

A wild strawberry aroma for foods—from a fungus growing on fruit waste

November 17 2021



Credit: Pixabay/CC0 Public Domain

The wild strawberry is even more highly prized than its store-bought cousin because of its intense aroma and uniquely sweet taste. However, they're hard to find in the wild, so some companies make synthetic



versions of this flavor. Now, researchers reporting in ACS' *Journal of Agricultural and Food Chemistry* have come up with a naturally derived wild strawberry aroma by having an edible fungus make it from waste from black currant juice production.

Often found in forests, wild strawberries are smaller than cultivated varieties, but they're bursting with flavor. And between their rarity and size, it's expensive to get a natural wild <u>strawberry</u> flavor—the combination of their distinct <u>aroma</u> and taste—into foods. Interestingly, some species of fungi are adept at converting <u>plant material</u> into pleasant odor compounds, including vanillin, raspberry ketone and benzaldehyde, an almond-like odor. One particular edible brown-rot fungus, *Wolfiporia cocos*, can break down a variety of foods, even tea and carrot peels, and release fruity and floral aromas in the process. An abundant and nutrient-rich substrate for the fungus could come from the black currant juice industry, which produces a lot of pulp, seed and skins—waste known as pomace—that is usually thrown away. So, Holger Zorn and colleagues wanted to grow *W. cocos* on pomace from black currants and tweak the conditions to naturally produce the unique aroma associated with wild strawberries, which is highly desired by the <u>food industry</u>.

The researchers initially grew *W. cocos* with black currant pomace as the fungus' sole source of nutrition, which resulted in fruity and floral aromas. When then the team added <u>ammonium nitrate</u>, sodium L-aspartate monohydrate, monopotassium phosphate and a few other substances to the medium, the culture released an aroma similar to wild strawberries. To pinpoint the exact compounds that contributed to the scent, the researchers used gas chromatography-mass spectrometry-olfactometry (GC-MS-O) and 10 trained panelists. The most intense odors that the sensory panel perceived were (R)-linalool, methyl anthranilate, geraniol and 2-aminobenzaldehyde. The researchers then combined artificial versions of these four compounds into a model wild strawberry smell and found that the sensory experts rated it as being very



similar to the wild strawberry-like odor from the cultivated fungus. So, by growing *W. cocos* on <u>food</u> waste, the researchers say they've developed a sustainable and cost-effective way to produce an aroma that could be used industrially in a natural flavoring agent.

More information: Wild Strawberry-like Flavor Produced by the Fungus Wolfiporia cocos—Identification of Character Impact Compounds by Aroma Dilution Analysis after Dynamic Headspace Extraction, *Journal of Agricultural and Food Chemistry* (2021). DOI: 10.1021/acs.jafc.1c05770

Provided by American Chemical Society

Citation: A wild strawberry aroma for foods—from a fungus growing on fruit waste (2021, November 17) retrieved 25 June 2024 from <u>https://phys.org/news/2021-11-wild-strawberry-aroma-foodsfrom-fungus.html</u>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.