

Measuring currents in the heart at millimeter resolution with a diamond quantum sensor

August 23 2022





Magnetocardiography based on a solid-state quantum sensor. a Schematic of the rat magnetocardiography (MCG) setup. A living rat's heart remains approximately one millimeter below a diamond chip containing an ensemble of nitrogen-vacancy (NV) centers. The rat is scanned automatically along the XYaxes for magnetic field mapping and manually along the Z-axis for height adjustment. An electrocardiography (ECG) signal is monitored through ECG profilers concurrently with the MCG. The NV centers are excited by a 2.0 W green laser light. This excitation entails spin-state-dependent fluorescence collected by an aspheric condenser lens. b NV center energy level diagram. The $m_s = \pm 1$ ground states are split by a bias magnetic field and mixed by microwaves resonant with the NV transition frequencies. Each of the ground states are further split by hyperfine interactions with the host ¹⁴N nuclear spin. c Enlarged view of the heart and diamond. Electric currents flowing through the heart generate a circulating field (blue arrows). The NV centers (red arrows) along the [111] orientation are sensitive to the Z-component of the magnetic field. d Magnetometry principle. The time-varying cardiac magnetic field (blue), which shifts the NV transition frequency, is converted to a change in the lock-indemodulated fluorescence signal (red). Five peaks are observed in the lock-in optically detected magnetic resonance (ODMR) spectrum because three hyperfine transition frequencies are excited with three-tone microwaves. e Magnetic field sensitivity across the rat's heart signal frequency band of DC ~200 Hz. The black dashed line indicates 140 pT $Hz^{-1/2}$. Credit: *Communications* Physics (2022). DOI: 10.1038/s42005-022-00978-0

Heart problems, such as tachycardia and fibrillation, arise mainly from imperfections in the way electric currents propagate through the heart. Unfortunately, it is difficult for doctors to study these imperfections since measuring these currents involves highly invasive procedures and exposure to X-ray radiation.

However, there are other options. For instance, magnetocardiography (MCG) is a promising alternative approach to indirectly measure heart currents. The technique involves sensing minute changes in <u>magnetic</u>



field near the heart caused by cardiac currents, which can be done in a completely contactless manner. To this end, various types of quantum sensors suitable for this purpose have been developed. However, their spatial resolution is limited to centimeter scales: not good enough to detect cardiac currents that propagate at millimeter scales. Moreover, each of these sensors has a fair share of its practical limitations, such as size and operating temperature.

In a recent study published in *Communications Physics*, a team of scientists led by Associate Professor Takayuki Iwasaki of Tokyo Institute of Technology (Tokyo Tech), Japan, have now developed a novel setup to perform MCG at higher resolutions. Their approach is based on a diamond quantum sensor comprising nitrogen vacancies, which act as special magnetic "centers" that are sensitive to the weak magnetic fields produced by heart currents.

But how does one observe the state of these centers to extract information about the cardiac currents? It turns out that the sensor is also fluorescent, which means that it easily absorbs light at specific frequencies and then re-emits them at different frequencies. Most importantly, the intensity of the light re-emitted at the nitrogen vacancies changes depending on the intensity and direction of the external magnetic field.

The research team created an MCG setup using a 532 nm (green) laser to excite the diamond sensor and a photodiode to capture the re-emitted photons (light particles). They also developed mathematical models to accurately map these captured photons with the corresponding magnetic fields and, in turn, with the cardiac currents responsible for them.

With an unprecedented <u>spatial resolution</u> of 5.1 mm, the proposed system could create detailed two-dimensional maps of the cardiac currents measured in the hearts of laboratory rats. Additionally, the



diamond sensor could operate at <u>room temperature</u>, unlike other wellestablished MCG sensors that require cryogenic temperatures. This enabled the researchers to position their sensor extremely close to the heart tissue, which amplified the measured signals. "The advantages of our contactless sensor combined with our <u>current models</u> will allow for more precise observations of cardiac imperfections using small mammalian model animals," highlights Dr. Iwasaki.

Overall, the MCG setup developed in this study appears to be a promising tool for understanding many <u>heart problems</u> as well as other bodily processes involving <u>electric currents</u>. In this regard, Dr. Iwasaki remarks: "Our technique will enable the study of the origin and progression of various cardiac arrhythmias, as well as other biological current-driven phenomena."

More information: Keigo Arai et al, Millimetre-scale magnetocardiography of living rats with thoracotomy, *Communications Physics* (2022). DOI: 10.1038/s42005-022-00978-0

Provided by Tokyo Institute of Technology

Citation: Measuring currents in the heart at millimeter resolution with a diamond quantum sensor (2022, August 23) retrieved 23 May 2024 from <u>https://phys.org/news/2022-08-currents-heart-millimeter-resolution-diamond.html</u>

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