

Nine things you don't know about seahorses

August 18 2021, by Mark Tupper



Many seahorses mate for life, and males are always pregnant. Credit: Steven L Gordon/Shutterstock

Seahorses have long been a popular attraction in public aquariums, but they remain mysterious. They are a fish with a difference in that they swim in an upright, vertical position. They have flexible necks and long, tubular snouts that point downward, giving them the appearance of a horse's head. Their lower bodies form a flexible, prehensile tail, [which is square](#) in outline and can wrap around objects. There are at least 47 known species, all belonging to the genus *Hippocampus*, a Greek term that means "horse sea monster." So what else should we know about this

creature?

They are notoriously poor swimmers

Seahorses do not have the typical pelvic, anal and caudal fins that provide thrust, lift and steering on most fishes. Instead, they propel themselves by [fluttering their small dorsal fin](#) at about 35 beats per second. Steering is accomplished using even smaller pectoral fins on the sides of their head. These pectoral fins look like ears and add to the horse-like appearance of the head. Their inability to swim well means that they sometimes die of exhaustion in rough seas .

They are masters of camouflage

Seahorses typically inhabit shallow seagrass and algae beds and coral reefs in temperate and tropical waters around the globe, typically between 45 degrees north and 45 degrees south of the equator. They are [masters of camouflage](#). They can change their color over time, and some [species](#) can even grow filaments (called cirri) along their body to help them blend in with their surroundings.

They ambush their prey

Camouflage is critical to seahorses as they use it to ambush their prey. They remain motionless and camouflaged, anchored to seagrasses, corals or sponges by their prehensile tail, and suck up any passing plankton or fish fry with their long, tubular snout. [Seahorses must be within a few millimeters of their prey](#) to capture them, so remaining undetected is paramount.

They have no stomach

Seahorses have no teeth and no stomach—a trait they share with a few

species of wrasses, a species of brightly colored marine fish. Food passes through their digestive tract so rapidly that they need to [eat almost constantly](#) to live and grow. A single seahorse can eat up to 3000 brine shrimp per day.

They can move their eyes independently

[Seahorse eyes move independently](#), giving them a nearly 360-degree field of vision, so they can literally keep one eye out for predators while using the other to follow prey. However, they are bony and indigestible, and their only real predators are crabs, which grab seahorses with their pincers, and humans who collect them for [traditional medicine](#), curios, and aquarium pets.

They mate for life

[Most seahorses are monogamous](#) and mate for life, although a few species are polygamous and change mates from one breeding cycle to the next. However, all species of seahorse mate with only one individual per breeding cycle. Seahorses can often be seen swimming in pairs with their tails linked together. They engage in a courtship dance which includes spinning around, swimming side by side and changing colors. This can last up to nine hours. This courtship dance is repeated daily, strengthening the bond between the mated [seahorse](#) pair.

The males give birth to babies

Seahorses are one of the few animal species on Earth in which the [male bears the unborn young](#). During mating, the female deposits her eggs into the male oviduct (yes, the [males](#) have an oviduct), which sits in a pouch in the male's abdomen, called a brood pouch. The male carries the eggs in his brood pouch until they hatch into fully formed, miniature seahorses and are released into the water. Males can give birth to as few

as five or as many as 1,500 young.

The males are continuously pregnant

[Male pregnancy](#) allows the females to continue making eggs while the male is pregnant with the young, allowing seahorses to reproduce more quickly. As soon as the male gives birth, the female will deposit more fertilized eggs in his [brood pouch](#).

They are in trouble

The [life history](#) and ecology of seahorses make them particularly vulnerable to overfishing and environmental disturbance, [including climate change](#). Their exoskeleton allows them to be dried and preserved easily. Many cultures believe seahorses to hold medicinal properties, especially traditional Chinese medicine, in which their dried bodies are believed to cure or prevent skin infections, asthma, and impotence, despite no evidence to support these claims. At least 25 million are traded annually for Chinese medicine. Fisheries harvest them faster than they can replenish their populations, leading to alarming [declines in seahorse numbers](#).

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Citation: Nine things you don't know about seahorses (2021, August 18) retrieved 25 March 2023 from <https://phys.org/news/2021-08-dont-seahorses.html>

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