

Video: Some sugar-free gummy bears are laxatives

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Credit: The American Chemical Society

Sugar-free gummies are delicious, low on calories and ... technically laxatives?

After some Amazon reviews of a major brand's sugar-free gummy bears went viral for all the wrong reasons, the product was discontinued entirely.

Reactions producer Andrew dives into the science to figure out how he can make delicious, sugar-free gummies without the uncomfortable side effects.

Provided by American Chemical Society

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