

The world's first culturally sensitive robots for elderly care

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Credit: Caleb Oquendo from Pexels

Researchers have developed revolutionary new robots that adapt to the culture and customs of the elderly people they assist.

Population ageing has implications for many sectors of society, one of which is the increased demand on a country's health and social [care](#) resources. This burden could be greatly eased through advances in artificial intelligence. Robots have the potential to provide valuable assistance to caregivers in hospitals and care homes. They could also improve home care and help the elderly live more independently. But to do this, they will have to be able to respond to older people's needs in a way that is more likely to be trusted and accepted.

The EU-funded project CARESSES has set out to build the first ever culturally competent robots to care for the elderly. The groundbreaking idea involved designing these robots to adapt their way of acting and speaking to match the culture and habits of the elderly person they're assisting.

"The idea is that robots should be capable of adapting to [human culture](#) in a broad sense, defined by a person's belonging to a particular ethnic group. At the same time, robots must be able to adapt to an individual's personal preferences, so in that sense, it doesn't matter if you're Italian or Indian," explained researcher Alessandro Saffiotti of project partner Örebro University, Sweden, in a news item posted on the 'Phys.org' website.

What exactly does a CARESSES robot do?

Through its communication with an elderly person, the robot will fine-tune its knowledge by adapting it to that person's cultural identity and individual characteristics. Using this knowledge, it will be able to remind the elderly person to take their prescribed medication, encourage them to eat healthily and be active, or help them stay in touch with family and friends. The [robot](#) will also be able to make suggestions about the appropriate clothing for specific occasions and remind people of upcoming religious and other celebrations. It doesn't replace a care home

worker. Nevertheless, it will play a vital role in helping to make elderly people's lives less lonely and reducing the need to have a caregiver nearby at all times.

Scientists are testing the first CARESSES robots in care homes in the United Kingdom and Japan. They're being used to assist [elderly people](#) from different cultural backgrounds. The aim is to see if people feel more comfortable with robots that interact with them in a culturally sensitive manner. They're also examining whether such robots improve the elderly's quality of life. "The testing of robots outside of the laboratory environment and in interaction with the elderly will without a doubt be the most interesting part of our project," added Saffiotti.

The innovative CARESSES (Culture Aware Robots and Environmental Sensor Systems for Elderly Support) robots may pave the way to more culturally sensitive services beyond the sphere of elderly care, too. "It will add value to robots intended to interact with people. Which is not to say that today's robots are completely culture-neutral. Instead, they unintentionally reflect the [culture](#) of the humans who build and program them."

More information: CARESSES project website:
www.caressesrobot.org/en/

Culturally competent robots – the future in elderly care.
[phys.org/news/2018-09-cultural ... -future-elderly.html](http://phys.org/news/2018-09-cultural...-future-elderly.html)

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