

# Discarded plastic blights Honduran mangrove island

August 4 2023, by Noe LEIVA

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Volunteers pull discarded plastic waste from a mangrove island in the Gulf of Fonseca, waters shared by Honduras, El Salvador and Nicaragua.

A heron chick flutters clumsily after hatching in a nest on a mangrove island littered with plastic waste in the Gulf of Fonseca, along the

Pacific Coast of Central America.

The air fills with shrieks of other seabirds also nesting on Los Pajaros Island, in the San Lorenzo Wildlife Reserve, set amid [turquoise waters](#) shared by Honduras, El Salvador and Nicaragua.

Thousands of herons, gulls, pelicans, frigate birds, roseate spoonbills and other seabirds dwell in the tangle of branches on this 6.2 acre (2.5 hectare) island.

But they share it these days with unwanted mounds of plastic bottles, tangles of fish netting and other discarded trash washed up on its shores.

Residents in inland cities often throw their [plastic waste](#) into rivers that empty into the Gulf of Fonseca, despoiling the once-pristine habitat.

A dozen or so islands and keys dot the gulf, a 1,200 square mile (3,100 [square kilometer](#)) area that is fed by five major rivers from the three neighboring countries. Border disputes over rights to the gulf and its islands once roiled the countries but those disputes have quieted down.

## **Cleanup time arrives**

Instead, efforts to clean up the gulf's islands and keys are now underway.



A dead bird decomposes on Los Pajaros Island, in San Lorenzo Bay in the Gulf of Fonseca.

An activist group, the Committee for the Defense and Development of the Flora and Fauna of the Gulf of Fonseca, has joined forces with the Forest Conservation Institute of Honduras (ICF) and municipalities along the coast to conduct cleanups.

One recent day, a mission takes some 20 volunteers and [government workers](#) to Los Pajaros Island, where they plunge into the thickets of mangroves, filling sacks with endless plastic waste and discarded bottles.

"These solid wastes... take years to decompose," Helen Castillo of ICF tells AFP.



A heron chick emerges from its shell in a nest surrounded by plastic waste on Los Pajaros Island.

The gulf hosts "five of the seven species of mangrove that exist worldwide, so that is a target of our conservation," environmentalist Carlos Zorto of the activist group tells AFP.

The Gulf of Fonseca provides key nesting sites for migrating birds as well as habitat for crabs, mollusks, iguanas and fish, such as snook and snapper.



Volunteers load a boat with waste found on a seabird nesting island in the Gulf of Fonseca.

### **'The ones hit hardest'**

Much of the garbage comes from cities and towns in central and southern Honduras, carried down river to the [gulf](#), Castillo explains.

"We have seen [sea turtles](#) with nostrils blocked by plastic forks and [plastic](#) spoons, which can cause their death," she says.

The head of the cleanup effort for the activist group, Adan Rivas, says participants try to get those living along the coastline to help.

"We are the ones hit hardest" by environmental degradation, Rivas told AFP. "In the case of Honduras, we are seeing droughts, flooding... and the disappearance of some species."

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Citation: Discarded plastic blights Honduran mangrove island (2023, August 4) retrieved 2 May 2024 from <https://phys.org/news/2023-08-discarded-plastic-blights-honduran-mangrove.html>

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