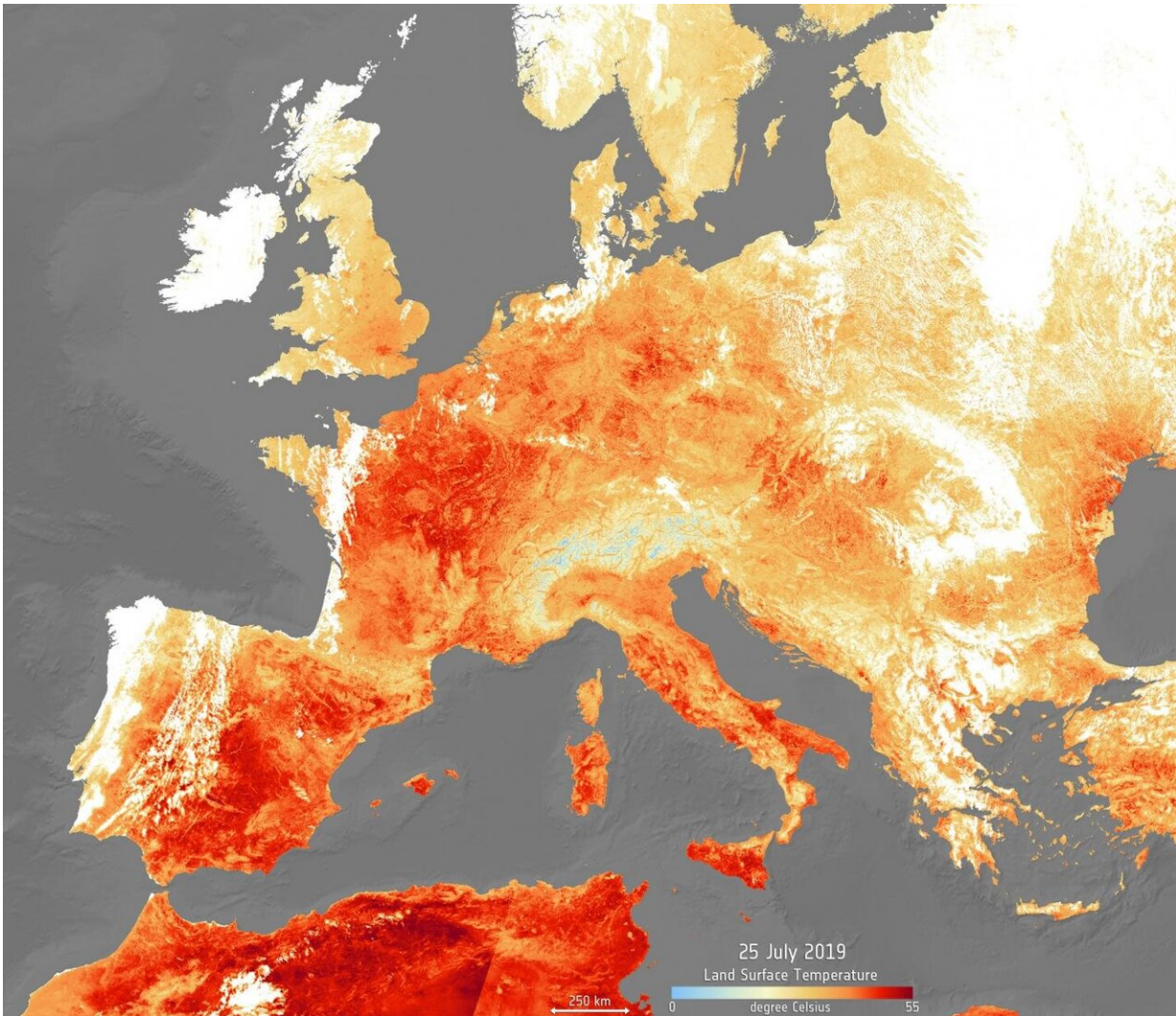


# Europe warming faster than expected due to climate change

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A satellite image of the heat energy emitted from Europe during 25 July 2019 shows this summer's highest extremes. Credit: Copernicus Sentinel data (2019)  
ESA - Copernicus Sentinel data (2019)

Climate change is increasing the number of days of extreme heat and decreasing the number of days of extreme cold in Europe, posing a risk for residents in the coming decades, according to a new study.

Temperatures in Europe have hit record highs this summer, passing 46.0 degrees Celsius (114.8 degrees Fahrenheit) in southern France. New research in the AGU journal *Geophysical Research Letters* finds the number of summer days with extreme [heat](#) has tripled since 1950 and summers have become hotter overall, while the number of winter days with extreme cold decreased in frequency by at least half and winters have become warmer overall.

The new study finds parts of Europe are warming faster than [climate](#) models project.

