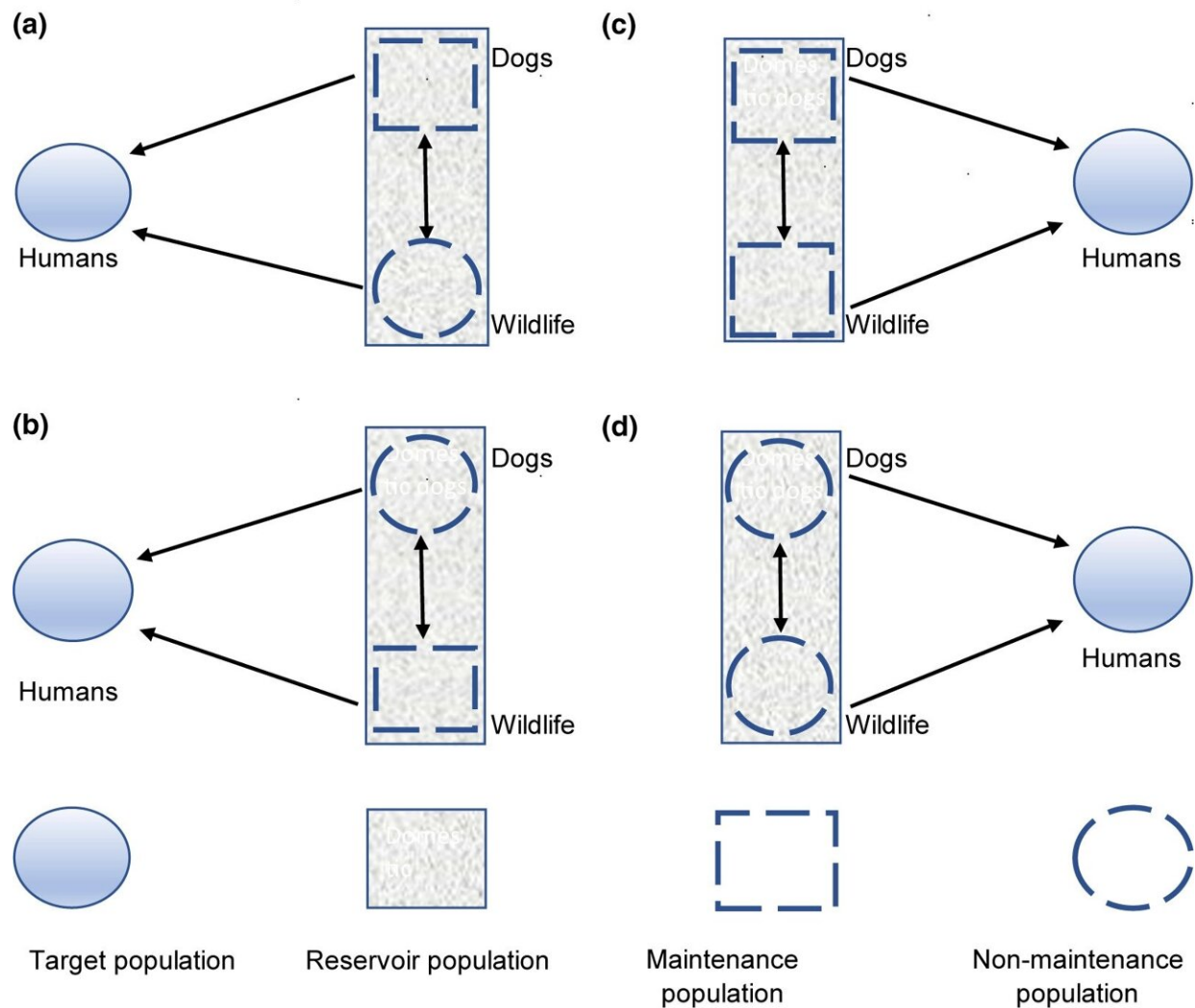


# Dog vaccination essential for preventing rabies spread to humans and animals

September 1 2021, by Stephen Johns



Potential rabies reservoir systems in south-east Tanzania. Here humans are indicated as the target population, but the target may include livestock or endangered wildlife, for example African Wild Dogs (*Lycaon pictus*). We

investigate whether the reservoir consists of both maintenance and non-maintenance populations (a and b) transmitting infection to the non-maintenance target (humans); or either two maintenance (c) or non-maintenance (d) populations which are capable of transmitting infection to the target. Credit: DOI: 10.1111/1365-2664.13983

A coordinated and sustained program of dog vaccination is essential for preventing rabies spread to humans and animals, according to new research.

Research, led by academics at Imperial, the University of Glasgow and Ifakara Health Institute, and published in the *Journal of Applied Ecology*, found that rabies incidence in both humans and domestic [dogs](#) decreased during a period of sustained dog vaccination in southeast Tanzania, despite incidences of ongoing wildlife rabies infections.

