

Long-term relationship with owner reduces horses' stress reactions in new situations

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Océane Liehrmann guides a horse to a soft, unfamiliar surface, on which this horse has never walked on. Credit: Veera Riihonen

A new study, published in *Applied Animal Behaviour Science*, shows that horses can be more reluctant in new situations if they have multiple riders, have had several owners or the horse has been with its current owner only for a short period of time. The results of the international research group that studied the interaction between horses and humans also indicate that it takes time to build a good interactive relationship with a horse.

Horses have been living with humans for thousands of years. Following this long co-evolution, horses today demonstrate impressive social skills during their interactions with humans: they are receptive to [human emotions](#) and are very good at understanding human demands.

"Domestic horses may spend several hours daily in close contact with humans, which can affect horse welfare, physiology, and behavior. Therefore, it is important to understand which factors can influence the horses' emotions during interactions with humans and what shapes their relationship—particularly in novel situations that can be very stressful to the animals," says the lead author of the study, Doctoral Researcher Océane Liehrmann from the Department of Biology at the University of Turku, Finland.

An international research team from the University of Turku and the University of Helsinki in Finland, and the INRAE of Nouzilly in France, studied interaction between horses and humans as well as how horses react in new situations. The researchers recruited 76 privately owned leisure horses from the Turku area (Finland) to perform two behavioral tests.

In these tests, the researchers observed and analyzed the horses' reactions to novel objects. In addition, the researchers studied whether the horse reacted differently when it faces the new object with a familiar owner or with a stranger, i.e. the researcher.

In the research situation, the horses were led to walk on two surfaces that were new to them, a white tarp, and a fluffy blanket. They were led to one of the surfaces by their owner and to the other one by an unfamiliar researcher. Second, the horses were presented with a fluffy stuffed toy either by their owner or by an unfamiliar researcher. The horse had one minute to freely come and interact with the toy and then the person approached the horse and tried to touch its neck with the toy.

"Interestingly, horses with an exclusive relationship with their owner were the calmest when approaching the novel surfaces and easily agreed to be touched with the toy. Horses that are regularly ridden or trained by different persons showed more stress behaviors in the test situations," says Océane Liehrmann.



Océane Liehrmann observes the horse's reaction when it is touched with an unfamiliar stuffed toy. Credit: Veera Riihonen

Horses that had spent their whole life with their owner agreed more often to be touched with the new toy than horses that had had several [owners](#) during their life. These horses presented more stress behaviors and refused more often to be touched with the toy.

"Horses often have to change ownership, which restricts their ability to make a long-term bond with specific humans. We were particularly interested in studying how the length of the relationship between the horse and the owner affects the horse's behavior in new, potentially [stressful situations](#)," says Océane Liehrmann.

The results showed that horses with shorter relationships with their owner were more reluctant in novel situations and presented more stress behaviors when asked to interact with novel objects and surfaces. On the contrary, horses that had at least six to eight years of relationship with their owner, were mostly very calm when introduced to the surfaces or the stuffed toy.

Horses older than 17 years old refused more often to step on the tarp or the blanket when they were led by a stranger, while they almost all agreed to do it when they were led by their owner.

"Geriatric horses often suffer from poorer eyesight, and it has been shown that they may feel more anxiety towards new situations than younger horses. Therefore, older [horses](#) may perceive someone familiar as a secure base, feeling safer to walk over an unknown material when

led by a familiar person."

The study shows that having a shorter relationship with the owner, multiple handlers and numerous owner-changes can increase the horse's reluctance to novel objects and surfaces and therefore may negatively impact the horse-human interactions in new situations.

"Our findings suggest that a positive horse-human relationship may take time to develop as it is shaped by multiple factors, such as the horse's previous interactions with humans. Overall, the results show that animals' relationships with their human caretakers should be better considered in animal welfare and its research," Liehrmann concludes.

More information: Océane Liehrmann et al, Multiple handlers, several owner changes and short relationship lengths affect horses' responses to novel object tests, *Applied Animal Behaviour Science* (2022). [DOI: 10.1016/j.applanim.2022.105709](https://doi.org/10.1016/j.applanim.2022.105709)

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