

First method to differentiate the four egg types

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Example of an egg encoded with the number 2 (chicken raised on the floor).
Credit: Gema Puertas

In the European Union, hen eggs are labeled with a code starting with numerals 0, 1, 2 or 3, depending on whether the hens are organically

produced, free-range, floor-raised or caged, respectively. Now, researchers at the University of Santiago de Compostela (Spain) have developed a technique to distinguish them with 100 percent accuracy by analysing the lipids of the yolk to detect fraud.

Organically produced [eggs](#) (certified by a regulatory council) or those laid by a [free-range](#) hen (which can be fed in the open air) are not the same in price or quality as those of birds raised on the floor of a closed henhouse or those that never leave a cage.

To prevent [fraud](#) and confirm the type of egg that the consumer buys actually corresponds to what is shown on the label, a team of researchers from the University of Santiago de Compostela (USC) has developed the first method that differentiates the four types of eggs at once.

The technique consists of extracting the lipids from the yolk and analysing them by UV-VIS-NIR spectroscopy, i.e. determining their [absorption spectrum](#) at ultraviolet (UV), visible (VIS) and near infrared (NIR) wavelengths. Details of the procedure have been published in the *Food Chemistry* journal.

"Until now, the proposed methods only allowed a partial differentiation: for example, to discriminate between organic and conventional eggs, or between type 1, 2 and 3 eggs, but not all at the same time," says one of the authors, Manuel Vázquez, a USC professor at the Lugo campus. "Our method is the first one that allows a complete differentiation and with 100 percent accuracy."

The authors worked with the hypothesis that the feeding and movement of the hens affects the composition of the yolk, so they extracted their lipids and determined the UV-VIS-NIR spectrum. With this information, they obtained chemometric models that made it possible to clearly distinguish the four types of eggs.

As for the detection of possible fraud to consumers, "for the time being, we have not 'monitored' the industry," as Vázquez acknowledges, concluding: "It was not really our objective to inspect; that, in any case, will be up to the administration. We have developed this new tool, and now others will have to decide whether or not they want to use it to detect possible fraud.

More information: Gema Puertas et al. Fraud detection in hen housing system declared on the eggs' label: An accuracy method based on UV-VIS-NIR spectroscopy and chemometrics, *Food Chemistry* (2019). [DOI: 10.1016/j.foodchem.2019.02.106](https://doi.org/10.1016/j.foodchem.2019.02.106)

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