

Solar energy explains fast yearly retreat of Antarctica's sea ice

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A research vessel in Antarctica on June 3, 2017, the first day researchers saw the sun rise above the horizon after weeks of polar darkness. New research shows that solar radiation drives the relatively fast annual retreat of sea ice around Antarctica at the end of each calendar year. Credit: Ben Adkison

In the Southern Hemisphere, the ice cover around Antarctica gradually

expands from March to October each year. During this time the total ice area increases by 6 times to become larger than Russia. The sea ice then retreats at a faster pace, most dramatically around December, when Antarctica experiences constant daylight.

New research led by the University of Washington explains why the ice retreats so quickly: Unlike other aspects of its behavior, Antarctic sea ice is just following simple rules of physics.

The study was published March 28 in *Nature Geoscience*.

"In spite of the puzzling longer-term trends and the large year-to-year variations in Antarctic sea ice, the seasonal cycle is really consistent, always showing this fast retreat relative to slow growth," said lead author Lettie Roach, who conducted the study as a postdoctoral researcher at the UW and is now research scientist at NASA and Columbia University. "Given how complex our [climate system](#) is, I was surprised that the rapid seasonal retreat of Antarctic sea ice could be explained with such a simple mechanism."

Previous studies explored whether wind patterns or warm ocean waters might be responsible for the asymmetry in Antarctica's seasonal sea ice cycle. But the new study shows that, just like a hot summer day reaches its maximum sizzling conditions in late afternoon, an Antarctic summer hits peak melting power in midsummer, accelerating warming and sea ice loss, with slower changes in temperature and sea ice when solar input is low during the rest of the year.

The researchers investigated [global climate models](#) and found they reproduced the quicker retreat of Antarctic sea ice. They then built a simple physics-based model to show that the reason is the seasonal pattern of incoming solar radiation.

At the North Pole, Arctic [ice cover](#) has gradually decreased since the 1970s with global warming. Antarctic ice cover, however, has seesawed over recent decades. Researchers are still working to understand sea ice around the South Pole and better represent it in [climate models](#).

"I think because we usually expect Antarctic sea ice to be puzzling, previous studies assumed that the rapid seasonal retreat of Antarctic sea ice was also unexpected—in contrast to the Arctic, where the seasons of ice advance and retreat are more similar," Roach said. "Our results show that the seasonal cycle in Antarctic sea ice can be explained using very simple physics. In terms of the seasonal cycle, Antarctic sea ice is behaving as we should expect, and it is the Arctic [seasonal cycle](#) that is more mysterious."

The researchers are now exploring why Arctic sea ice doesn't follow this pattern, instead each year growing slightly faster over the Arctic Ocean than it retreats. Because Antarctica's geography is simple, with a polar continent surrounded by ocean, this aspect of its sea ice may be more straightforward, Roach said.

"We know the Southern Ocean plays an important role in Earth's climate. Being able to explain this key feature of Antarctic sea ice that standard textbooks have had wrong, and showing that the models are reproducing it correctly, is a step toward understanding this system and predicting future changes," said co-author Cecilia Bitz, a UW professor of atmospheric sciences.

Other co-authors are; Edward Blanchard-Wrigglesworth, a UW research assistant professor in atmospheric sciences; Ian Eisenman at Scripps Institution of Oceanography; and Till Wagner at the University of Wisconsin-Madison.

More information: Asymmetry in the seasonal cycle of Antarctic sea

ice driven by insolation, *Nature Geoscience* (2022). [DOI: 10.1038/s41561-022-00913-6](https://doi.org/10.1038/s41561-022-00913-6)

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