The team found that even in areas with a relatively high proportion of wildlife rabies cases, the domestic dog vaccination campaign still reduced the risk to humans. However, after mass dog vaccination ended in early 2017, rabies cases began to rise in some areas once again.

## **A deadly disease**

Rabies is one of the world's most feared diseases due to its high case fatality rate.

Despite the existence of safe and effective vaccines, rabies continues to kill an estimated 59,000 people annually in low-and middle-income countries, with children disproportionately affected. For this reason, in 2015 a call for action set the "Zero by 30" goal, to achieve zero human deaths from dog-mediated rabies by 2030.

Most human rabies cases result from bites by rabid animals, either from domestic dogs or, less commonly, wild animals including jackals. Once exposed, immediate treatment is vital as rabies is invariably fatal once clinical signs develop.

Treatment consists of a course of vaccinations known as post-exposure prophylaxis, which although highly effective, can be difficult to access due to the cost, limited availability, and low awareness of rabies risks.

Across Africa and Asia, domestic dogs are considered the main hosts for rabies, and over 99% of human rabies deaths are caused by dog bites. Vaccination of domestic dogs against rabies has repeatedly been shown to be successful and cost-effective in preventing human rabies.

However, despite this, in many rabies-endemic countries dog vaccination is still not routine. This is primarily due to lack of investment in dog vaccination, but concerns are often expressed that wildlife may play a role in maintaining transmission and dog vaccination may therefore be ineffective.

## **Exploring transmission dynamics**

To answer these concerns the researchers investigated the transmission dynamics of rabies in a previously unstudied area of Tanzania where jackals were found to make up more than 40% of reported animal rabies cases.

Collecting data over a nine-year period from 13 districts in southern Tanzania, they used hospital records to identify people potentially exposed to rabies who were then traced and interviewed to determine if the biting animal was rabid. As part of this they were able to examine evidence on whether rabies transmission is sustained in wildlife as well as in domestic dogs, and whether wildlife could present an obstacle to

rabies elimination.

The researchers found that rabies incidence in both humans and animals decreased during the period of dog vaccinations, from a high of 218 cases in 2011 to a low of just 15 in 2017. Most human rabies exposures (56%) were from domestic dogs, but approximately one third of transmission events occurred in wildlife, with the remainder due to cross-species transmission between dogs and wildlife.

## **Reducing the risk to humans**

These findings highlight the potential importance of wildlife as a rabies public health threat and also a potential obstacle to elimination.

However, even in areas with a relatively a high proportion of wildlife cases, the researchers found that domestic dog vaccination still significantly reduced the risk of rabies infection to humans.

One of the lead authors of the study, Sarah Hayes, from the School of Public Health, said: "Even in this part of Tanzania, where wildlife makes up a large proportion of the reported rabies cases, we have shown that vaccinating domestic dogs can significantly reduce the risk to people and have an important public health impact.

"It is critical that there is continued investment in domestic dog vaccination and this work suggests that the presence of rabies within wildlife populations should not be a barrier to implementing these programs."

Professor Katie Hampson, from the University of Glasgow, said: "Our findings confirm that, even in areas where wildlife rabies cases are high, focusing on domestic dog vaccination will have major public health benefits. Moreover, if sustained and coordinated a dog vaccination program has the potential to eliminate rabies from circulating even in

these areas despite the presence of wildlife transmission.

"We were surprised to see how many wildlife rabies cases were occurring in this part of Tanzania. Jackal cases represented a far higher proportion of rabies cases than we've seen elsewhere in East Africa. This was why it was such a relief to see that, even with such high numbers of cases in jackals, dog vaccination still led to very clear declines in rabies, in all species, and in people bitten by rabid animals—both dogs and jackals."

Kennedy Lushasi, from the Ifakara Health Institute, said: "Even though wildlife cases, especially jackals appear to make up a large proportion of animal rabies cases and of bites to people in south-eastern Tanzania, vaccinating [domestic dogs](#) alone resulted in the decline of cases in all species. This suggests that [wildlife](#) should not be an obstacle in eliminating rabies. The government and other stakeholders should invest in mass dog vaccination programs and these should be sustained to make [rabies](#) history."

The paper, "Reservoir Dynamics of Rabies in Southeast Tanzania and the role of cross-species transmission," is published in *Journal of Applied Ecology*.

**More information:** Kennedy Lushasi et al, Reservoir dynamics of rabies in south-east Tanzania and the roles of cross-species transmission and domestic dog vaccination, *Journal of Applied Ecology* (2021). [DOI: 10.1111/1365-2664.13983](https://doi.org/10.1111/1365-2664.13983)

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