500 hours.

© 2023 The Associated Press. All rights reserved. This material may not be published, broadcast, rewritten or redistributed without permission.

Citation: American explorer says he thought he would die during an 11-day ordeal in a Turkish cave (2023, September 14) retrieved 11 May 2024 from <https://phys.org/news/2023-09-american-explorer-thought-die-day.html>

| |
|--|
| <p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p> |
|--|