

A simplified method to assess the synchronization properties of the body clock

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Amplitude dependency of PRCs at the cellular and population levels. **a** Models of circadian rhythm and phase response at the cellular and population levels. **b** Mathematical models for PRC at the single cell and population levels. **c** Mathematical models for amplitude response curve at the single cell and population levels. PRCs for forskolin, PMA, and NaHCO₃ at the single cell (**d**) and population levels (**e**). At the population level, one sample contains five cells, which are randomly selected. Concentrations of forskolin, PMA, and NaHCO₃ were 0.75 μ M, 2 μ M, and 77.75 mM for single-cell PRCs and 0.5 μ M, 1 μ M and 66.5 mM for population PRCs, respectively. In single-cellular PRCs, an amplitude of *A* > 0.6 was defined as high amplitude, while *A* 0.8 was defined as synchronized, while *R*



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