

# Study: Many teens - and parents - feel tethered to phones

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Credit: Petr Kratochvil/public domain

Parents lament their teenagers' noses constantly in their phones, but they might benefit from taking stock of their own screen time habits.

A new report from the Pew Research Center says two-thirds of parents are concerned about the amount of time their [teenage children](#) spend in front of screens.

But more than half of teens said they often or sometimes find their parents or caregivers to be distracted by screens when trying to have a conversation with them. And more than a third expressed concern about their own screen time.

The study surveyed 743 U.S. teens and 1,058 U.S. [parents](#) of teens from March 7 to April 10. The margin of error is 4.5 percentage points.

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