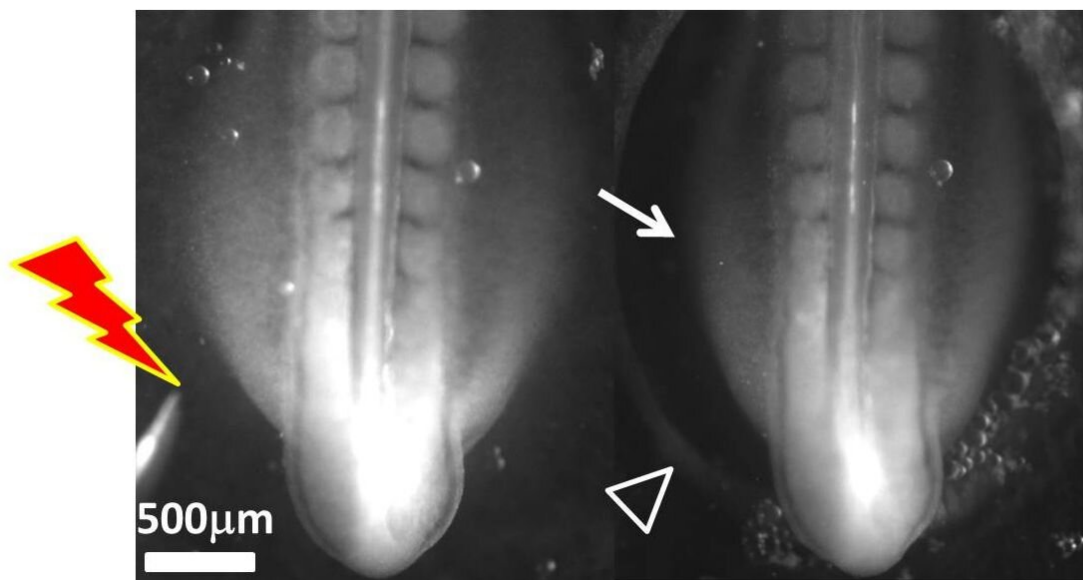


# Embryology: A sequence of reflexive contractions triggers the formation of the limbs

August 20 2019, by Maxime Dos Santos

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Effect of brief electric shock on posterior region of chicken embryo. Accelerated rolling of the future hindlimb (arrow) and abrupt formation of the amniotic sac (triangle) are observed. The lightning bolt represents the electrode. Credit: Fleury et al. / CNRS photo library

It normally takes about 21 days for chicken embryos to develop into

chicks. By observing chicken hindlimb formation, a CNRS / Université de Paris research team has just discovered that the mechanism at the origin of embryonic development consists of a sequence of reflexive contractions. The researchers were able to artificially recreate the same process and accelerate it by as much as a factor of 20. Their findings have been published in the *European Physical Journal* on August 15, 2019.

In its first days of life, a chicken embryo may be likened to a flat disc internally organized into [concentric rings](#). During its development, the embryo stretches, rolls up and twists, this segregates the concentric rings into as many folded tissues, which eventually give rise to various anatomical features. The scientists realized that during formation of the future chick's tail, one of these rings is stretched and mechanically deforms the posterior region of the embryo. This deformation sets off a series of reflexive contractions of the surrounding rings, exhibiting a [domino effect](#). The contracting rings fold to yield the primitive contours of the hindlimbs.

In order to prove the physical nature of this phenomenon, the researchers designed an electric stimulator through which they administered brief low-intensity shocks (1 volt for 1–3 seconds) to the posterior portion of the embryo. These impulses mimicked the effect of a mechanical deformation like that produced during tail formation, triggered embryonic development in a cascading pattern, and even accelerated it up to 20-fold.

The scientists would like to pursue their research by investigating the technical limits of this discovery. Furthermore, this new method may be used outside the field of [embryonic development](#), to study the effects certain diseases have on cells.

**More information:** Vincent Fleury et al. Electrical stimulation of

developmental forces reveals the mechanism of limb formation in vertebrate embryos, *The European Physical Journal E* (2019). DOI: [10.1140/epje/i2019-11869-8](https://doi.org/10.1140/epje/i2019-11869-8)

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