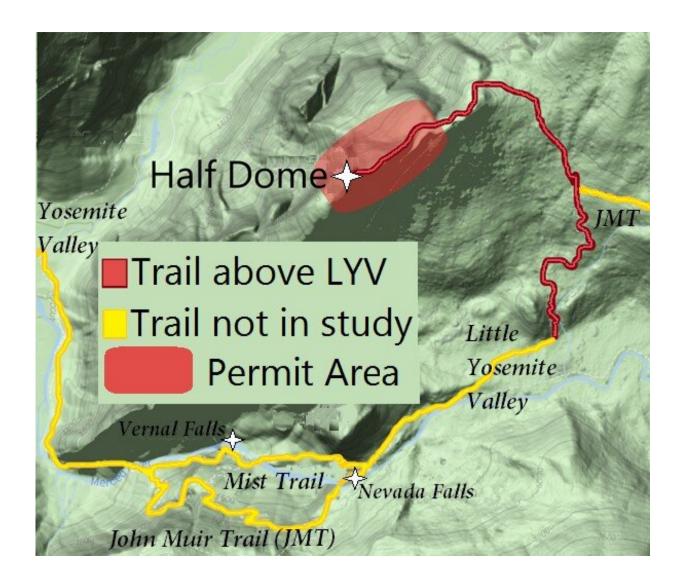


Restricted permit-only access to Yosemite National Park's Half Dome summit, anticipated to improve hiker safety, did not

June 26 2019



Half Dome Trail map. The Half Dome Trail splits midway into the John Muir Trail and Mist Trail, which converge at Nevada Falls to form a single route



through Little Yosemite Valley to Half Dome. Permit area is the restricted section including subdome, the cable route, and summit. Credit: Figure adapted from NPS file created by Jared Doke on August 3, 2010, and Paul Doherty on August 12, 2010, using NAD 1983 UTM Zone 11N.

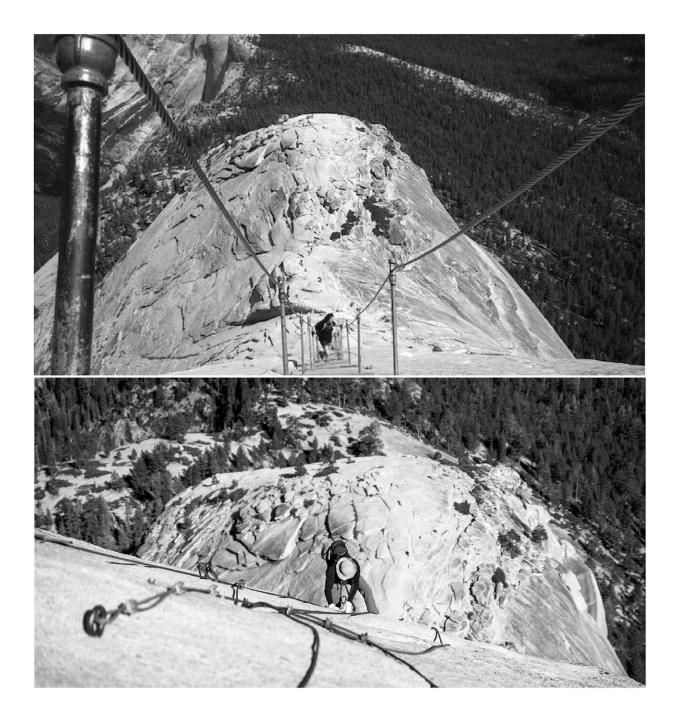
Overcrowding on the trails leading to the summit on Yosemite National Park's Half Dome is not the key factor influencing hiker safety, according to a new study in *Wilderness & Environmental Medicine*, published by Elsevier. Implementation in 2010 of permit-only access to Half Dome cable handrails along the final ascent of this iconic landmark reduced the number of people on the summit at one time, but this did not result in a significant reduction in the overall toll of associated human suffering and mortality, or search and rescue (SAR) activity and costs.

"Using trailhead quotas in <u>national parks</u> to limit the number of hikers prevents natural resource degradation and preserves opportunities for solitude. Does the risk of a dangerous <u>incident</u> increase when more people ascend at once? Our study debunked that widespread belief. The data showed that limiting day-hiking access to only a few hundred people is not effective as a safety strategy," explained lead investigator Susanne J. Spano, MD, University of California, San Francisco Fresno, Fresno, CA, USA.

Yosemite National Park, like many US national parks, is increasingly popular as a tourist destination. The Half Dome is a popular, but challenging, day hike and climbing area, and there are frequent incidents that require SAR activity and expense. Improving safety has become increasingly important with the increased number of visitors. As a result, a lottery to issue permits to restrict use of the cable handrails leading to Half Dome was instituted in 2010. The permits limited the number of hikers in the region by 66 percent, yet analysis of the safety data found



that the restrictions were not effective at reducing their risk of experiencing dangerous episodes.



Cables in the upright position (May-September) and down position (off-season). When upright, the cables literally create handrails with wooden foot supports. In



the off-season, the metal stanchions and wooden slats are removed to protect them from weather damage. Credit: Kim Dinan/Brian Sutton and Outdoor Project/Basil Newburn

This observational study compared the number of incidents, major incidents (exceeding \$500), victims, and fatalities before (2005 to 2009) and after (2011 to 2015) permitting. From 2005 to 2009, there were 85 SAR incidents, 134 victims, eight fatalities, and 38 major incidents. After the permits were required, from 2011 to 2015, the same area saw 54 SAR incidents, 156 victims, four fatalities, and 35 major incidents. Dr. Spano concluded, "Statistically speaking, especially when considering incidents fell in the park overall during the same time period, that's no difference at all." There were no statistically significant SAR cost savings demonstrated by the study. Extremity injuries and medical and gastrointestinal illnesses have remained the most frequent causes for rescue activity over the past three decades.

The investigators noted that a possible factor contributing to Half Dome injuries was "summit fever," predicated by the difficulty that average hikers have in acquiring permits. With greatly curtailed opportunities, hikers may press on even when they feel fatigued or disabled by injury or bad weather, thinking that they may not get another chance to ascend Half Dome. In 2017, the success rate for the preseason lottery was as low as 2 percent for weekend dates and 32 percent for weekdays, San Francisco Chronicle columnist Tom Stienstra reported in March 2018 that the park granted weekend permits to an average 24 percent of applicants.

"If people are getting hurt, it's important to figure out why. Limiting dayhiking access to only a few hundred people may not be the best strategy for the public, or the park, unless preventing resource degradation is the



key objective of a permit intervention. Prospective studies are needed to fully evaluate whether limiting use of handrails leads to detrimental effects for the permit holders and to better identify the variables having the greatest impact on mortality and cost," noted Dr. Spano.

More information: Susanne J Spano et al, Impact of a Half Dome Cable Permitting Process on Search and Rescue Activity, Hiker Mortality Rates, and Operational Costs Above Little Yosemite Valley, *Wilderness & Environmental Medicine* (2019). DOI: 10.1016/j.wem.2018.11.010

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