

Employees who are treated rudely get their revenge with the silent treatment, research shows

September 4 2019, by Tony Trueman



Credit: CC0 Public Domain

Employees who are treated rudely at work get their revenge by

withholding important information from colleagues and managers, new research shows.

The British Academy of Management's annual conference in Birmingham heard today [Thursday 5 September] that employees who experience [workplace incivility](#) are more likely to engage in "deviant behaviors" directed toward both colleagues and the organization.

Researchers asked almost 300 employees in US firms to rate how rude colleagues had been to them, and how much they kept silent in order to get even or to harm their employers.

Three academics at the Universite de Pau et des Pays de l'Adour in France conducted online surveys with 297 employees working in various industries in the United States, a representative sample of the workforce.

Professor Jean Pierre Neveu, Dr. Ghulam Murtaza and Rahman Khan asked the employees to rate on a scale of 1 (never) to 5 (every day) how often a colleague or boss had been rude to them during the previous two months. They also asked them to rate from 1 to 5 how much they had remained silent about an important matter when they should have spoken up, in order to get even with a colleague or hurt their employer.

The researchers found that the average score for the rudeness experienced was 2.12, and that for every 1 unit increase, the likelihood that workers would remain silent increased by about a third. An [employee](#) who experience rudeness every day would be around twice as likely to remain silent as the average.

Employee silence, an increasingly recognized phenomenon, can be costly for organizations. Examples include staff failing to speak up when workplace plans and procedures are riddled with inaccuracies or faulty thinking.

"Experiencing incivility at work leads to deviant silence in which an individual withholds useful information to harm someone," Mr Khan told the conference.

Staying silent was "a response to experiencing incivility because the individual thinks that it's fair to retaliate against the perpetrator," he said.

"Employees intentionally remain silent about important issues because they perceive their work environment is not conducive for it, which can posit serious harm to the organizations.

"Experiencing workplace [incivility](#) may not only be harmful to a victim's mental health but can also motivate him or her to make unethical choices. In turn, such deviant behaviors can hurt an organization's culture as well as its financial condition."

Mr Khan said that staying silent could backfire and created a vicious cycle. "Deviant behavior like hiding valuable information can lead colleagues or superiors to make wrong decisions and may cause [negative emotions](#) in them thus further leading to subsequent mistreatment targeted towards the perpetrator as they want to pay him back."

Provided by British Academy of Management

Citation: Employees who are treated rudely get their revenge with the silent treatment, research shows (2019, September 4) retrieved 20 July 2024 from <https://phys.org/news/2019-09-employees-rudely-revenge-silent-treatment.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.