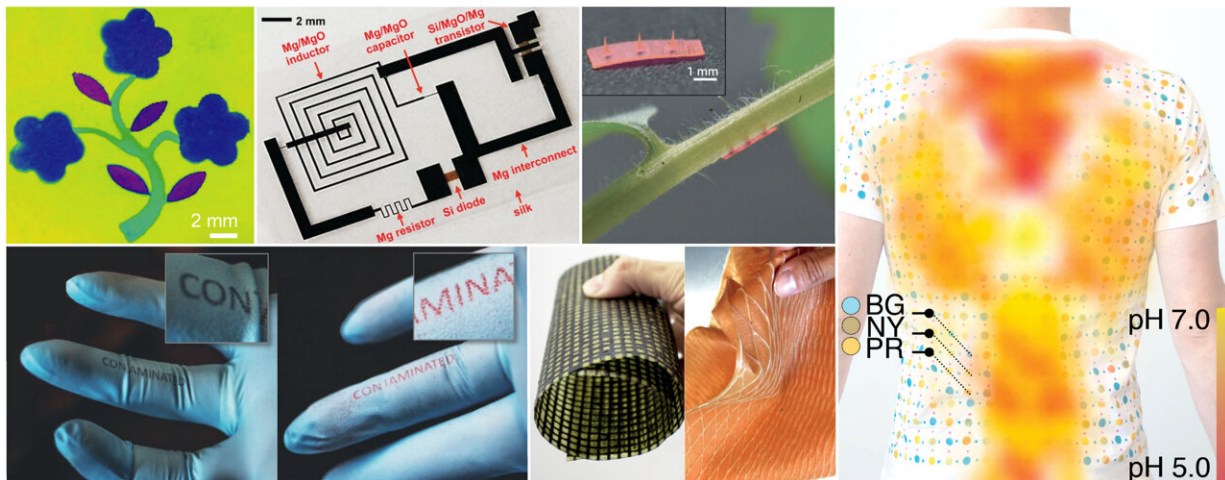


# Sustainable silk material for biomedical, optical, food supply applications

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Silk is used in nanopatterns, electronic devices, food sustainability, wearable sensors, bacterial contamination sensing, and additive manufacturing. Credit: Giulia Guidetti et al.

While silk is best known as a component in clothes and fabric, the material has plentiful uses, spanning biomedicine to environmental science. In *Applied Physics Reviews*, researchers from Tufts University discuss the properties of silk and recent and future applications of the

material.

Silk makes an important biomaterial, because it does not generate an immune response in humans and promotes the growth of cells. It has been used in drug delivery, and because the material is flexible and has favorable technological properties, it is ideal for wearable and implantable health monitoring sensors.

As an optically transparent and easily manipulated material at the nano- and microscale, [silk](#) is also useful in optics and electronics. It is used to develop diffractive optics, [photonic crystals](#), and waveguides, among other devices.

More recently, silk has come to the forefront of sustainability research. The material is made in nature and can be reprocessed from recycled or discarded clothing and other textiles. The use of silk coatings may also reduce [food waste](#), which is a significant component of the global carbon footprint.

"We are continuing to improve the integration between different disciplines," said author Giulia Guidetti. "For example, we can use silk as a biomedical device for [drug delivery](#) but also include an optical response in that same device. This same process could be used someday in the food supply chain. Imagine having a coating which preserves the food but also tells you when the [food](#) is spoiled."

Silk is versatile and often superior to more [traditional materials](#), because it can be easily chemically modified and tuned for certain properties or assembled into a specific form depending on its final use. However, controlling and optimizing these aspects depends on understanding the material's origin.

The bottom-up assembly of silk by silkworms has been studied for a long

time, but a full picture of its construction is still lacking. The team emphasized the importance of understanding these processes, because it could allow them to fabricate the material more effectively and with more control over the final function.

"One big challenge is that nature is very good at doing things, like making silk, but it covers an enormous dimensional parameter space," said author Fiorenzo Omenetto. "For technology, we want to make something with repeatability, which requires being able to control a process that has inherent variability and has been perfected over thousands of years."

The scientists hope to see more materials and devices use silk in the future, possibly as an integral component in sensors to obtain emergent data on humans and the environment.

**More information:** "Silk materials at the convergence of science, sustainability, healthcare, and technology" *Applied Physics Reviews* (2022). [aip.scitation.org/doi/full/10.1063/5.0060344](https://aip.scitation.org/doi/full/10.1063/5.0060344)

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