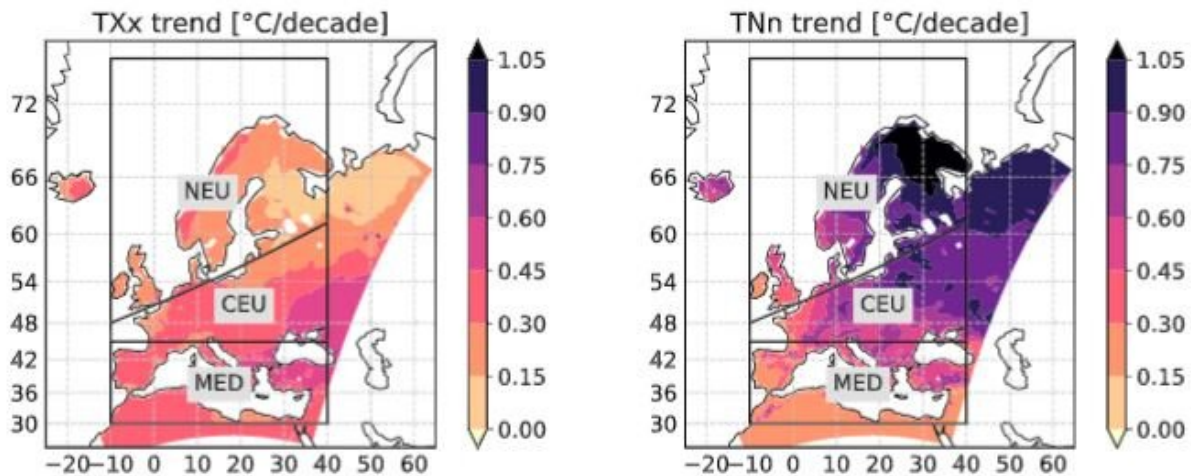
"Even at this regional scale over Europe, we can see that these trends are much larger than what we would expect from natural variability. That's really a signal from [climate change](#)," said Ruth Lorenz, a climate scientist at the Swiss Federal Institute of Technology in Zurich, Switzerland, and lead author of the new study.

Extreme heat is dangerous because it stresses the human body, potentially leading to heat exhaustion or heat stroke. Scientists knew climate change was warming Europe, but they mostly studied long-term changes in [extreme temperatures](#). The new study looked at observational data to evaluate whether the climate models used for regional projections can reproduce observed trends.

In the new study, Lorenz and her colleagues used [observational data](#) taken by European weather stations from 1950-2018 and then analyzed the top 1% of the hottest heat extremes and highest humidity extremes,

and the top 1% coldest days during that period.

"We looked further at the hottest day or coldest night per year, so for each year we looked for the maximum/minimum value and how these changed over time," Lorenz said.



Daily maximum temperature (TXx) and daily minimum temperature (TNn) mean trends for weather across Europe. The three regions are Northern Europe (NEU), Central Europe (CEU), and the Mediterranean (MED). Credit: Lorenz et al/Geophysical Research Letters/AGU.

They found the number of [extreme heat](#) days in Europe has tripled since 1950, while the number of extreme cold days decreased by factors of two or three depending on the region. Extremely hot days have become hotter by an average of 2.30 degrees Celsius (4.14 degrees Fahrenheit), while extremely cold days have warmed by 3.0 degrees Celsius (5.4 degrees Fahrenheit) on average. The hottest days and coldest nights warmed significantly more than their corresponding summer and winter mean temperatures.

Individual regions throughout Europe experienced drastically different temperature trends, which makes it difficult to compare the average European temperatures to specific stations' extremes, according to the authors. In Central Europe, the extremes warmed by 0.14 degrees Celsius (0.25 degrees Fahrenheit) per decade more than the summer mean, equivalent to an almost 1.0 degree Celsius (1.8 degree Fahrenheit) increase more than the average over the whole study period, according to Lorenz.

More than 90% of the weather stations studied showed the climate was warming, a percentage too high to purely be from natural climate variability, according to the researchers.

The results also showed that the region was warming faster than climate models projected. Some regions experienced higher extremes than expected and some had lower extremes than expected.

"In the Netherlands, Belgium, France, the model trends are about two times lower than the observed trends," said Geert Jan van Oldenborgh, a climate analyst at the Royal Netherlands Meteorological Institute in De Bilt, Netherlands, who was not connected to the new study. "We're reaching new records faster than you'd expect."

European summers and winters will only grow hotter in the coming years as climate change accelerates, impacting cities and people unprepared for rising temperatures, according to the study authors.

"Lots of people don't have air conditioning for instance and it makes this really important," Lorenz said. "We expected results based on modeling studies but it's the first time we see it in what we've observed so far."

**More information:** Ruth Lorenz et al, Detection of a Climate Change Signal in Extreme Heat, Heat Stress, and Cold in Europe From

Observations, *Geophysical Research Letters* (2019). [DOI: 10.1029/2019GL082062](https://doi.org/10.1029/2019GL082062)

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