

# Bird behavior influenced by human activity during COVID-19 lockdowns

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Great blue herons. Credit: Holly Hauser

For humans, the early days of the COVID-19 pandemic were a stressful time, marked by fear, isolation, canceled plans and uncertainty. But for birds that inhabit developed areas of the Pacific Northwest, the

reduction in noise and commotion from pandemic lockdowns may have allowed them to use a wider range of habitats in cities.

A new University of Washington study led by Olivia Sanderfoot reports that many birds were just as likely to be found in highly developed [urban areas](#) as they were in less-developed [green spaces](#) during the peak of the COVID-19 lockdowns. The paper was published Aug. 11 in the journal *Scientific Reports*.

"Our findings suggest that some birds may have been able to use more spaces in cities because our human footprint was a little lighter," said Sanderfoot, who completed the study as a doctoral researcher in the UW School of Environmental and Forest Sciences and is now a postdoctoral scholar in the Department of Ecology and Evolutionary Biology at the University of California, Los Angeles.

"For about half of the species we observed, neither [land use](#) nor canopy cover had an effect on their site use. That's very interesting, because we would expect that whether a habitat was mostly covered in concrete or vegetation would tell you something about what birds would be there," Sanderfoot said.

In the spring of 2020, Sanderfoot and colleagues recruited more than 900 community scientists in the Pacific Northwest to participate in the study. The [volunteers](#) chose their own monitoring sites—mostly backyards and parks where they could safely comply with public health orders—and recorded the birds they observed over a 10-minute period at least once a week. This community science approach allowed the researchers to gather data despite the lockdowns and gave many volunteers a welcomed distraction from the stresses of the pandemic.



Downy woodpecker feeding its chick. Credit: Holly Hauser

"I am loving being a part of this!" said Nadine Santo Pietro, a study volunteer, in a written comment as part of the project. "I signed up to observe once a week for 10 minutes but it has become so much more than that. ... I am learning so much! And it's given me something positive to focus on during this strange time we are in right now."

Among the 35 species that showed the strongest changes in behavior were some of the Pacific Northwest's most iconic, including black-capped chickadees, great blue herons, downy woodpeckers and Wilson's warblers. The researchers focused on 46 bird species overall, which were observed by the study volunteers during more than 6,000 individual surveys.

In order to compare the volunteers' bird observations to human activity, Sanderfoot and her colleagues used data from Google's Community Mobility Reports, which track the relative amount that people moved around at various points during the pandemic. While most people spent spring of 2020 isolated in their homes, many began venturing out again over the course of the study period.



A fledgling black capped chickadee. Credit: Holly Hauser



A house finch feeds its fledgling. Credit: Holly Hauser



A Northern flicker. Credit: Holly Hauser

As people returned to [public spaces](#) and human activity increased, the study volunteers recorded an increase in sightings of several [bird species](#). Because they were mostly monitoring in parks and backyards, which tend to be more heavily vegetated, provide more canopy cover and offer

more resources for birds than other areas in cities, this could indicate that these green spaces are an important refuge for urban birds.

"The [birds](#) may have been elsewhere at the height of the lockdowns, because [human activity](#) wasn't as much of a disturbance, but then returned to those vegetated areas as the activity increased again," Sanderfoot said. "This could tell us how important it is to build green spaces into our cities. That's the biggest takeaway for me."

Other co-authors are Joel Kaufman, a professor in the UW Department of Environmental and Occupational Health Sciences, and Beth Gardner, an associate professor in the UW School of Environmental and Forest Sciences.

**More information:** Drivers of avian habitat use and detection of backyard birds in the Pacific Northwest during COVID-19 pandemic lockdowns, *Scientific Reports* (2022). DOI: 10.1038/s41598-022-16406-w , [www.nature.com/articles/s41598-022-16406-w](https://www.nature.com/articles/s41598-022-16406-w)

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