

Video: Why does salt change the taste of everything?

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Credit: The American Chemical Society

If your coffee is too bitter, add a pinch of salt. If your salad isn't sour enough, add a pinch of salt. If your beer is too bitter, add a pinch of salt.

Salt has the seemingly magical ability to enhance good flavors and dampen bad ones.

How does it do that???

Provided by American Chemical Society

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