

Researchers discover new technique to test for viral infections

April 8 2019, by Mary Guiden



Brian Geiss holds a wire that is one-fourth the size of a human hair. Credit: John Eisele/ CSU Photography

A team of Colorado State University researchers has developed technology that can detect extremely small amounts of antibodies in a



person's blood. Antibodies develop to infect cells or kill pathogens, essentially fighting off a bacteria or virus. The levels of antibodies in the blood can tell whether that person is sick.

Using a small wire that is one-fourth the size of a human hair, the researchers developed a sensor that can detect as few as 10 antibody molecules within 20 minutes. Standard medical testing requires billions or trillions of antibody molecules for detection and can take up to a day to process.

This type of cost-effective instrument could help clinicians treat diseases sooner in people and could be used in <u>low-resource settings</u>.

Results from the team's research will be published April 15 in *Biosensors and Bioelectronics*. The study, "An ultra-sensitive capacitive microwire sensor for pathogen-specific serum antibody responses," is published in advance online.

The limitations of standard medical testing

Currently, most U.S. medical offices and hospitals use the ELISA test to determine whether or not a person has a viral infection. ELISA stands for enzyme-linked <u>immunosorbent assay</u>.

It's a common test, but ELISA's sensitivity is relatively low, said Brian Geiss, a senior author on the study and an associate professor in the Department of Microbiology, Immunology, and Pathology. This means that clinicians need a fairly high number of antibodies in a person's blood to get a positive test result. It also often takes seven to 10 days after an infection for the test to register.

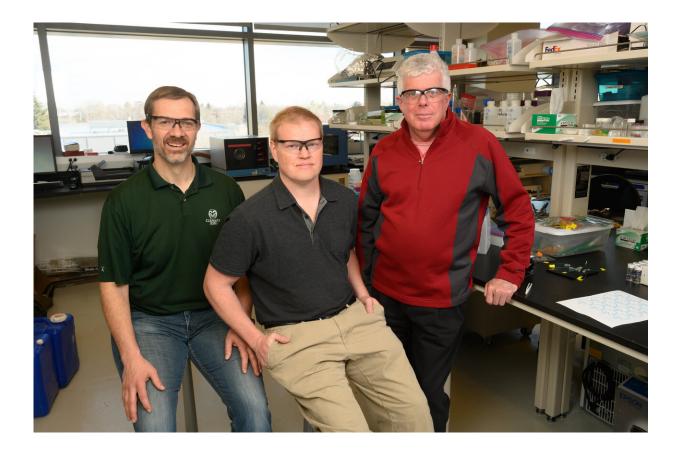
Down to the wire



Using what Geiss described as very simple technology, the research team chemically attached proteins related to Zika and chikungunya viruses to inexpensive small gold wires. These particular viruses, along with West Nile and dengue, are transmitted by infected mosquitoes. Medical laboratories use these proteins in ELISA tests to look for antibodies that have developed to fight infections.

Next, they ran an electrical current through the wire, creating a charge on the wire similar to that of a battery.

The researchers then added antibodies to bind to the viral proteins on the wire, which increased the mass on the outside of the wire. This also increased the ability of the wire to hold the charge. They then measured the change in mass to quantify the number of antibodies on the surface of the <u>wire</u>.





Professors Chuck Henry, Brian Geiss and David Dandy began a research collaboration in 2015 through the Office of the Vice President for Research at CSU. Credit: John Eisele/ CSU Photography

Three researchers, three different colleges

The research builds off work from the lab of Professor Chuck Henry in the Department of Chemistry. Henry, a co-author on the paper, and his lab have developed several simple, inexpensive electrochemical devices over the last 10 years.

Professor David Dandy, also a senior author on the paper and head of the Department of Chemical and Biological Engineering, said he was surprised about the device's sensitivity.

"We found that we could get very high specificity for confirming a viral infection," Dandy said. In addition, the research team did not see any reaction or reactivity from antibodies targeting other viruses, which can sometimes lead to false positive test results.

The scientists each brought unique skill sets and expertise to the table for this project, which led to the group's success.

"This type of research project is something that none of us could do on our own," said Geiss, adding, "we synergized our efforts to come up with new solutions to problems we're hoping will eventually be used in clinical settings."

The research team now hopes to combine this discovery with viral



detection research they previously published to create a single system that can detect both viruses and <u>antibodies</u> against the viruses in patient samples.

"We hope that it can be used for point-of-care diagnostics, and that it can be developed into a compact hand-held system that can be used in the clinic or in resource-limited areas," said Geiss.

This type of device could also be used in agricultural settings for livestock disease surveillance and environmental sensing.

Lei Wang, who recently received a doctorate from CSU through the School of Biomedical Engineering and is now a postdoctoral fellow at the Massachusetts Institute of Technology, is the lead author of the study.

Jessica Filer, who recently received a doctorate from CSU through the Cell and Molecular Biology program, and Meghan Lorenz, an undergraduate research assistant, also are co-authors of the study.

More information: Lei Wang et al, An ultra-sensitive capacitive microwire sensor for pathogen-specific serum antibody responses, *Biosensors and Bioelectronics* (2019). DOI: 10.1016/j.bios.2019.01.040

Provided by Colorado State University

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