

More than superfood: Researchers study use of duckweed

September 29 2022



Graphical abstract. Credit: *Science of The Total Environment* (2022). DOI: 10.1016/j.scitotenv.2022.155909

In Asia, duckweed has been used as a food for a long time. The research group CritMET: Critical Metals for Enabling Technologies at Jacobs University Bremen recently discovered that duckweed is not only rich in nutrients, it also stores rare earths to a particularly high degree.

Anna-Lena Zocher and the CritMET research group led by Professor Michael Bau recently published their results in *Science of the Total Environment*.



"When duckweed takes up rare earths from water, trace elements follow the element manganese and not the element calcium, as they usually do. This indicates a very different uptake mechanism in the plant," said Zocher, who is working on the topic as part of her doctoral thesis.

Some <u>terrestrial plants</u> and fungi are known to accumulate certain <u>trace</u> <u>elements</u>, in extreme cases this is called "hyperaccumulation". "Our surprising research result thus not only has a purely scientific value for basic research but also opens up potential applications. As hyperaccumulators of rare earths, duckweed could, for example, be used in the vicinity of mining dumps to clean contaminated mining waters," Bau said.

Duckweed is not only considered an important animal feed, but is also being discussed as a future "superfood" for human nutrition by experts. It contains about seven times as much protein as soy and is rich in omega-3 fatty acids—therefore, it is also called "eggs of water" in Thailand. Another positive aspect is, as an <u>aquatic plant</u>, it does not occupy valuable farmland.

There is no risk of pollutants entering the <u>food chain</u> via the rare earths—such as the element gadolinium, which is also used in MRI contrast media. Although the contrast agents now occur as micropollutants in rivers, groundwater and tap water worldwide, they do not enter duckweed. The <u>aquatic plants</u>, the CritMET group found, apparently are picky—they take up the natural <u>rare earths</u> but leave the contrast agent gadolinium in the water.

The research follows upon earlier work published in *Applied Geochemistry* in 2021

More information: Anna-Lena Zocher et al, Naturally grown duckweeds as quasi-hyperaccumulators of rare earth elements and



yttrium in aquatic systems and the biounavailability of gadolinium-based MRI contrast agents, *Science of The Total Environment* (2022). DOI: 10.1016/j.scitotenv.2022.155909

Anna-Lena Zocher et al, Assessing the bioavailability of dissolved rare earths and other trace elements: Digestion experiments with aquatic plant species Lemna minor ("duckweed" reference standard BCR-670), *Applied Geochemistry* (2021). DOI: 10.1016/j.apgeochem.2021.105025

Provided by Jacobs University Bremen gGmbH

Citation: More than superfood: Researchers study use of duckweed (2022, September 29) retrieved 26 April 2024 from <u>https://phys.org/news/2022-09-superfood-duckweed.html</u>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.