

# Malnourished bugs: Higher carbon levels make plants less nutritious, hurting insect populations

March 10 2020, by Ellen Welti

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These grasshoppers, like many insects around the world, are declining. Credit: Dave Rintoul, CC BY-ND

Grasshopper populations, like those of many other insects, [are declining](#). My colleagues and I identified a new possible culprit: The plants grasshoppers rely on for food are becoming less nutritious due to increased levels of carbon dioxide in the air.

[Ever-increasing levels of carbon dioxide](#) in the atmosphere tend to [promote plant growth by supplying them with extra carbon](#). But all that added carbon is [squeezing out other nutrients](#) that plant feeders—like insects and people—need to thrive. These fast-growing [plants](#) end up less dense in nutrients like nitrogen, phosphorus and sodium—more like iceberg lettuce than kale.

On our study site in a Kansas prairie, my colleagues and I show that across more than 40 species of grasshoppers, [total populations are falling at more than 2% a year](#). This led to an overall reduction in grasshopper numbers over the past two decades of about one-third. These [population declines](#) parallel the [decline in grassland nutrients](#). Grasshopper populations vary year to year for many reasons, but my colleagues and I believe that the dilution of plant nutrients caused by elevated CO<sub>2</sub> is the most likely reason for the decline.

It adds up to what we call the "nutrient dilution hypothesis": Increased CO<sub>2</sub> is making plants less nutritious per bite and insects are paying the price.

Ecologists have thus far focused on pesticide use and the loss of native habitats as causes for insect declines.

These factors aren't likely at the [large native prairie reserve](#) where I work. Yet the 2% per year decline in grasshoppers our study found is eerily similar to the 2% declines reported from [long-term studies](#) around the globe of [moths and butterflies](#), whose young—caterpillars—are also voracious plant feeders.

Other factors, like pesticide use and habitat destruction, are certainly [hurting insect populations in many places](#). But since CO<sub>2</sub> is increasing globally, my colleagues and I suspect that nutrient dilution is likely bad news for plant-eating insects across a huge variety of habitats, in both

pristine and degraded ecosystems. And since insects are crucial parts of all terrestrial food webs, their loss [affects many other organisms from plants to birds](#).



The Konza Prairie, a protected grassland in Kansas, is a unique research area: decades of data and minimal human influence. Credit: Ellen Welti, [CC BY-ND](#)

## **How we do our work**

Konza Prairie is a large protected prairie in northeastern Kansas, and researchers have been collecting data on the grasses, insects, and animals

there since the early 1980s. My colleagues and I relied on this long-term data and physical samples from years past to perform our study.

Grasshopper numbers fluctuate on a roughly five-year cycle that follows changes in the climate, like the El Niño Southern Oscillation. Having a decades-long data set allowed my colleagues and me to clearly separate these cycles from the long-term population decline and see how increasing CO<sub>2</sub> levels played a part.

This kind of data is surprisingly rare, which has led to a good deal of controversy regarding the ubiquity of insect declines. Sites like the Konza Prairie (part of the NSF-funded [Long-Term Ecological Research Network](#)) are on the front lines in documenting Earth's changing ecosystems.

## What still isn't known?

Nutrient dilution by CO<sub>2</sub> is a compelling hypothesis for why widespread insect declines are happening. Our data jibes with other experiments that pump CO<sub>2</sub> into ecosystems and [drive down both plant nutrients and insect growth](#).

But solid data on insect numbers over time is still quite rare, and there are still more questions than answers. How widespread is nutrient dilution in ecosystems worldwide? Are plant-feeding insects suffering the greatest declines? Which ecosystems will be hardest hit?

At present, we ecologists lack even basic [population](#) estimates for most of Earth's invertebrate species, which comprise the vast majority of animal diversity.

I suspect that if nutrient dilution by CO<sub>2</sub> is indeed widespread, it will likely be affecting Earth's ecosystems and organisms—including

humans—for generations to come, at least as long as fossil fuels burn and CO<sub>2</sub> levels continue to rise.

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