

First village-level mapping of childhood undernutrition in India reveals local disparities

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The risk of childhood undernutrition varies widely among villages in India, according to new research led by Harvard T.H. Chan School of Public Health in collaboration with researchers at Harvard's Center for



Geographic Analysis, Harvard's Center for Population and Development Studies, Korea University, Microsoft, and the Government of India.

The study is the first to predict and map the burden of <u>childhood</u> undernutrition across all of the nearly 600,000 villages in rural India, and the methods developed to do so could be applied to other <u>health</u> indicators and help advance the field of "precision public health," in which interventions and policies are tailored to smaller populations that are disproportionally affected by specific health issues, according to the study's authors.

"By applying state-of-the-art data science techniques to existing public health indicators and <u>census data</u>, we created a framework that we hope can help local and regional decision makers better understand the substantial village disparities in childhood undernutrition," said S.V. Subramanian, corresponding author and professor of population health and geography at Harvard Chan School. "Mahatma Gandhi once said that India lives in its villages. Now we can bring the power of data science to aid <u>public policy</u> thru precision targeting and help ensure that children in all of India's villages are given an opportunity to grow healthy and thrive."

The study will be published April 26, 2021, in the *Proceedings of the National Academy of Sciences*.

Childhood undernutrition is a major problem in India; the country accounts for almost one-third of the global prevalence of childhood stunting. Precisely identifying areas with high levels of undernutrition, however, can be difficult because childhood nutrition data—and other key public health data—is typically analyzed at the district level. There are 640 districts in India per the 2011 census, a district can cover hundreds of square miles, and each district has an average rural population of 1.3 million people. Studying childhood nutrition data at



this scale can result in oversimplified or misleading analyses that overlook substantial disparities within a district. Moreover, this approach can foster a lack of political accountability for the agencies responsible for crafting and implementing policies and interventions.

To obtain a more granular understanding of childhood undernutrition, the research team focused on India's 597,121 inhabited census villages. Villages are the smallest unit of governance in India, and the researchers said that mapping and analyzing nutrition data at the village level could provide a more accurate understanding of childhood health and result in more informed and effective local politics in India.

The team combined data from numerous sources including the 2011 census and the 2016 Indian Demographic and Health Survey, which contained anonymized GPS data on approximately 20,000 "clusters," or villages or groups of villages. The researchers then created a machine-learning prediction model to extrapolate the available data and estimate the prevalence of key indicators of undernutrition, including stunting, underweight, and wasting, for every village in the country.

The findings showed substantial variations in undernutrition across villages. For instance, the average predicted rate of stunting across all villages was 37.9%. In 691 villages, however, the average predicted rate of stunting was under 5%, while it exceeded 70% in 453 villages. In all districts, the authors noted, they found a mix of villages with high and low burdens of undernutrition.

The authors said the village-level model they created could potentially shift the paradigm of policy discussions in India by enabling policy makers and <u>public health</u> officials to better prioritize villages struggling with a high burden of <u>undernutrition</u>. The authors also created a publicly available dashboard that allows users to explore the <u>village</u> maps and associated data in an interactive manner.



"We focused on India, but this approach can be developed and applied to other countries to predict local health, nutrition and population estimates and better understand disparities," said first author Rockli Kim, assistant professor at Korea University and a visiting scientist at the Harvard Center for Population and Development Studies.

More information: Rockli Kim el al., "Precision mapping child undernutrition for nearly 600,000 inhabited census villages in India," *PNAS* (2021). <u>www.pnas.org/cgi/doi/10.1073/pnas.2025865118</u>

Provided by Harvard T.H. Chan School of Public Health

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