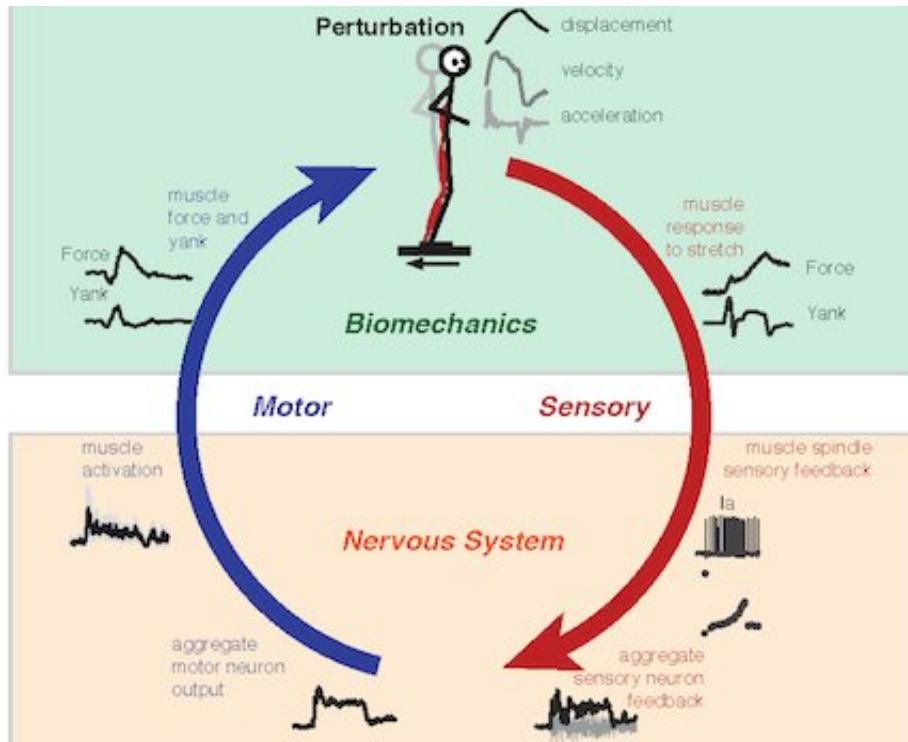


'Yank': A new term in biophysics

September 13 2019, by Quinn Eastman



A group of scientists have proposed to define change in force over time as "yank." In an airplane traveling hundreds of miles per hour, we don't feel motion if it's smooth. What we do feel is acceleration or deceleration: changes in speed over time. However, muscles appear to "feel" – or respond with signals to -- changes in force over time. Credit: Emory University

Biologists and biomedical engineers are proposing to define the term "yank" for changes in force over time, something that our muscles and nerves can feel and respond to.

Their ideas were published on September 12 in *Journal of Experimental Biology*.

Expressed mathematically, acceleration is the derivative of speed or velocity with respect to time. The term for the time derivative of acceleration is "jerk," and additional time derivatives after jerk are called "snap," "crackle" and "pop."

The corresponding term for force—in physics, force is measured in units of mass times acceleration—has never been defined, the researchers say.

Scientists that study sports often use the term "rate of force development", a measure of explosive strength. Scientists who study gait and balance—in animals and humans—also often analyze how quickly forces on the body change. It could be useful in understanding spasticity, a common muscle impairment in multiple sclerosis, spinal cord injury, stroke and cerebral palsy.

"Understanding how reflexes are affected by neurological disorders is how we ended up studying this," says Lena Ting, Ph.D., professor of rehabilitation medicine at Emory University School of Medicine and the Wallace H. Coulter Department of Biomedical Engineering at Georgia Tech and Emory.

Her co-authors are David Lin, Ph.D., at Washington State University, Craig McGowan, Ph.D., at University of Idaho, and Kyle Blum, Ph.D., a postdoctoral fellow at Northwestern who previously worked with Ting.

Ting says Lin originally introduced her and Blum to the term "yank".

"Dr. Ting and I were thinking similarly—but separately—that current terminology describing the time derivative of [force](#) was too unwieldy and limiting," Lin says. "During an American Society of Biomechanics

meeting, I suggested that 'yank' was a possible term that we could use."

On a large scale, yank is relevant to the study of jumping, sprinting, capturing prey and maintaining balance, the researchers say. It is similarly useful in analyzing the behavior of muscles and tendons, sensory feedback and spinal reflexes, all the way down to the contributions of individual cells.

A companion paper from Blum and Ting shows that in the leg muscles of a rat, yank corresponds to the firing rates of muscle spindles, which are stretch receptors that detect changes in length of the [muscle](#). Muscle spindles send signals to the nervous system so that the animal is aware of the body's position in space (see graph).

More information: David C. Lin et al. Yank: the time derivative of force is an important biomechanical variable in sensorimotor systems, *The Journal of Experimental Biology* (2019). [DOI: 10.1242/jeb.180414](https://doi.org/10.1242/jeb.180414)

Kyle P. Blum et al. Elastic tissue forces mask muscle fiber forces underlying muscle spindle Ia afferent firing rates in stretch of relaxed rat muscle, *The Journal of Experimental Biology* (2019). [DOI: 10.1242/jeb.196287](https://doi.org/10.1242/jeb.196287)

Provided by Emory University

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