

Eawag test with fish cells replaces animal experiments

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The development of a fish cell line assay for the determination of acute fish toxicity. Credit: aQuaTox-Solutions/Eawag

A large number of chemicals are used in everyday products, in agriculture or in industry. At some point, many of these end up in the environment. In order for these substances to be authorized for the market, manufacturers must be able to prove in advance that they are



harmless to humans and nature. This is done with toxicity tests in which living creatures are exposed to the effects of the chemicals. Thousands of fish die every year because they are used to test the effect on aquatic vertebrates.

Thanks to a test procedure developed in recent years by the aquatic research institute Eawag, this should soon be a thing of the past. This assay, based on rainbow trout gill cells, has now been approved by the Organization of Economic Co-operation and Development (OECD) as the latest guideline in the field of environmental toxicology. This paves the way for animal-free approval procedures.

The fish cell line assay is the world's first alternative to experiments with live fish. The new OECD guideline allows companies to use fish cell line testing for product development and as part of the dossiers for chemical approval. "There is great interest on the part of industry in non-animal tests," confirms Professor Kristin Schirmer, Head of Department at Eawag, who together with Melanie Fischer (also at Eawag), has taken the lead in driving this pioneering work forwards. Because on the one hand, the demands on environmental risk assessment are growing, and on the other hand, the number of new chemicals and products that need to be tested is constantly increasing. In addition, the fish cell line assay also conserves resources. The miniaturization through the use of cells allows chemicals, water and time to be saved.

Kristin Schirmer assumes that the regulatory authorities, such as the ECHA in Helsinki or the US EPA in the U.S., will increasingly accept the fish cell line assay as an equivalent substitute to the regular fish test: "The OECD recommendation was the last important step from our side, after our method had already been certified by ISO two years ago. This should mean that nothing more stands in the way of an animal-free approval procedure."



In this way, Eawag contributes to the further development of toxicology and makes a significant contribution to the reduction of animal testing. This is because in 2019, tests were carried out on almost 8,000 fish in Switzerland alone for ecotoxicological tests.

This concludes a long and intensive period that required perseverance and a supportive environment. Schirmer already had the idea for this test procedure during her doctoral thesis in the mid-1990s. At the University of Waterloo (CAN), she then worked with exactly the same cell line on which the method is still based today. The cell line goes back to Schirmer's doctoral supervisor Niels C. Bols, who isolated the cells from the gills of the rainbow trout for the first time and cultivated them in such a way that they can be multiplied as often as desired.

"We chose gill cells because it is the gills that first come into contact with chemicals due to their large surface area in the fish," explains Schirmer. If the chemicals damage the gill cells, this means that vital processes, such as oxygen supply, no longer function for the fish. "So by observing how the gill <u>cells</u> are damaged by a chemical, we can predict how that chemical would affect a living fish," says Schirmer.

The award of a project proposal, which Schirmer received from the European Chemical Industry Council (CEFIC) in 2006, marked the actual staring signal for the development of the now validated fish cell line assay. Schirmer continued her research first as Head of Department at the Helmholtz Center for Environmental Research in Leipzig and from 2008 as Head of Department at Eawag. In 2009, engineer and laboratory technician Melanie Fischer joined the team.

"In a first step, we developed and optimized our method and compared the results with regular tests on fish," says Schirmer. A study published in 2013 was thus able to prove for the first time that the new fish cell line assay arrives at the same toxicity values for over 30 chemicals as the



conventional <u>fish</u> test. "After that, we had to show that the method also works in other laboratories," says Schirmer. Six laboratories from industry and universities took part in the international ring study conducted for this purpose in 2013-2014. Their results, obtained using the Eawag method, proved to be repeatable and comparable.

The study data laid the foundation for ISO certification in 2019 and the OECD guideline 2021. "Certification by internationally supported organizations is very important, as it is the only way to ensure that the tests are carried out in a standardized manner worldwide and that the results are thus also recognized," says Schirmer. From the submission to the OECD to the validation that has now taken place, a record short time of only two years passed, during which the method was once again revised in an elaborate process in order to harmonize the proposals and opinions of experts from many different representative countries and organizations. The team was supported by the national representatives of Switzerland (Petra Kunz, Federal Office of the Environment FOEN) and Norway (Sjur Andersen, Norwegian Environmental Protection Agency and Adam Lillicrap, NIVA). Eszter Simon (also at FOEN) supported the work as an expert.

Schirmer attributes the fact that the guideline could be adopted in such a short time to the interest and great support of all those involved: "It was an active discussion with OECD countries, industry, NGOs and regulatory authorities." This is also confirmed by Leon van der Wal of the OECD: "The commitment of OECD countries to aid the reduction of animal testing is reflected in the swift adoption of this first in vitro method for ecotoxicity testing. This is also due to the well-organized and transparent manner in which the lead countries communicated, as well as the hard work of the method developers and the OECD experts reviewing the method." Looking back, Kristin Schirmer comments: "Our learning curve was very steep. But the investment of time and energy was worth it. This success for non-animal testing alternatives in



ecotoxicology is great and is something that will stay."

More information: Melanie Fischer et al, Repeatability and Reproducibility of the RTgill-W1 Cell Line Assay for Predicting Fish Acute Toxicity, *Toxicological Sciences* (2019). <u>DOI:</u> <u>10.1093/toxsci/kfz057</u>

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