

# Habitable planets around red dwarf stars might not get enough photons to support plant life

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Artist's impression of a sunset seen from the surface of an Earth-like exoplanet.  
Credit: ESO/L. Calçada

In recent years, the number of extra-solar planets discovered around

nearby M-type (red dwarf stars) has grown considerably. In many cases, these confirmed planets have been "Earth-like," meaning that they are terrestrial (aka. rocky) and comparable in size to Earth. These finds have been especially exciting since red dwarf stars are the most common in the universe – accounting for 85 percent of stars in the Milky Way alone.

Unfortunately, numerous studies have been conducted of late that indicate that these planets may not have the necessary conditions to support life. The latest comes from Harvard University, where postdoctoral researcher Manasvi Lingam and Professor Abraham Loeb demonstrate that planets around M-type stars may not get enough radiation from their stars for [photosynthesis](#) to occur.

Put simply, life on Earth is thought to have emerged between 3.7 and 4.1 billion years ago (during the late Hadean or early Archean Eon), at a time when the planet's atmosphere would have been toxic to life today. Between 2.9 to 3 billion years ago, photosynthesizing bacteria began to appear and started to enrich the atmosphere with oxygen gas.

As a result, Earth experienced what is known as the "Great Oxidation Event" about 2.3 billion years ago. During this time, photosynthetic organisms gradually converted Earth's atmosphere from one composed predominantly of [carbon dioxide](#) and methane to one made up of nitrogen and oxygen gas (~78 percent and 21 percent, respectively).

Interestingly enough, other forms of photosynthesis are believed to have emerged even sooner than chlorophyll photosynthesis. These include retinal photosynthesis, which emerged ca. 2.5 to 3.7 billion years ago and still exists in limited niche environments today. As the name suggests, this process relies on retinal (a type of purple pigment) to absorb solar energy in the yellow-green part of the visible spectrum (400 to 500 nm).

There's also anoxygenic photosynthesis (where carbon dioxide and two water molecules are processed to create formaldehyde, water and oxygen gas), which is believed to predate oxygenic photosynthesis entirely. How and when different types of photosynthesis emerged is key to understanding when life on Earth began. As professor Loeb explained to Universe Today via email:

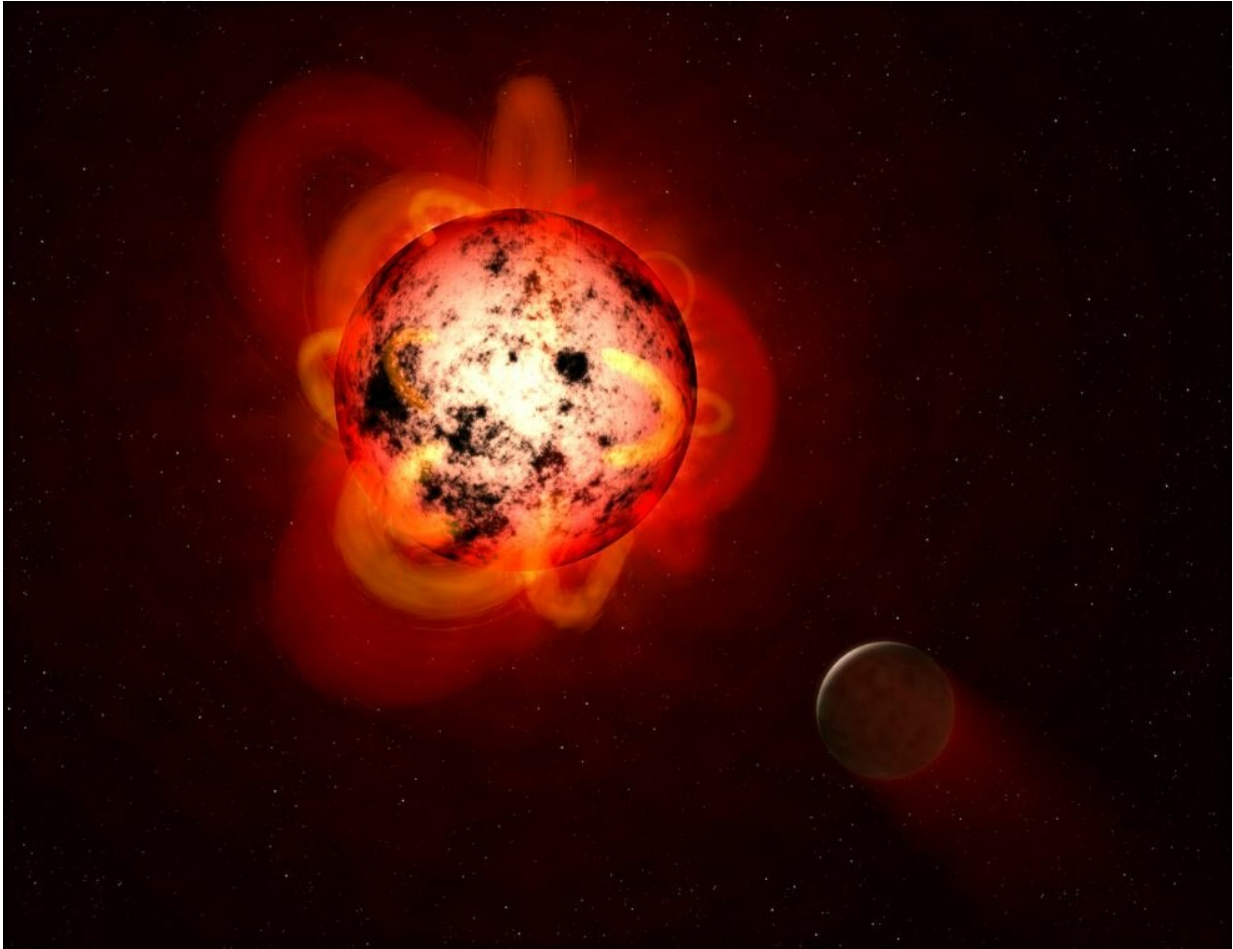
""Photosynthesis' means 'putting together' (synthesis) by light (photo). It is a process used by plants, algae or bacteria to convert sunlight into chemical energy that fuels their activities. The chemical energy is stored in carbon-based molecules, which are synthesized from carbon dioxide and water. This process often releases oxygen as a by product, which is necessary for our existence. Overall, photosynthesis supplies all the organic compounds and most of the energy necessary for life as we know it on planet Earth. Photosynthesis arose relatively early in the evolutionary history of Earth."

