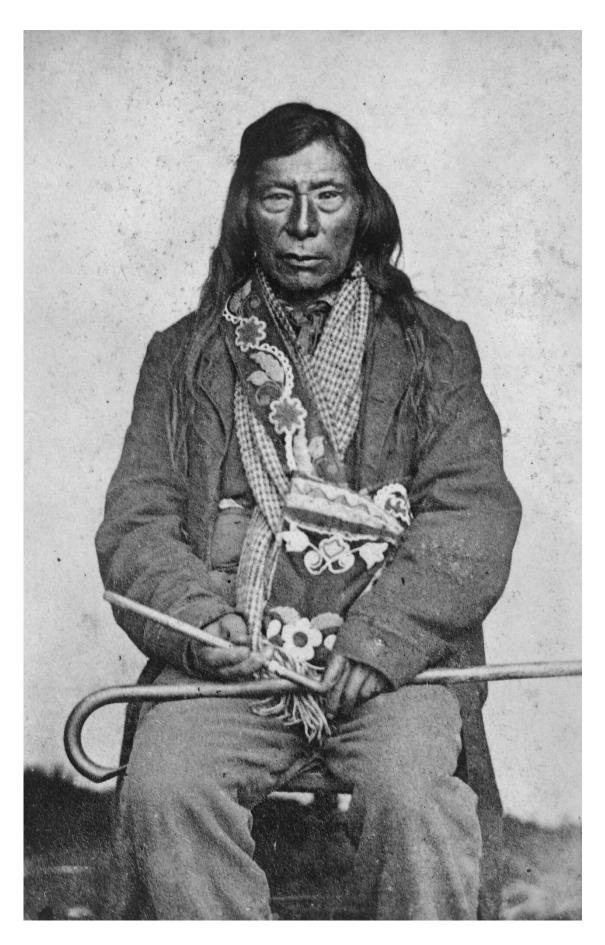


Interior northwest Indians used tobacco long before European contact

October 29 2018







In this image from around 1861 Nez Perce Chief Lawyer holds an elbow pipe that was commonly used after trade tobacco spread across the Pacific Northwest. Washington State University researchers have found tobacco use among the Nez Perce goes way back, with nicotine in pipes 1,200 years old creating "the longest continuous biomolecular record of ancient tobacco smoking from a single region anywhere in the world." Credit: University of Washington Libraries, Special Collections, NA 627

Washington State University researchers have determined that Nez Perce Indians grew and smoked tobacco at least 1,200 years ago, long before the arrival of traders and settlers from the eastern United States. Their finding upends a long-held view that indigenous people in this area of the interior Pacific Northwest smoked only kinnikinnick or bearberry before traders brought tobacco starting around 1790.

Shannon Tushingham, a WSU assistant professor and director of its Museum of Anthropology, made the discovery after teaming up with David Gang, a professor in the Institute of Biological Chemistry, to analyze pipes and pipe fragments in the museum's collection.

"Usually in archaeology we just find little pieces of artifacts, things that you might not think much of," she said. "But the information that we can extract from them on a molecular level is phenomenal."

Indeed, writing in the *Proceedings of the National Academy of Sciences*, the researchers say their dating of various materials reveals "the longest continuous biomolecular record of ancient tobacco smoking from a single region anywhere in the world."

Tushingham first became interested in the subject when, while



excavating plank houses in far northern California for her dissertation, she came across two soapstone pipes.

"I just thought, 'Wouldn't it be interesting to know what people were smoking?'" she said. "Then I started looking at the different plants and it wasn't just tobacco. People smoked lots of different plants. I realized it was an open question whether people had smoked tobacco in many places in North America."







Nicotiana quadravalvus is one of several species of tobacco that indigenous people used in religious and ceremonial practices. Washington State University researchers have found tobacco use among Nez Perce Indians goes way back, with nicotine in pipes 1,200 years old creating "the longest continuous biomolecular record of ancient tobacco smoking from a single region anywhere in the world." Credit: Emily Hull

Indigenous tobacco is scarce in the cool climate of the northwest. Coyote tobacco, or Nicotiana attenuata, is found mostly on sandy river bars, while the natural range of N. quadrivalvus lies south of southwestern Oregon.

Meanwhile, the more potent dried trade tobacco was easy to transport in bundles, or "twists," and Hudson's Bay Company explorers, fur traders and the Lewis and Clark expedition found an eager audience for it as they came through the region in the 1700 and 1800s.

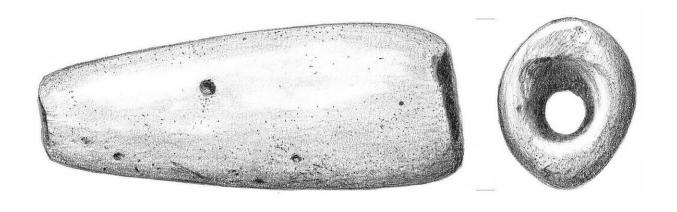
"This occurred so rapidly and so early in the historic record that a complete understanding of in situ pre-contact smoking practices has been obscured," Tushingham and Gang write in their paper.

In the 1930s, anthropologist Alfred Kroeber oversaw a survey of more than 200 tribes and bands west of the Rocky Mountains. In one of the ensuing monographs, "Salt, Dogs, Tobacco," he reported that the smoking of non-tobacco products was "more universal," with planting confined to a "long irregular area" from the Oregon coast into southcentral California. An accompanying map, however, shows three spots in the Columbia River basin where tobacco could have been mixed with kinnikinnick.



Working with Nez Perce tribal leaders, Tushingham and Gang analyzed a dozen pipes and fragments from three sites on the Snake River. Gang said he could use a solvent to get the substance from a pipe and analyze it using mass spectrometry. That left the pipes intact.

The technique extracts molecular amounts of residue on the surface and inside of the pipes, Gang said. "We don't want to destroy them. We don't want to damage them. We had one pipe that was 5,000 years old that we were really worried about that was sandstone."



Pre-contact smoking pipe fragment from the Offield Bar site, a site on the Snake River, Washington. Credit: Tammara Norton.

Results were inconclusive, but the pipe was fine.

The researchers did detect nicotine in pipes from both after and well before Euro-American contact. None appeared to contain arbutin, a compound associated with kinnikinnick.

Because tobacco in the interior northwest needed to be planted, Tushingham said their finding offers a new view of native interactions



with the landscape. Indigenous people have often been thought of as "passive consumers of the environment," yet they managed camas and even grew clams on the coast, she said.

"I think it's a very reasonable proposition that people were cultivating tobacco," Tushingham said. "This is just another sign of the sophistication of cultures in this area and how they managed plants and animals."

The researchers hope that their findings will inform native smoking-cessation programs, acknowledging the deep cultural role of <u>tobacco</u> while addressing health problems.

"If we know there's this eons-long use of psychoactive plants, doesn't that tell you something about human physiology, human health?" asked Tushingham. "Isn't that important information to know in terms of what we would do for treating people today, if we knowmore about the evolutionary history of this powerful plant and its long history of use by people?"

More information: Shannon Tushingham el al., "Biomolecular archaeology reveals ancient origins of indigenous tobacco smoking in North American Plateau," *PNAS* (2018). www.pnas.org/cgi/doi/10.1073/pnas.1813796115

Provided by Washington State University

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