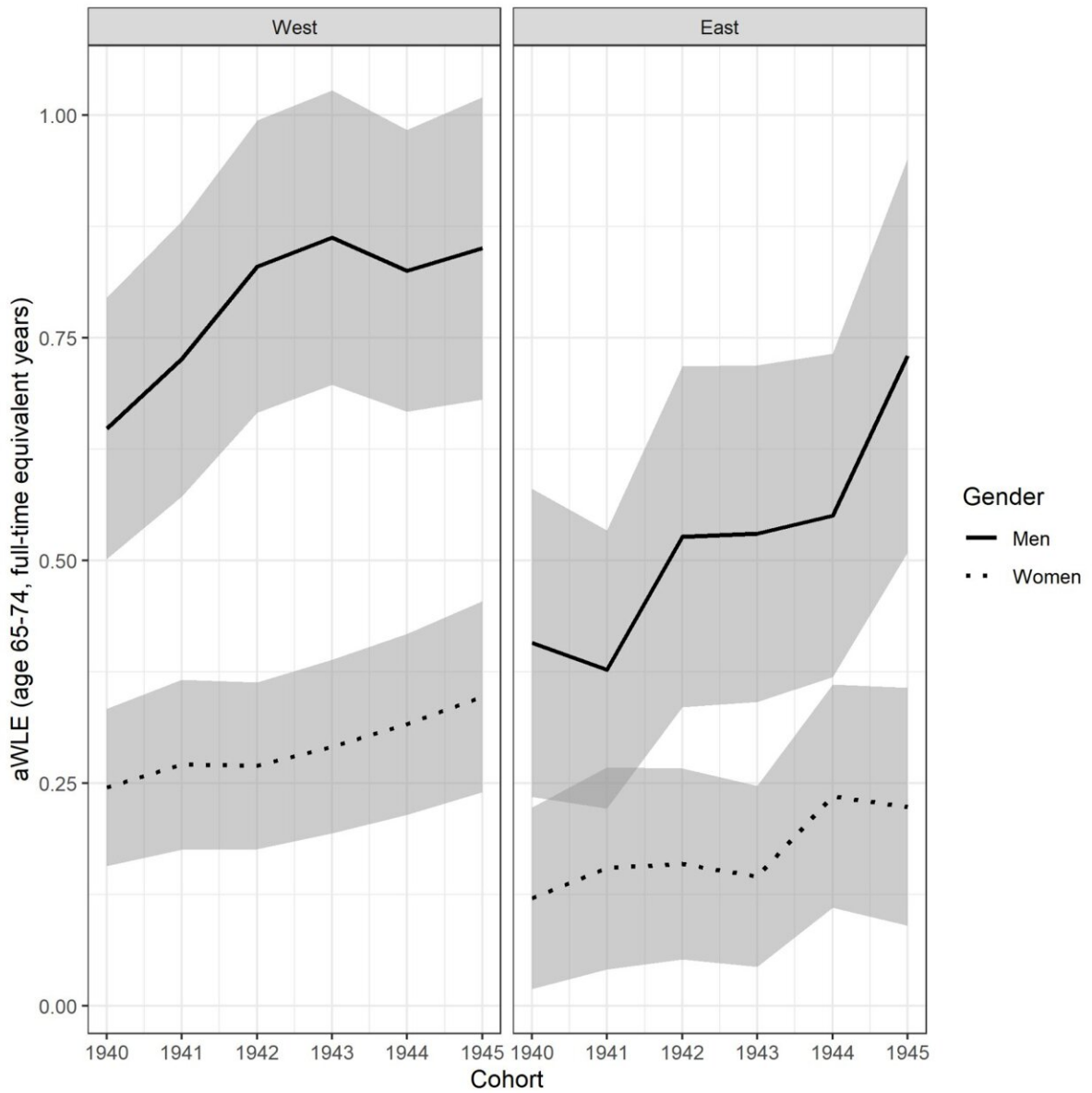


Work life is getting longer in Germany, but there are big differences

July 19 2023, by Silvia Leek



Adjusted working life expectancy during ages 65 to 74 in Germany by birth cohort (1940-1945), region (western/ eastern Germany) and gender. 95% confidence intervals shown as gray ribbons, with overlapping confidence intervals shown in a darker shade. Source: Microcensus, own calculations. Credit: *Demography* (2023). DOI: 10.1215/00703370-10850040

Can extending work lives be a solution to the future problems of an aging society? If everyone works longer and retires later, the number of people paying into the pension system will increase. Little is known about work life in Germany.

Researchers at the Max Planck Institute for Demographic Research (MPIDR) in Rostock and the Federal Institute for Population Research have now conducted a study to examine how the length of [work life](#) in Germany has changed and what influence the numerous [labor market](#) and pension reforms of recent decades have had.

The research team, led by Christian Dudel, Deputy Head of Labor Demography (MPIDR), analyzed data from the German Microcensus. "Since 2002, there have been several policy measures and reforms in Germany aimed at extending work lives. These measures are usually designed for people with a high degree of integration in the labor market, i.e. people with a high income and a long and stable employment record. We asked ourselves whether this can work at all, or whether it has worked so far," says Dr. Dudel, explaining the motivation for the study.

The study looked at birth cohorts from 1941 to 1955 and working ages from 55 to 64. The period from 1996 to 2019 was considered in eastern and western Germany. The analysis was carried out according to gender, level of education and professional qualification.

Work life is getting longer

One positive finding is that the length of work life in Germany is increasing across all cohorts in all educational levels and occupational fields—for both men and women. However, there are significant differences in the length of work life. Highly educated West German men have the longest work lives.

On average, they work three times as long as women with low educational attainment in eastern Germany. Nevertheless, East German women as a whole have a longer work life than women in West Germany. This is partly due to the different histories of eastern and western Germany.

"One reason for the longer work lives is that older workers are staying longer in the labor market, which has remained more or less stable in Germany in recent years. But among people with very low levels of education and in low-skilled occupations, participation rates are rising only very slowly," Dudel explains.

People on low incomes are at a disadvantage

In the past, before the recent labor market reforms, the focus was on making early retirement more attractive. It was less about preventing people from being forced out of the labor market in old age. "The challenge for the future will be to initiate policies that enable people to work longer without increasing inequalities between different groups of workers," said Dudel. In particular, people with low educational attainment will be at a severe disadvantage.

"The [baby boomers](#) will soon reach retirement age. The impact on the labor market could possibly be mitigated by the fact that those born after

1955 are increasingly better educated and could therefore potentially work longer. Nevertheless, forecasts from other countries show that the increase in work life could soon stagnate," says the Rostock researcher.

The work is published in the journal *Demography*.

More information: Christian Dudel et al, The Extension of Late Working Life in Germany: Trends, Inequalities, and the East–West Divide, *Demography* (2023). [DOI: 10.1215/00703370-10850040](https://doi.org/10.1215/00703370-10850040)

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