Studies such as these, which examine the role played by photosynthesis, are not just important because they help us to understand how life emerged on Earth. In addition, they could also help inform our understanding of whether or not life could emerge on extra-solar planets, and under what conditions this could take place.

Their study, titled "Photosynthesis on [habitable planets](#) around [low-mass stars](#)," recently appeared online and was submitted to the *Monthly Notices of the Royal Astronomical Society*. For the sake of their study, Lingam and Loeb sought to constrain the photon flux of M-type stars to determine if photosynthesis is possible on terrestrial planets that orbit red dwarf stars. As Loeb stated:

"In our paper we investigated whether photosynthesis can occur on planets in the [habitable zone](#) around low mass stars. This zone is defined as the range of distances from the star where the surface temperature of

the planet allows for the existence of liquid water and the chemistry of life as we know it. For planets in that zone, we calculated the ultraviolet (UV) flux illuminating their surface as a function of the mass of their host star. Low mass stars are cooler and produce less UV photons per amount of radiation."



An artist's illustration of a hypothetical exoplanet orbiting a red dwarf. Credit: NASA/ESA/G. Bacon (STScI)

Consistent with recent finds involving red dwarf stars, their study

focused on "Earth-analogs," planets that have the same basic physical parameters as Earth – i.e. radius, mass, composition, effective temperature, albedo, etc. Since the theoretical limits of photosynthesis around other stars are not well understood, they also worked with the same limits as those on Earth – between 400 to 750 nm.

From this, Lingam and Loeb calculated that low-mass M-type stars would be unable to exceed the minimum UV flux that is required to ensure a biosphere similar to that of Earth. As Loeb illustrated:

"This implies that the habitable planets discovered over the past few years around the nearby dwarf stars, Proxima Centauri (nearest star to the Sun, 4 light years away, 0.12 solar masses, with one habitable planet, Proxima b) and TRAPPIST-1 (40 [light years](#) away, 0.09 solar masses, with three habitable planets TRAPPIST-1e,f,g), probably do not have an Earth-like biosphere. More generally, the spectroscopic studies of the composition of the atmospheres of planets that transit their stars (like TRAPPIST-1) are unlikely to find biomarkers, such as oxygen or ozone, at detectable levels. If oxygen is found, its origin is likely to be non-biological."

Naturally, there are limits to this sort of analysis. As previously noted, Lingam and Loeb indicate that the theoretical limits of photosynthesis around other stars are not well-known. Until we learn more about planetary conditions and the radiation environment around M-type stars, scientists will be forced to use metrics based on our own planet.

Second, there's also the fact that M-type [stars](#) are variable and unstable compared to our Sun and experience periodic flare-ups. Citing other research, Lingam and Loeb indicate that these can have both positive and negative effects on a planet's biosphere. In short, stellar flares could provide additional UV radiation that would help trigger prebiotic chemistry, but could also be detrimental to a planet's atmosphere.



Artist's impression of how the surface of a planet orbiting a red dwarf star may appear. Credit: M. Weiss/CfA

Nevertheless, barring more intensive studies of extrasolar planets that orbit [red dwarf stars](#), scientist are forced to rely on theoretical assessments of how likely life would be on these planets. As for the findings presented in this study, they are yet another indication that red dwarf star systems may not be the most likely place to find habitable worlds.

If true, these findings could also have drastic implications in the Search for Extra-Terrestrial Intelligence (SETI). "Since the oxygen produced by photosynthesis is a pre-requisite for complex life such as humans on

Earth, it will also be required for technological intelligence to evolve," said Loeb. "In turn, the emergence of the latter opens up the possibility of finding life via technological signatures such as radio signals or giant artifacts."

For now, the search of habitable [planets](#) and life continues to be informed by theoretical models that tell us what to be on the lookout for. At the same time, these models continue to be based on "life as we know it" – i.e. using Earth-analogs and terrestrial species as examples. Luckily, astronomers expect to learn a great deal more in the coming years thanks to the development of next-generation instruments.

**More information:** Manasvi Lingam, Abraham Loeb. Photosynthesis on habitable planets around low-mass stars. arXiv:1901.01270 [astro-ph.EP]. [arxiv.org/abs/1901.01270](https://arxiv.org/abs/1901.01270)

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