

Researchers pinpoint which bird species pose food safety risk to crops

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Farmers may be able to promote insect-eating species like this tree swallow by installing nest boxes without increasing food safety risks. Credit: Daniel Karp/UC Davis

Concerns over foodborne risk from birds may not be as severe as once thought by produce farmers, according to research from the University of California, Davis, that found low instances of E. coli and Salmonella prevalence.

While the research found that the risk is often low, it varies depending on species. Birds like starlings that flock in large numbers and forage on the ground near cattle are more likely to spread <u>pathogenic bacteria</u> to crops like lettuce, spinach and broccoli, according to the study of food safety risk and bird pathogens. In contrast, insect-eating species were less likely to carry pathogens.

The findings, published in the journal *Ecological Applications*, suggest that current practice of removing bird habitats around produce growers' farms over concerns the animals could bring foodborne pathogens into their fields may not solve the problem.

"Farmers are increasingly concerned that birds may be spreading foodborne diseases to their crops," said Daniel Karp, the senior author on the study and an assistant professor in the UC Davis Department of Wildlife, Fish and Conservation Biology. "Yet not all <u>bird species</u> are equally risky."

Only one foodborne disease outbreak in produce has been conclusively traced to birds: a Campylobacter outbreak in peas from Alaska. While the bacteria can cause diarrhea and other foodborne illness in humans, it's less of a concern to growers than E. coli and Salmonella, which have



been responsible for multiple outbreaks across the nation.

In this study, researchers compiled more than 11,000 bacteria tests of wild bird feces and found that Campylobacter was detected in 8 percent of samples. But pathogenic E. Coli and Salmonella were only found in very rare cases (less than 0.5%).

In addition to the bacteria tests, researchers conducted roughly 1,500 bird surveys across 350 fresh produce fields in Western states and collected more than 1,200 fecal samples from fields. They then modeled the prevalence of pathogens in feces, interactions with crops, and the likelihood of different bird species to defecate on crops to determine risk.

Insect-eating birds pose lower risk

Based on the data, insect-eating birds, such as swallows, present a lower risk, while birds that flock near livestock, such as blackbirds and starlings, are more likely to transmit pathogens.

The data can help the agricultural industry determine risk and take action, such as separating produce crops from cattle lands. They also don't need to treat all birds the same.

"Maybe farmers don't need to be quite as concerned about all types of birds," Karp said. "Our data suggest that some of the pest-eating birds that can really benefit crop production may not be so risky from a foodsafety perspective."

Removing habitat can backfire

This study and the authors' prior work indicate that removing habitat



around farms may actually benefit the species that pose more risk and harm the beneficial, pest-eating ones that are less risky to food safety. This is because many prolific insect-eaters may visit crop fields to eat pests but need nearby natural habitats to survive. In contrast, many of the bird species that most commonly carry foodborne pathogens readily thrive on both cattle farms and produce farms without natural habitat nearby.

Other findings

Insect-eating birds that forage in the tree canopy pose minimal threat because they are less likely to carry <u>foodborne pathogens</u> and come into direct contact with produce. They can also be valuable parts of the ecosystem, particularly if they eat pests that can harm crops. Installing bird boxes could attract the pest-eaters, as well as help with conservation efforts.

"We basically didn't know which <u>birds</u> were problematic," said lead author Olivia Smith, a postdoctoral researcher at Michigan State University who was at University of Georgia when the paper was written. "I think this is a good step forward for the field."

More information: Olivia M. Smith et al, A trait-based framework for predicting foodborne pathogen risk from wild birds, *Ecological Applications* (2021). DOI: 10.1002/eap.2523

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